



# ABSOLUTE AFRICA

# The Classic Safari

## MAKE TRACKS FOR AFRICA

This information pack has been put together so that you can prepare for your overland tour. It has been developed over many years of experience overlanding. Please read it carefully.

### Departure dates for the Classic Safari

Depart Nairobi	Finish Cape Town	Price	Local Payment
09 Sep 2024	09 Nov 2024	£3,300	US\$900
05 Oct 2024	05 Dec 2024	£3,300	US\$900
29 Oct 2024	31 Dec 2024	£3,300	US\$900
19 Dec 2024	18 Feb 2025	£3,300	US\$900
03 Feb 2025	05 Apr 2025	£3,300	US\$900
05 Jun 2025	05 Aug 2025	£3,300	US\$900
05 Jul 2025	04 Sep 2025	£3,300	US\$900
10 Aug 2025	10 Oct 2025	£3,300	US\$900
09 Sep 2025	09 Nov 2025	£3,300	US\$900
05 Oct 2025	05 Dec 2025	£3,300	US\$900
19 Dec 2025	18 Feb 2026	£3,300	US\$900
04 Feb 2026	06 Apr 2026	£3,300	US\$900

**Countries visited:** Kenya • Tanzania • Malawi • Zambia • Zimbabwe • Botswana • Namibia • South Africa

**Highlights:** Sheldrick's Elephant Sanctuary • Giraffe Park • Rift Valley • Elsamere • Lake Naivasha • Hippo cruise • Hell's Gate National Park • Crater Lake Sanctuary • Lake Nakuru National Park • Masai Mara • Maasai

boma • Serengeti National Park • Ngorongoro Crater • Zanzibar Island • Spice tour • Snorkeling and scuba diving • Mnemba Atoll • Prison Island and the giant tortoise • Dolphin boat cruise • Red colobus monkey trek • Lake Malawi • Horse riding • South Luangwa National Park • Great Zimbabwe Ruins • Matopos National Park • Kariba houseboats • Victoria Falls • Whitewater rafting on the Zambezi • Flights over the Falls • Bungee jump • Abseil/gorge swing • Rhino trek • Sunset cruise • Chobe National Park • Okavango Delta mokoro safari • Bushmen visit • Etosha National Park • Africat Foundation • Skeleton Coast • Cape Cross Seal Colony • Swakopmund • Dune quad-biking • Sandboarding • Tandem skydiving • Township tour • Open-sea fishing • Go-karting • Namib Naukluft National Park • Sossusvlei dunes • Guided walks on the dunes • Fish River Canyon • Orange River • Stellenbosch • Wine tour • Cape Town.

**Safari structure:** This safari runs from Nairobi, Kenya to Cape Town, South Africa allowing you to experience an extraordinary diversity of wildlife. It also allows you to experience the different cultures and stunning geography of East and Southern Africa - the Rift Valley, vast savannah plains, exotic Zanzibar Island, Lake Malawi, Victoria Falls and the dunes of Namibia. Along the way you will meet travellers who may be doing other components of this safari, for either shorter or longer time. Finishing in Cape Town you may like to relax for a few days to take in the sights or perhaps journey along the Garden Route to Johannesburg. Please feel free to contact us for further details.

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## Flights

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When arranging your flights we suggest that you arrive the day before your safari begins.

This tour arrives into Cape Town on day 60 of the tour for the final three nights and you may like to allow a few more days before booking outbound flights to further explore the city and its surrounds. Cape Town is a beautiful city with a lot of exciting highlights and a wonderful destination in which to relax at the end of a trip.

At certain times of the year flight availability can become very tight and if you delay your booking you might have to pay a higher price. Please organise your flights as soon as you can once you decide to travel.

The usual flight arrangements for this trip are sometimes known as 'open jaw' flights. These allow you to fly in to one destination and out of another. If searching online these are often called 'multi-city' or 'multi-stop' tickets.

Airlines that fly in to East Africa and out of South Africa including Virgin, Qatar, Emirates, Kenya Airways, KLM and British Airways are the best options for your flights.

We can help you with a flight quote. Please feel free to call the office if you would like assistance.

*A friendly reminder - When purchasing your flights check whether your flight ticket already includes*

departure tax (if applicable) for the country you are flying out of at the end of your trip, if it does not, remember to keep the necessary funds aside in USD to make this payment at the end of your trip.

## Insurance

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Your safety and enjoyment when travelling with Absolute Africa are of the utmost importance to us, which is why it is essential that you have arranged adequate travel insurance to cover your whole trip.

We are happy to introduce you to specialist insurance brokers Campbell Irvine, underwritten by AWP P&C SA. The cover includes a 24-Hour Worldwide Emergency Medical Service who are expert in providing friendly and professional emergency help.

Click on the following link to the page on our website to find out more:  
[www.absoluteafrica.com/Insurance](http://www.absoluteafrica.com/Insurance)

*Do note that it is a condition of booking that you have contacted your insurers to confirm that the cover you have arranged is appropriate for ALL your requirements, taking into account the remote nature of overland travel, and that any hazardous activities you may intend to undertake are fully covered, including whitewater rafting on grade 5 rapids, scuba diving, trekking Kilimanjaro, volunteer work, tandem sky diving and bungee jumping.*

When selecting insurance carefully consider the cancellation policy, as well as cover for any valuables you might take. If you buy insurance in the UK you should check that your policy is valid if you are a non-UK resident and the provision for one-way travel if this is required.

Remember when travelling it is important to take all sensible precautions in regards to your security, safety and health, including taking precautions to avoid illness such as malaria. We advise you to make an appointment with a travel clinic as soon as possible after deciding to travel. Your travel insurance might also be affected by the relevant government's Travel Advice for the countries on your route. Do stay up to date with the latest official government Travel Advice.

## Visa requirements for the Classic Safari

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Your passport needs to be valid for at least 6 months after your trip finishes. Ensure also that you have enough pages in your passport for each country you visit. Up to 2 consecutive blank pages can be required when you enter South Africa at the end of your trip. As a guide then, for the Classic Safari you will want to have a minimum of 10 blank pages (sides).

If you have dual nationality you can only use one passport for the entire trip, but bringing both is wise as a back up strategy. You can find more information on the different country listings on the FCO's website ([www.fco.gov.uk](http://www.fco.gov.uk)) under 'entry requirements'. Do be aware it can be illegal to travel in Africa on two passports.

Kenya has recently introduced an eTA (electronic travel authorisation) instead of the tourist visa. This needs to be applied for ahead of time online. All other visas can be arranged in Africa en-route for most passport holders. Visas in Africa can only be paid for in US Dollars cash.

Below is an estimation of current visa requirements and their cost: -

Passport	Kenya	Tanzania	Malawi	Zambia	Zimbabwe	South Africa	Total No.	Total in USD
Australian	\$30	\$50	-	-	\$30		3	\$110
New Zealand	\$30	\$50	-	-	\$30		3	\$110
South African	\$30	-	-	-	-		1	\$30
Canadian	\$30	\$50	-	-	\$75		3	\$155
American	\$30	\$100	-	-	\$30		3	\$160
British	\$30	\$50	-	-	\$55		3	\$135

German	\$30	\$50	-	-	\$30	3	\$110
French	\$30	\$50	-	-	\$30	3	\$110
Dutch	\$30	\$50	-	-	\$30	3	\$110
Irish	\$30	\$100	-	-	\$55	3	\$185

Visas are not normally required for most passport holders for Malawi, Zambia, Botswana, Namibia and South Africa.

The above information covers current visa requirements for British, Australian, New Zealand, Irish, South African, German, French, Dutch, Canadian and American passport holders only. If your passport is not detailed above please do not hesitate to contact the office if you would like further details of your visa requirements.

Be aware that visa requirements can change without prior notice. This information is given as a guide only. We do ask that you also check your personal current visa requirements with the relevant embassies well in advance before you travel. Ultimately you are responsible to ensure you have the appropriate visas for your trip. For more information on visas check out [www.projectvisa.com](http://www.projectvisa.com)

## Pre and post safari information

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The safari departs from both the Heron Hotel at 8.30 am on the departure date, and from the Wildebeest Eco Camp at 9.15am..

We can reserve accommodation for you prior to departure in Nairobi at the Heron Hotel, Jakaya Kikwete Road or Wildebeest Eco Camp, Mokoyeti Road West which is about an hour from the Heron Hotel, depending on traffic.

### Accommodation options

#### THE HERON HOTEL

Rooms are en suite and room service is available. There is an e-mail cafe as well as a swimming pool and a restaurant. The restaurant is open from 7.00 am for breakfast. There are also individual electronic safety deposit boxes in every room and this is inclusive of the accommodation.

Prices for the Heron Hotel are

11,000 KES for a single en-suite room including breakfast

14,000 KES for a double en suite room or twin share en suite room including breakfast.

Airport transfers can be arranged to the Heron Hotel . Prices are:

US\$35pp (4,550 KES) for 1 person

US\$20pp (2,600 KES pp) for 2 people

The Heron is payable on arrival in Kenyan Shillings or by credit card (Visa and MasterCard)

Cancellation penalties apply for 'no show' unless 24 hours notice is given. If your arrival in Nairobi is delayed, please ensure you contact the Absolute office or the Heron Hotel in Nairobi.

*Alternatively Wildebeest Camp offers slightly cheaper accommodation.*

#### WILDEBEEST ECO CAMP

Wildebeest is a permanent-tented camp with dorms, budget rooms and safari tents including en-suite, based in peaceful gardens. Prices include a simple breakfast.

Wildebeest is payable in Kenyan Shillings, Euros, USD, GBP and credit card. Credit card payments attract a 5% charge.

The camp has a restaurant, bar, internet, and lockers in the dorms. Breakfast is served from 07:00am. The showers are usually hot.

Prices for the Wildebeest Camp are:

Dorm	32 USD (3,500 KES)
Single Garden Tent	50 USD (5,500 KES)
Double Garden Tent	77 USD (8,500 KES)
Single Cottage Room	77 USD (8,500 KES)
Double Cottage Room	110 USD (12,000 KES)
Single En-suite GardenTent	95 USD (10,500 KES)
Double En-suite Garden Tent	118 USD (13,000 KES)

All prices include breakfast.

Airport transfers can also be arranged to the Wildebeest Campsite payable in KES. Prices are:

US\$20 - 25 (2,500 KES) for 1 person  
 US\$15 - 18 (1,500 KES) pp for 2 people

If your arrival in Nairobi is delayed please ensure you contact the Absolute office or the Wildebeest campsite in Nairobi.

Wildebeest campsites require 30 days notice to cancel a booking. All bookings cancelled within one month of arrival will be subject to a 100% cancellation fee.

**Please note that all prices quoted in USDs are an approximation. Prices can vary dependant on the foreign exchange rate of the day.**

### Day trips in Nairobi

If you wish we can arrange a tour to take in some of the sights of Nairobi.

#### Nairobi National Park

Lastly we can arrange a half-day visit to Nairobi National Park, which is the oldest park in Kenya. Lion, gazelle, oryx, zebra, giraffe, buffalo, cheetah and leopard are seen regularly, as well as rhino.

Price: On Request

### Departing Nairobi.

On the departure date we will collect you from either from The Heron Hotel, Nairobi, at 8.30 am, or Wildebeest Eco Camp at 9.15 am, depending on your location. We then head up country to Nakuru.

The crew will organise a meeting on day one to go through all of the basics you need to know about your safari, including health, hygiene, security and safety procedures. Please ensure you read the relevant sections in this dossier carefully. The crew will also collect the local payment, organise rosters and tent partners, show you how to put up your tent, and answer any questions you may have. There will probably be many aspects of going on an overland camping safari in Africa that will be very new to you, so do listen carefully.

Your crew are there to do all they can to help. Please feel free to discuss any matter with them. Do remember you are on a group trip, and it is as valuable to listen to other peoples' ideas as it is to contribute your own.

Your crew have been trained and do know your route. They will facilitate group discussions and will advise to the best of their abilities.

#### Security in Nairobi

Do be aware that Nairobi is known as 'Nairobbery'. Make sure you stay alert at all times and take sensible precautions. You are best to dress 'down'. Don't wear or carry anything valuable or new including cameras. Mobile phones should be inconspicuous. Do not leave anything of value lying around on display in your room at the hotel. Take great care in Milimani Road and do not walk on the streets at night.

#### Eating out in Nairobi prior to departure

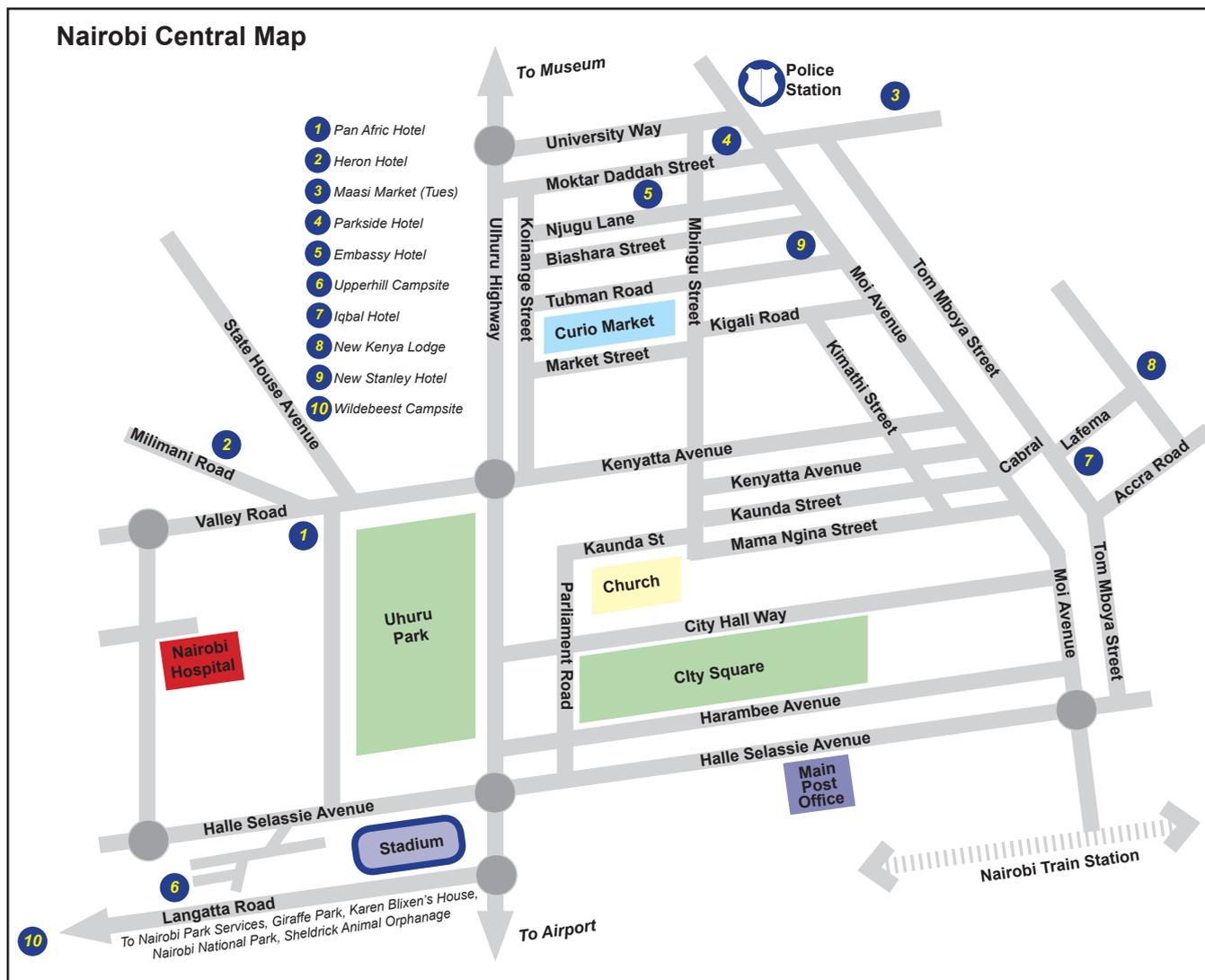
The restaurant at The Heron Portico Hotel is excellent. If you feel like an alternative though you might also like to visit the Pan Afric Hotel just down the road, which has a popular terrace cafe overlooking the street. We would advise that it is best to catch a taxi down to the Pan Afric, particularly if eating there at night. The taxi should cost approximately 300 - 400 KES.

### Important pre-safari details

Upon booking this overland trip a form is sent to you on which you can advise us of your booking requirements in Nairobi. You can also update us on this form of any change in your details and confirm your

insurance details, if you don't know these when booking.

Do protect your valuables at all times. Whilst staying at the Heron or Wildebeest, please remember to look for last-minute messages in the foyer from your crew.



### Flight departure

Check in as early as possible prior to your departure time: your flight ticket will indicate how early you should check in. When checking in you may need to show your Booking Voucher to demonstrate that you will be leaving Kenya on safari. Please remember to carry this with your personal documents. The booking voucher is issued upon receipt of final payment. Your booking voucher will also have emergency contact details in the event you need assistance in transit.

### Arriving in Kenya – Jomo Kenyatta International Airport, Nairobi

At the airport, the signs are in English and Swahili. There is always a bank open for international arrivals.

You will find a bank to your right after you collect your backpack before you go through customs. You should change up enough money into Kenyan shillings for what you need until you meet the truck or can next get to a bank. Do remember you need to pay for any meals you will have before the trip starts, including breakfast for the morning of the departure, as well as your accommodation and transfers prior to departure.

*NB: For rough budgeting/banking purposes, in Kenya the exchange rate is currently 1US\$ =129 KES (August 2024)*

Travelling into Nairobi: The airport is situated 15 km from the centre of Nairobi. The easiest way to get into town and to the Heron is to use a taxi. For your own personal safety and security, do not get the local bus into town.

If you would like the Absolute Office to order a taxi for you ahead of time so that there is someone waiting for you at the airport, do let us know using the previously mentioned form.

Alternatively the information desks at the airport can help you with taxis, which can be hired at the front of the airport. Do ensure your taxi is licensed and appears in reasonable working condition. Remember also to confirm the fare before you climb in the taxi.

Do be aware that anyone offering to assist you with your bags at the airport will expect a tip. You can say no politely. Expected tips for assistance with bags are around 100 KES. It is wise to have a small amount of change readily available.

### **At the end of the safari**

The Classic Safari finishes at Ashanti Lodge at the foot of Table Mountain, Cape Town. Your final three nights' accommodation in a dorm at the Ashanti Lodge and is covered by your payment.

The Ashanti holds beds for us ahead of our arrival and the crew will reconfirm with you your exact requirements, including upgrades and/or extended stays, as early as possible after you join the trip. Let your crew know if you want to upgrade; you can then just pay the difference.

Airport transfers can be arranged and these are R250

Exchange rate at time of writing is approximately 1 USD = 18 ZAR (August 2024).

The Ashanti also has a travel shop which can help you with all your onward arrangements including airport transfers, tours within South Africa including car hire and coach seats to Johannesburg as well as flights and excursions throughout South Africa.

Do remember to budget for any excursions you might wish to do after your safari. Prices can be found in the Budgeting section.

### **Heading further afield**

We run an Add-On Safari at the end of this trip along the Garden Route to Johannesburg, visiting all the main highlights including white shark dives, the bungee, Cango Caves and the ostrich farm. Details can be found @ [www.absoluteafrica.com/summary.lasso?trip\\_code=GR16](http://www.absoluteafrica.com/summary.lasso?trip_code=GR16).

For those already booked on the Classic Safari we offer a special price for this add on safari, £1,550.00. Limited places available so do contact us for further details.

Baz Bus – hop on/hop off bus. Check out their website [www.bazbus.com](http://www.bazbus.com)  
If you need an internal flight there are several low cost airlines

## **Health and immunisation**

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Prior to departure it is essential that you contact a specialist travel medical clinic. Clinics such as Nomad Travel Stores and Medical Centre in London will provide you with the latest recommendations for travel in Africa.

You will need to have the required immunisations and start a course of anti-malarials prior to departure for this trip. Travelling to Africa will expose you to diseases and health hazards that you may not have come across before, such as malaria and waterborne parasites including bilharzia. You must consult a medical professional who specialises in travel medicine before you depart to discuss where you will be travelling in regard to the above, your immunisation schedule and any other requirements. Remember to start your vaccination program in good time, so that it is completed before you go. About six weeks is usually adequate, depending on how up to date you currently are.

Ensure you are well informed about any health concerns en route so you can stay fit and healthy to relax and enjoy your trip. The Lonely Planet publishes a medical travel guide for the region that may be of interest called 'Healthy Travel Africa'.

You may also like to check out the following websites:

[www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)

### **Suggested travel clinics in the United Kingdom**

Nomad Travel Stores and Clinics

Tel: 01341 555 061

- 11 S Molton St, Mayfair, London W1K 5QP, UK
- 65 London Wall, London, EC2M 5TU

There are also Nomad clinics in Bristol, Cardiff and Manchester.

Visit [www.nomadtravel.co.uk](http://www.nomadtravel.co.uk) for further information.

If travelling from Australia, Fiji, New Zealand, South Africa or destinations in Asia we recommend you contact Travel Doctor/TMVC. Their websites are at:

[www.traveldoctor.com.au/](http://www.traveldoctor.com.au/)

[www.traveldoctor.co.nz](http://www.traveldoctor.co.nz)

[www.traveldoctor.co.za/](http://www.traveldoctor.co.za/)

There are travel clinics in many of the big centres in Australia, New Zealand and South Africa, as well as in Thailand, Singapore, Hanoi, Bali and Nadi.

### **Suggested immunisation requirements (This is a guide only)**

The immunisations usually suggested for the countries visited on this safari are:

- Yellow fever – Vaccination must not be left any later than 10 days prior to departure and you must be able to show proof i.e. carry your certificate of vaccination with you.
- Typhoid
- Polio
- Tetanus
- Hepatitis A (three months)
- Meningitis
- Diphtheria
- Tuberculosis
- Other Suggested Immunisations – Hepatitis B, rabies.

It is essential to take a course of anti-malarials. It is best to discuss the type of anti-malarial medication you should take with a travel clinic such as Nomad. They will have the latest information on which medication is most effective in the countries through which you will be travelling. They can also advise on possible side effects and which drug might best suit you. Do follow all medical advice given with your prescribed medication. Do be aware that some anti-malarials can have negative side effects and also that your choice of drug needs to be appropriate to protect against strains of malaria specific to the regions in Africa through which you are travelling.

The choices usually suggested are:

Larium, taken x 1 a week

Doxycycline, taken x 1 a day

Malarone, taken x 1 a day

Do think about how to set up a reminder system for yourself so you remember to take your medication. If you are taking a daily medication as an anti-malarial, do remember also to carry it with you on the plane in your hand luggage.

As well as your anti-malarials, you will need to bring a number of other medical items in a simple Personal Medical Kit. Medical kits can usually be bought at travel clinics. Alternatively lists as to the types of items you are advised to carry can be found in the 'What do I need to bring on safari?' section on page 21.

### **General information on avoiding malaria**

The best way to avoid malaria is to guard against being bitten by mosquitoes and stick strictly to your chosen medication regime. To protect yourself from being bitten:

- Cover exposed skin thoroughly in insect repellent, such as DEET, from dusk to dawn, and reapply it regularly. If applying with sunblock apply it above the sunblock.
- Ensure you carry enough DEET with you to Africa. It is not easy to get hold of mosquito repellent once on the road.
- Wear long-sleeves and long-legged lightweight clothing in light colours as well as socks.
- Always sleep under a mosquito net or in a secure tent with all zips zipped up.
- Wear impregnated wrist and ankle bands.
- You may wish to treat clothing with permethrin.

*Do be aware also your insurance cover may well assume you are on a recognised course of anti-malarials. If you don't take a recognised anti-malarial, it may affect your cover.*

### **Other medical issues**

You are reminded that the incidence of HIV AIDS is very high in the countries through which we travel. Sexual contact and dirty needles are the main ways that the disease is spread. Do take all necessary precautions. Use condoms. If you have to have any kind of injection, do ensure that the needle is unwrapped in front of you.

You are advised also that the waterborne bilharzia parasite is present in many bodies of fresh water in Africa including sections of Lake Malawi. Bilharzia can be serious. Once diagnosed it is treatable but of course it is best to avoid getting infected. It is recommended also to have a medical check up including a blood test particularly to check for bilharzia upon your return from your safari as a precaution.

Please ensure you contact a travel health clinic prior to departure for the most recent professional medical advice. The above is given as a broad guide only.

Remember it is a condition of booking that you let us know upon booking or at the earliest opportunity if you have any medical conditions, and particularly if you are on regular medication.

It is wise to know your blood group particularly when travelling in the Third World. As this is the case, as a precaution on day 1 your crew will ask for your blood type can you please have this information available for them.

## **The Classic Safari itinerary**

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### **Days 1 - 2: Nairobi to Nakuru**

After collecting at two points in Nairobi, we stop for shopping before heading out of the capital on the scenic drive to Nakuru in the beautiful Kenyan Rift Valley. We are based in Nakuru for two nights. A Departure Meeting is held to find out about our trip including further details as to life on an overland truck.

Day Two we are on safari entering Nakuru National Park for our first game drives. Nakuru is a sanctuary for both black and white rhino, and boasts lion, leopard, waterbuck, impala and buffalo, as well as the rare Rothschild's giraffe. It is also famous for its flocks of flamingo. Depending on the season, thousands, and at times, millions of greater and lesser flamingo can be found here attracted to the algae and plankton that live in the warm alkaline waters of the lake. We have a full day of game drives here in special safari vehicles.

Distance: 162 kms

Est Drive Time: 4.5 hours

Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: Full day of game drives in Nakuru National Park.

Vehicle for game drives: 4x4 minivan with pop up roof

### **Days 3 - 4 Nakuru to Naivasha**

Naivasha is the highest freshwater lake of the central Rift Valley, and we spend a couple of nights here to relax and enjoy a hippo cruise on the lake, as well as the choice of other activities.

You can have afternoon tea on the grassy lawns at Elsamere, where the resident troop of black and white colobus monkeys are often on view. A guided walk to the jade green Crater Lake Sanctuary is another option, or hire a bike to ride through Hell's Gate National Park through the red cliffs of Njorowa Gorge and other fascinating features in this park. This excursion is a great way to stretch your legs in the African bush amidst plain's game such as zebra, eland, harbebeest, Thomson's gazelle and giraffe, as well as buffalo. The scenery in this park is stunning due to past volcanic activity 35 million years ago. It can get hot in this park though so take plenty of water.

Distance, Day 3: 70 kms

Est. Drive Time, Day 3: 3 hours incl. stop for shopping

Meals: X2 Breakfasts, X2 Dinners

*Optional excursions:* Elsamere for afternoon tea, cycling in Hell's Gate National Park, hippo cruise, guided walk to Green Crater Lake.

### **Day 5: Naivasha to Loita Hills**

From Naivasha we make our way towards the Masai Mara reserve. We stop overnight at Loita Hills for a stay with the Masai, East Africa's most reknowned ancient people who proudly retain so many of their traditional ways..

This afternoon we walk in the hills with the warriors to learn about traditional life in the bush. We will also visit a woman's village and the local hot springs. Traditional dancing is performed, and in the evening we spend time with some of the warriors around the fire to find out more about their culture.

Distance: 154 km

Est. Drive Time: 5 hours incl. stop for shopping

Meals: X1 Breakfast, X1 Dinner

### **Days 6 - 7: Loita Hills to Masai Mara**

Up early we have time for some "warrior training" this morning before we say goodbye to our Maasai hosts. Then we head on to the Masai Mara, Kenya's premier game park, for two days of game drives in special safari vehicles with a local guide.

The Masai Mara is one of the natural wonders of the world and is perhaps best known for being part of the setting for the famous wildebeest migration, a mass movement of over 2 million wildebeest, zebra and Thomson's gazelle. The migration moves between the plains of the Serengeti and Ngorongoro Conservation Area in Tanzania, and the Masai Mara in Kenya. On the months when the migration arrives in Kenya, any time from late June, the vast herds can be regularly found on the grassy plains, tending to stay on through to October.

Apart from the ever-watchful crocodiles found in and by the rivers, the other ever-vigilant predators, particularly lion, cheetah and hyena, closely follow the herds on their seasonal migrations as well to add to the drama. The Mara is particularly famous for its "Big Cats- its lion population, as well as cheetah and leopard.

Regardless of the season though there is always plenty to see here. Large herds of elephant and buffalo wander the plains and fat pods of hippo wallow in the mud-brown rivers. The park offers as well a wonderful chance to see impala, topi, reedbuck, eland, warthog, bat-eared foxes, jackal and giraffe as well as an immense variety of bird life with well over 550 recorded species of bird noted here. There are also a few treasured black rhino in the park.

Distance, Day 6: 60 km

Est. Drive Time, Day 6: 2 hours to the park gate, then slow transit to camp

Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: X1 morning and X2 afternoon game drives in the Masai Mara

Vehicle for game drives: 4x4 open landcruiser with pop up roof

*Optional excursion:* Balloon safari

### **Days 8 - 9: Masai Mara to Nairobi**

The day starts with a final drive through the Masai Mara. Leaving the park, we travel to Nairobi, the capital of Kenya, stopping off at the Rift Valley lookout on the way.

The next day is a free day in Nairobi with the option to visit the Giraffe Centre and Sheldrick's Elephant Orphanage in the morning.

That evening we can have a night out in Nairobi to try one of its many restaurants.

Distance, Day 8: 300 km

Est. Drive Time, Day 8: Short morning game drive, then 6.5 hours to Nairobi incl. lunch stop and photo stops

Meals: X2 Breakfasts, X2 Dinners (incl. contribution to night out)

Included wildlife activity: Morning game drive, Masai Mara

Vehicle for game drive: 4x4 landcruiser with pop up roof

*Optional excursions:* Meal out at a restaurant, Giraffe Centre, Sheldrick's Elephant Orphanage

### **Day 10: Nairobi, Kenya to Arusha, Tanzania**

We head off on the drive across the Athi plains to cross the border into Tanzania at Namanga. You are sure to be tempted by Maasai selling beaded jewellery and wooden carvings at the border. Further on Mount Meru looms in the distance and on a lucky day snow-clad Kilimanjaro might come into view. At 5,895 metres it is Africa's highest mountain.

Distance: 278 kms

Est. Drive Time: +/- 7 hours including lunch stop and depending on the border

Meals: X1 Breakfast, X1 Dinner

### **Days 11 - 13: Arusha camp**

*Optional safari into the Serengeti and Ngorongoro Crater*

Three days are allocated to allow time for a safari into Tanzania's world famous game parks –The Serengeti and Ngorongoro Crater – which most in the group choose to do.

Day 11: Rising early, those going on safari head out with a local guide in the 4x4 vehicles that have pop up roofs. Our journey heads to the Ngorongoro Gate, and through the Conservation Area in transit to Serengeti where we have 24 hours. Across these two parks – the Serengeti and Ngorongoro Crater - wildlife viewing is regularly exceptional.

Once in the Serengeti we see the famous kopjes, small hills of rocks from where lions dozing in the sun nonchalantly oversee the surrounds, keeping an eye out for their next meal. Multi-coloured agama lizards can also be seen basking in the sun and golden jackal tussle over a kill in the grasses.

The Serengeti is a continuation of the same ecosystem across which the spectacular wildebeest migration travels, a mass movement driven by the rains, and the herds' endless search for water and good grazing. To encounter one of the countless wildebeest herds in a bleating, snorting dust - kicking motion on the famous migration moving across "Siringet" the "endless plains" is an experience of a lifetime.

We spend the night camped within the Serengeti with the sounds of the African bush around us. It is quite an experience to be in a tent with just the canvas between you and any wildlife that is out there.

Day 12: Game viewing is often at its best early in the day, so we rise early again to explore more of the Serengeti.

We leave the famous Serengeti plains by mid afternoon to enter more mountainous terrain.

Our drive is also taking us through Maasai lands as well, and the traditional herdsmen can be seen throughout the region. En route we stop to visit a Maasai boma.

Tonight we camp near the rim of the Ngorongoro Crater. We are at altitude here, so wrap up warm tonight.

Day 13: This morning we are up before sunrise to visit Ngorongoro Crater. The Crater is a perfectly intact volcanic caldera and known as the 'Noah's ark' of game reserves. During our morning game drives we might view the 'big 5', lion, leopard, elephant, rhino and buffalo, as well as plains game peacefully grazing including zebra, gazelle, impala and wildebeest. Hippopotamus can usually be found lolling in the pools and Lake Magadi can be rimmed with the pink of greater and lesser flamingo.

During our safari depending on our timing we can stop over in local markets where Maasai display their ebony carvings, spears and beadworks for those who wish to do some shopping.

For those that don't head out on this set of safaris you can relax in camp and spend time in Arusha which has busy markets, a shopping mall, coffee shops and internet. A camel safari can be arranged to visit a Maasai village as well as a visit to Shanga, a social enterprise community based bead factory. You can visit in the extensive Maasai Cultural Centre and Museum, and visit the Snake Park which has a large collection of reptiles as well as a Maasai display.

Back in Arusha we all enjoy a group barbecue to celebrate.

Distance, Day 11: 175 kms to the Conservation Area gate  
Distance, Day 13: 175 kms from the Conservation Area gate  
Est. Drive Time, Day 11: 3 to 4 hours  
Est. Drive Time, Day 13: 3 to 4 hours  
Meals, Day 11: X1 Breakfast  
Meals, Day 12: None  
Meals, Day 13: X1 Dinner

*Optional excursions for Days 11 to 13:* Three day/two night safari with game drives in both the Serengeti and Ngorongoro Crater in open top 4x4 vehicles (incl. x2 dinners, x3 lunches, x2 breakfasts), Balloon safari, Maasai boma visit, Olduvai Gorge Museum (Please note this visit is dependent on road conditions and time constraints. We also require advance notice prior to the tour departure).

### **Days 14 – 15: Arusha to Marangu**

We travel to Marangu today at the foot of Kilimanjaro, Africa's highest mountain and the highest free-standing mountain in the world.

Here we spend two nights and have the opportunity to explore, including the option to take a day hike to Mandara Hut, 2,700 kms from the base of the mountain. This is a beautiful walk through tropical forest and on clear days there are special views of both the Kibo and Mawenzi peaks of the mountain.

Alternatively there is the chance to do a day tour of the Marangu area to visit the village to learn more of local life, to visit a coffee plantation and a nearby waterfall.

Distance, Day 14: 120 kms  
Est. Drive Time, Day 14: +/- 3 hours  
Meals: X2 Breakfasts, X2 Dinners

*Optional excursions:* Kilimanjaro day hike, Marangu day tour

### **Day 16: Marangu to Bagamoyo or Dar es Salaam**

We continue our journey south, travelling through lush surroundings and the stunning Usambara mountain range, before sleeping over at a coastal campsite either in Bagamoyo or in Dar es Salaam 70 kms further south. Bagamoyo itself was one of the first landing points for the Arabian slavers.

We make final preparations for the optional excursion on Zanzibar Island. The core arrangements are made well ahead of time so we are assured our groups are comfortable in the popular beach cottages to the north of the island at Kendwa and for a night in a local lodge in the traditional capital. The time is yours to relax and do as you please. The tour leader travels over to the island with the group as well to ensure

that all runs smoothly.

Distance: 485 (545 if to Dar) kms

Est. Drive Time: 9 to 10 hours incl. lunch stop (11 to 12 if to Dar es Salaam)

Meals: X1 Breakfast, X1 Dinner

### **Days 17 - 20: Optional visit to the Swahili island of Zanzibar**

We now have the option to take the ferry to the exotic 'Spice Island' of Zanzibar for four nights.

Day 17 Usually everyone chooses to head to the ferry port in Dar es Salaam from where we travel to the exotic spice island of Zanzibar today.

On arrival we travel to Kendwa where you can enjoy white sand beaches, and swim and snorkel in the crystal clear waters of the Indian Ocean. Fishing trips and cruises in traditional dhows can be organized. Scuba diving and snorkeling to nearby reefs or further afield including to Mnemba Atoll can also be arranged from the Dive Centre near our beach cottages.

There is a wide diversity of marine life off Zanzibar. The diving is some of the best in the world, with stunning coral gardens and more than 350 fish species recorded. Sightings of dolphins and turtles are quite regular occurrences, while humpback whales and whale sharks are occasionally spotted.

You can also explore Jozani Forest and see the red colobus monkeys and Prison Island with its giant tortoise. Snorkelling is also enjoyed off Prison Island.

On the last day we spend time in the traditional capital, Stone Town. Take a spice tour to find out a little about the spice trade that dominated the island's history, as well as the slave trade. On our final night here we can explore the colorful night market.

Distance, Day 17: 60 kms Bagamoyo to Dar es Salaam

Est. Drive Time, Day 17: Up to 2 hours Bagamoyo to Dar es Salaam

Meals, Day 17: X1 Breakfast

*Additional optional excursions whilst on Zanzibar:* Stone Town City tour, snorkelling, scuba diving, Mnemba Island, Turtle Sanctuary visit, Prison Island with a visit to the Aldabra tortoise, Jozani Forest to view the red colobus monkeys

### **Day 21: Zanzibar Island to Morogoro**

Arriving back in Dar es Salaam we rejoin the overland truck to head west to Morogoro to stay the night.

Distance: 194 kms

Est. Drive Time: 6 hours

Meals: X1 Dinner

### **Day 22: Morogoro to Iringa**

We continue to travel west across Tanzania travelling through Mikumi National Park where roadside sightings of elephant, giraffe and antelope are common. Travelling the road through Baobab Valley we are surrounded by the iconic 'upside down trees' and past the Ruaha River to Iringa for our last night in Tanzania.

Distance: 310 kms

Est. Drive Time: 9 hours incl. lunch stop

Meals: X1 Breakfast, X1 Dinner

### **Days 23 - 26: Iringa to Kande, Malawi**

Moving on through the mountains of the southern Rift Valley we enter Malawi. We travel south down the third largest lake in Africa, Lake Malawi, created in the chasm provided by the Rift Valley. Known as "the warm heart of Africa" you will be struck by the warm welcome we receive, despite Malawi being one of the poorest countries en route.

Popular beaches by the Lake are ideal locations for the camps where we stay and set beside local fishing villages. We are welcomed into these villages with the chance to visit a couple of local schools as well. This is a great opportunity to immerse yourself in traditional village life. Try bartering too with local craftsmen selling beautiful carvings including the traditional Malawi chairs, and enjoy sharing in a village meal during our stay.

Lake Malawi is home to the brightly coloured and prolific mbuna cichlid fish and scuba diving or snorkelling here has been described as 'rather like a dive into a fish tank'. Canoeing is also an option on the lake. Malawi is a spectacularly beautiful country and horse riding and trekking can be arranged too.

Kande Beach particularly is a popular stop for a party. The Malawi markets are also the markets to raid for the latest in fashion attire if the group decides on an Absolute Bad Taste Party.

Distance, Day 23: 498 kms

Distance, Day 24 or 25: 235 kms

Est. Drive Time, Day 23: 12 hours Incl. lunch and fuel stop and depending on the border

Est. Drive Time, Day 24 or 25: +/- 5 hours incl. stop for shopping

Meals: X4 Breakfasts, X4 Dinners

*Optional excursions:* Water sports, including snorkelling, canoeing, scuba diving and pedalo hire, horse riding, village walk, wood carving lesson.

### **Days 27 – 28: Lake Malawi to South Luangwa National Park, Zambia**

We travel to Zambia today, heading for one of the country's treasures – South Luangwa National Park. Slightly off the beaten track, Luangwa is a stunning national park with high populations of game, including 60 different animal species and 400 different bird species.

On our full day in the park, we have time to relax by the pool and enjoy the wonderful African bush surrounds, with the chance for a game drive or walk in the morning and also in the evening. The evening drive gives you the chance to see some of Africa's nocturnal and more elusive animals such as the leopard and genet.

Distance, Day 27: 600 kms

Est. Drive Time, Day 27: +/- 11 hours (depending on the border) and incl. stops for shopping and lunch

Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: X1 game drive in South Luangwa National Park

Vehicle for game drive: Open 4x4 safari vehicle

*Optional excursions:* Extra game drive or walk, South Luangwa National Park

### **Days 29 - 30: South Luangwa to Lusaka**

We now make our way towards the capital. Upon reaching Lusaka on day 30, we have a chance to get to internet, the bank and also stock up on supplies in a large supermarket.

Distance over 2 days: 560 kms

Est. Drive Time, Day 29: +/- 6 hours incl. stop for lunch and shopping

Est. Drive Time, Day 30: +/- 6 hours

Meals: X2 Breakfasts, X2 Dinners

### **Days 31 – 32: Lusaka to Lake Kariba, Zimbabwe**

*Optional stay on Lake Kariba houseboats*

From here we travel to Lake Kariba where we hire a houseboat for a couple of nights' break from truck life. The man-made lake took 9 years to build, the dam wall being completed in 1959 when the plains began to flood; animals became stranded on submerging islands and Matusadona National Park launched a massive rescue exercise known as Operation Noah. Whilst cruising on the houseboat we can view elephant, buffalo, kudu, waterbuck and, if lucky, lion as they come down to drink by the water's edge. Sunsets over the lake

create a rich backdrop of colour for the stark silhouettes of the fossilised leadwood trees remaining in the lake.

The boats have bedrooms, a jacuzzi and the houseboat crew cook our meals, so this is a fun change from camping and life on the road.

Distance, Day 31: 208 kms

Drive Time, Day 31: 4 to 5 hours depending on the border and incl. photo stop Lake Kariba dam wall.

Meals: X2 Breakfasts, X2 Dinners

*Optional excursion:* Houseboat cruise on Lake Kariba

### **Days 33 - 34: Lake Kariba to Great Zimbabwe Ruins**

We drive via Chinoyi to the Great Zimbabwe Ruins - the remains of the ancient capital of the Shona people which was constructed between the 11th – 15th century. There are three main areas of ruins known as Dzimba dzamabwe (“stone houses”) from which modern-day Zimbabwe gained its name. These were formed using the dry stone technique, completely without mortar. The term “Great” distinguishes these rock constructs as different to smaller formations in the region and Great Zimbabwe are known to be the largest collection and most impressive ruins south of the Sahara.

Distance, Day 33: 249 kms

Est. Drive Time, Day 33: +/- 6 hours incl. shopping stop

Distance, Day 34: 440 kms

Est. Drive Time, Day 34: 9 hours incl. shopping and lunch stops

Meals: X2 Breakfasts, X2 Dinners

### **Day 35: Great Zimbabwe Ruins to Bulawayo**

This morning we have a guided tour of the ruins before continuing our way to the city of Bulawayo.

Distance: 307 kms

Est. Drive Time: 3 - 4 hours

Meals: X1 Breakfast, X1 Dinner

Included Activity: Visit to Great Zimbabwe with guided tour

### **Day 36: Bulawayo**

Here we head out for game drives and a rhino trek in Matopos National Park. The Matopos Hills have the largest concentration of raptors (birds of prey) in the world and black eagles can be seen soaring high over the dramatic ancient landscape of granite boulder stacks. The park is also home to both the endangered black and white Rhinoceros, now closely guarded in an intensive conservation program, and the magnificent sable antelope. We track rhino on foot with a professional guide, as well as look for other game. We also find out the different uses and medicinal value of the plant life in the park.

Distance: 0 kms

Est. Drive Time: 0 hours

Meals: X1 Breakfast, X1 Dinner

Included wildlife activities: Game drive and rhino trek in Matopos National Park.

Vehicle for game drive: Open 4x4 safari vehicle

*Optional excursions:* Extra game drives in Matopos National Park, Afternoon visit to rock paintings and Cecil Rhodes' grave or a Ndebele Village.

### **Day 37: Bulawayo to Victoria Falls**

Today we travel through to the mighty Victoria Falls. The roaring torrents of water and the mists from the Falls which rise meters into the air, gave rise to the local name ‘Mosi-Oa-Tunya’, ‘the smoke that thunders.’

Distance: 438 kms

Est. Drive Time: +/- 7 hours incl. stop for lunch  
Meals: X1 Breakfast

### **Days 38 – 39: Victoria Falls**

At the Falls there is a large number of different adrenaline activities on offer, such as the world famous whitewater rafting on the Zambezi, the bungee jump and the gorge swing. You can take a flight over the Falls in a helicopter or microlight on a 'Flight of the Angels'. Time can be spent in the national park overlooking the Falls. We usually meet up at night for meals in local cheap eating places.

One of our nights at The Falls is often spent together on an evening sunset cruise drifting down the Zambezi as the sun sets. Wildlife such as hippo and crocodiles can be seen in and by the water, and monkeys play in the trees by the river.

Distance: 0 kms  
Drive Time: 0 hours  
Meals: None

*Optional excursions:* Whitewater rafting, riverboard, bungee jump, gorge swing, flying fox and zip line, 'Flight of Angels', canoe trip, horse riding, a sundowner cruise

### **Days 40 - 41: Victoria Falls to Kasane, Botswana**

Today we enter Botswana and visit Chobe National Park, where we have a full day set aside for game drives and a game cruise.

On the game cruise soak up the magic atmosphere on the Chobe River as the colours of sunset break across the sky and elephant come down to drink and mess around in the river. Chobe is famous for its elephant population and is known as the world's elephant capital! The numbers in this park are in the tens of thousands. The park also has strong lion prides, and game drives regularly provide viewing of giraffe, lechwe, kudu, impala herds, buffalo, wonderful bird life and much more. Take full advantage of this park to head out on game drives to allow you access further into the park.

Distance, Day 40: 87 kms  
Est. Drive Time, Day 40: 3 hours (depending on the border)  
Meals: X2 Breakfasts, X2 Dinners

*Optional excursion:* Chobe National Park – game drives and game cruise

### **Day 42: Kasane to Maun**

We leave Chobe and travel past the Makgadikgadi Pans on our way to Maun, set on the edge of the Kalahari Desert.

Distance: 666 kms  
Est. Drive Time: 9 hours incl. stop for lunch  
Meals: X1 Breakfast, X1 Dinner

### **Days 43 – 45: Maun**

*Optional mokoro safari in the Okavango Delta*

From Maun we organise our mokoro safari into the Okavango Delta.

The Delta is an ecosystem of lush wetlands, placid lagoons and water-lily filled channels created by the arrival of waters that fell as rain on the mountains of Angola months prior. Here on a mokoro safari we gain a sense of the remoteness and beauty of the African bush. On the safari we are poled silently through the maze of waterways between reeds and water lilies in the traditional canoes and camp for two nights in the wilderness. This can be a wonderful opportunity to get up close to Africa's wild animals.

Late afternoon and early morning game walks are on the agenda with the local professional guides, and even the chance to learn how to steer a mokoro.

We might spot buffalo, hippo, crocodile, antelope, warthog, baboon, wildebeest, elephant and lion. Bird life is prolific including kingfishers, ducks, marabou storks, sacred and glossy ibis, herons and egrets. The incessant chatter of birds can make an afternoon nap quite problematic during our bush camp!

The local boatmen entertain with traditional singing during our time in this pristine wilderness.

Distance: 0 kms

Est. Drive Time: 0 hours

Meals: X3 Breakfasts, X3 Dinners

*Optional excursions:* Okavango Delta mokoro safari including X2 breakfasts and X2 dinners, flights over the Delta

### **Days 46 – 48: Maun to Etosha National Park, Namibia**

Experiencing a dramatic change in scenery, we head into Namibia along the Caprivi, making our way towards Grootfontein where we arrive on day 46 for shopping in town and to make a cultural visit to the local Bushmen.

We stop over at a nearby camp before heading the following day for Namibia's most well known National Park, Etosha. We can stop en route to see the Hoba meteorite, the world's largest and estimated to be at least 190 million years old!

Distance over 3 days: 1,111 kms

Est. Drive Time, Day 46: +/- 13 hours (depending on the border) incl. lunch stop

Est. Drive Time, Day 47: 4 - 5 hours

Est. Drive Time, Day 48: +/- 5 hours to Etosha entrance, then afternoon game drives in Etosha

Meals: X3 Breakfasts, X3 Dinners

*Optional excursions:* Walk with warrior bushmen, visit women's village, Hoba meteorite

### **Day 49: Etosha National Park**

Game drives find us out early this morning, so we can make the most of our two night stay in Etosha. The truck allows us great viewing from the large windows and as we are at height for views across the park. Optional evening drives are also available in smaller safari vehicles, following our afternoon game drives.

Etosha centres around the vast Etosha Pan, an extensive flat depression of 5,000 square metres of shimmering mirages and in the language of the local Owambo tribe Etosha means 'place of dry water'.

A vast array of animals exist around the Pan, including elephant, lion, gemsbok, zebra, black rhino, giraffe, cheetah and leopard. The park is home to the 'big five' - lion, leopard, buffalo, elephant and rhino. The floodlit water holes at Okaukuejo and Halali are highlights of this park too. To savour the last of the game parks in our itinerary at night we can take our hot chocolate and sit and wait by the floodlit water holes as a multitude of animal gradually arrive to drink.

Distance: 0 kms

Est. Drive Time: Game drives through the day

Meals: X1 Breakfast, X1 Dinner

Included wildlife activity: Full day of game drives in Etosha National Park

Vehicle for game drives: Overland truck

*Optional excursion:* Evening game drive.

### **Day 50: Etosha National Park to Africat, Otjiwarongo**

Leaving Etosha we travel via Outjo to the Africat Foundation which is a non-profit organization focusing on the conservation of Namibia's predators, particularly cheetah, in their natural habitat. Here we can actively take part in this programme and learn more about these beautiful and amazing animals.

Distance: 182 kms

Est. Drive Time: 7 hours including short game drive and stops for shopping and lunch

Meals: X1 Breakfast, X1 Dinner

Included wildlife activities: Short game drive in Etosha. Africat Carnivore Care

Vehicle for game drive: Overland truck

### **Days 51 – 52: Otjiwarongo to Swakopmund**

We then travel through some of the most scenic regions of the tour the lower section of the Skeleton Coast that is often shrouded in mist. We spend a night at the amazing Spitzkoppe rock formations tonight, The sunset is truly amazing here with the rocks changing colours every minute. It is another night under the stars.

The next day we visit the Cape Cross Seal Colony, a breeding colony of 200,000 Cape fur seals, before arriving at the seaside resort town of Swakopmund, nestled between the desert and the sea where we check into a local lodge.

Distance over 2 days: 452 kms

Est. Drive Time, Day 51: 5 hours

Est. Drive Time, Day 52: +/- 4.5 hours

Meals: x2 Breakfasts, X1 Dinner

Included wildlife activity: Cape Cross Seal Colony

### **Days 53 – 54: Swakopmund**

Swakopmund is the place for action and adventure sports – quad-biking, dune buggies, sandboarding, go-karting, horse riding, open - water fishing and tandem sky diving. There are flights over the Namib Desert and the Skeleton Coast. A township tour provides insight into day to day local life. Many enjoy a meal out to sample the fresh seafood.

Distance: 0 kms

Est. Drive Time: 0 hours

Meals: None

*Optional excursions:* Quad-biking, sandboarding, skydiving, go-karting, desert tours, open-sea fishing, seal and dolphin cruise, sea kayaking, township tours, horse riding.

### **Day 55: Swakopmund to Sesriem**

We drive through to Sossusvlei in the Namib Naukluft National Park. We are now in the vast arid regions of southern Namibia. Here we can visit the Sesriem Gorge in the afternoon.

Distance: 344 kms

Est. Drive Time: 8.5 hours, Incl. lunch stop

Meals: X1 Dinner

### **Days 56 – 57: Sesriem to Ai Ais**

In the morning we are up before sunrise to climb the famous Dune 45 for sunrise views. After this there is the option to go to Sossusvlei by 4x4 to visit the Dead vlei pan and see more of this harsh but beautiful landscape.

Fish River Canyon is our next highlight. It is the second largest canyon in the world, second only to the Grand Canyon in America, created by the rushing waters of the Fish River. We then head to our camp at Ai Ais and enjoy a soak in the hot springs in the lower reaches of the Canyon.

Distance over 2 days: 613 kms

Est. Drive Time, Day 56: +/- 5 hours

Est. Drive Time, Day 57: +/- 9 hours Incl stop at the Canyon

Meals: X2 Breakfasts, X2 Dinners

Included activities: Visit to Dune 45, visit to Fish River Canyon.

*Optional excursion:* Visit to Sossusvlei

### **Day 58: Ai Ais to Orange River, Namibia or South Africa**

We stop over by the Orange River, which is fed by the Fish River. Here we can canoe or raft through some of the most rugged terrain in Southern Africa.

Distance: Up to 179 kms

Est. Drive Time: +/- 3 hours partly depending on if we cross the border and incl. shopping

Meals: X1 Breakfast, X1 Dinner

*Optional excursion:* Orange River canoeing

### **Day 59: Orange River, Namibia or South Africa, to Klaver Cape Town, South Africa**

Travelling into the wine areas of Cape Province we stay in the scenic region of Namaqualand nestled among the wine farms of the Olifants River at the foot of the Cederberg mountain range. Here we have the opportunity to taste a selection of some great wines of the region in the evening.

Distance: Up to 412 kms

Est. Drive Time: +/- 6 hours incl. shopping stop (partly depending on the border)

Meals: X1 Breakfast, X1 Dinner

### **Days 60 - 62: Klaver to Cape Town, South Africa**

Travelling further south in Western Cape we reach our final destination, Ashanti Lodge, Cape Town. Cape Town is a wonderful place to unwind after our epic trip with plenty of attractions and sights, beaches, shopping, coffee shops and cocktail bars. Here we have two full days to relax and enjoy all there is on offer - the many museums and sites including hiking up the 1000 metre high Table Mountain, a day's wine tour to Stellenbosch and a visit to Robben Island where Mandela was imprisoned during the apartheid era..

If you want to explore further afield, a safari in Kruger National Park can be arranged. Or consider continuing on our Garden Route tour. This follows on from our arrival in Cape Town with two extra days in Cape Town, to visit a picturesque section of South Africa's coastline, as well as Lesotho and the Drakensberg Mountains before finishing in Johannesburg, the 'City of Gold'.

Distance, Day 60: Up to 282 kms

Est. Drive Time, Day 60: +/- 5 hours

Meals: X1 Breakfast, X1 contribution to final meal in Cape Town

*Optional excursions:* Meal out at a restaurant, wine tour, shark dive

**Please note this itinerary is given as a guide only. A safari is a journey and true journeys unfold. They are of an adventurous nature. The unexpected can arise, so do allow for this. Feel free to give us a call about your overland safari plans. We look forward to your further enquiries.**

## **Other Information**

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### **Zanzibar Island**

As part of your safari we offer the option to go over to exotic Zanzibar Island for a 4-night stay in bed and breakfast accommodation. Three nights are spent in beach bungalows to the north of the island and then one night is spent in a lodge in the traditional ancient capital, Stone Town. We also organise a spice tour which provides a fun and fascinating glimpse of the history of the island. We visit the ruins of the Maharubi palace and plantations where exclusive fruits and spices are grown, the island's history being based around the spice trade. Otherwise the time on the island is yours to relax, enjoy the beach, warm waters and fresh seafood. There is a scuba diving centre beside the bungalows and snorkeling is also easily arranged from here.

Accommodation and other arrangements on Zanzibar Island can book out. We have found it best, over many years of overlanding, to prearrange bookings well ahead of time to avoid disappointment and ensure all runs smoothly. If you would like to travel over to the island and stay together with your group and safari leader, these arrangements can be paid for before departure. Paying for these arrangements ahead of time also reduces the amount of cash you need to carry with you to Africa and particularly over to Zanzibar, which is a significant advantage. Most join in with these arrangements on the island, opting for shared accommodation in doubles or triples. Singles are also available, for which there is a supplement.

## Money and budgeting

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**When costing an overland safari the areas you need to consider are:**

*Before you go...*

1. Your price
2. Your airfare
3. Immunisation and anti-malarials
4. Zanzibar Island stay
5. Insurance
6. Equipment
7. Visas required prior to departure

*Step off the plane in Africa with...*

8. Spending money – This is very individual and often depends on how much you drink, shop and wish to upgrade. A suggested budget would be 1,300 - 1,500 USD.
9. Local payment – 900 USD
10. Optional excursions – A traveller who wishes to do most optionals on the trip will spend an average of between 800 - 2,000 USD (Please see page 19 for the current options available).
11. Visas on the ground : Up to 155 USD depending on nationality
12. Pre and Post safari costs

*Please note: You need to carry money with you out to Africa to cover Items 8 to 12 (i.e. for your spending money, local payment, optionals, visas on the ground and pre and post safari costs). The figures above are conservative estimates for average spending per person on safari. There is a lot of variation in how much spending money individuals need as this is dictated by personal choice, as is your budget for optional activities.*

*We have no control over local operators' charges and new or other options that become available after our date of printing. Nor can we control exchange rate fluctuations, which can impact on budgets as some items are only payable in USD or are cheaper when purchased in USD. USD often tends to be the preferred currency. Figures quoted are based on regular information we receive from operators, passengers and crew in the past 12 months. You are advised that prices do go up and down very regularly. Our aim is to keep you informed of the most recent prices. In general you will often find that whilst some prices are underestimated at other times they are overestimated.*

### How do I take this money to Africa?

We strongly recommend that you organise the money you are wanting to take to Africa *before* you leave for your trip. Clients are currently organising their cash for their safari as follows:

#### **\$US cash**

We are finding clients find it most convenient to take between \$US 2,300 to \$US 2,500 including money for your local payment and visas. It will also be used to pay for some optionals which are only payable in \$US and occasionally to buy local currency when this is the best and/or only means to do so.

Please note that in general USD notes need to be dated post 2009 and in good condition. When arranging your USD cash a range of is probably the most convenient including a few 5 USD and 10 USD notes as well as 20s, 50s and 100s.

Please do have suitable notes organised to pay the exact amount for your local payment if at all possible. Your local payment is payable on Day One of the trip.

## **Pounds sterling and Euro cash**

You may also like to carry up to 100 GBP or EUR cash as well if your money is currently in sterling or euro. This can be useful to buy local currency when you can get to a bank or regular forex bureau. If you are not in sterling or euro consider carrying more \$US cash.

When arranging your cash remember small denominations can be useful but the larger denominations will give a better exchange rate. You should also request that your notes are not torn, written on or damaged in any way.

Sterling and euro are best carried as 20s and 50s to be used to buy local currency when you can get to a bank or forex bureau. Please note also that Scottish pound notes are not accepted.

When you arrive in Nairobi, you should change up enough money into Kenyan shillings to cover all your personal needs, such as accommodation, transfers and meals including breakfast for the first day before you meet the truck. Please note breakfast is not provided on the first day of the safari.

As you spend about a week in Kenya, and sterling and euro can attract good rates at times, we would strongly recommend you change up 100 GBP/EUR at Nairobi airport when you arrive if your money is currently in sterling or euro. Otherwise change the equivalent in USD.

When you land in Nairobi there are a couple of banks on the right just before you come to Customs at Nairobi airport.

Cash is carried at your own discretion and should be organised before you leave for Kenya.

## **ATM access and Paying by Card**

Note that it will be possible to access ATMs en route if you have a debit (Maestro) card or credit card (Visa and master card)

Do be aware where ATM access is available you can usually only draw local currency which cannot be used for all your costs. Many of your costs such as the local payment, visas and some of the optionals can only be paid in USD cash. Please note as well that Visa is the preferred card to use for payments.

Travel cards and cash passports are not well known and not widely accepted so not recommended to bring

Do note that ATMs are not always reliable as they can be out of money, broken or the power could be out so do not solely rely on ATMs

In places like Victoria Falls, Swakopmund and Cape Town a lot of the optionals can also be paid for by card. Note there might be charges for this.

## **Other things to note in regards to organising your money for Africa**

It is not often possible to obtain many of the relevant African currencies prior to going, and where possible the rate is usually poor.

Your crew will let you know where is best to change up as you enter each country into their local currency. It is best not to organise any local currencies prior to arriving.

For your information the currencies you will meet are:

Kenya	Kenyan shillings
Tanzania	Tanzanian shillings
Malawi	Malawian kwacha
Zambia	Zambian kwacha
Botswana	Botswanan pula
Namibia	Namibian dollars
South Africa	South African rand

Your crew can advise you as to what you will need, where exchanges/banks are available etc. as you travel. You will need to consider as you travel what optionals you will wish to do as well as how much you'll require for your personal needs.

This trip is structured so that most of your costs are 'pay as you go' via the local payment, some optionals and your spending money. This allows you to control your budget and only pay for those things you wish to do. Overland trips have been costed this way for many years and for a number of reasons - partly as prices for some optionals can vary a lot month to month, partly as some optionals are quite seasonal such as specific game parks and white water rafting, partly as different clients like to do different options and partly as banking in Africa is quite difficult. Doing it this way you also know that your money is regularly going directly to local operators on the ground in Africa. Do remember also to carry what you need for before and after the safari on top of the above budget.

### **What we cover from the price and local payment?**

GAME DRIVES IN FIVE OF AFRICA'S BIG GAME PARKS AS WELL AS OTHER WILDLIFE RESERVES AND HIGHLIGHTS Incl.

- The Masai Mara
- Matopos National Park with a rhino trek
- Nakuru National Park
- South Luangwa National Park
- Chobe National Park game cruise
- Etosha National Park (two nights)
- Sheldrick's elephant orphanage
- The Giraffe Centre
- Fish River Canyon
- Namib Naukluft National Park
- Mikumi National Park
- Maasai village visit - overnight bush experience
- Africat Carnivore Care
- Sossusvlei Dunes
- Bushmen visit
- Cape Cross Seal Colony
- Spitzkoppe rock formations
- Great Zimbabwe Ruins
- Lake Naivasha

WE ALSO INCLUDE

- A fully equipped and diesel expedition truck/vehicle including all camping and cooking gear, a fridge, gas cooker, tents, sleeping mats etc
- Services of a driver and safari leader
- The ongoing advice and back up from The Absolute Team
- All road tolls and taxes are paid

CAMPING, BREAKFAST & DINNER WHILST TRAVELLING ON THE TRUCK i.e.

- 50 breakfasts & 48 dinners whilst travelling on the truck, including some pre-prepared bbqs and local meals as well as a contribution to the final group meal in Cape Town
- 44 nights camping whilst with the truck, including during our stay at Victoria falls, plus 6 nights in dorm accommodation in local lodges or similar, including three nights in a lodge in Swakopmund and the final three nights in Ashanti Lodge, Cape Town
- A cook in East Africa

### **WHAT'S NOT INCLUDED**

- Flights including taxes
- Optional excursions as listed
- Pre and post tour Add Ons as well as airport transfers and accommodation
- Lunch and drinks throughout, as well as breakfast and dinner when the truck parks up at Arusha, Dar es Salaam, Victoria Falls, Swakopmund and Stellenbosch.
- Camping costs if not participating in an overnight excursion ie Serengeti and Ngorongoro Crater (2 nights), Zanzibar Island (4 nights) and Lake Kariba Houseboats (2 nights), and the Okavango Delta (2 nights)
- Other incidentals including for tips, internet use, upgrades from camping and the occasional cheap excursion such as local walks
- Visas
- Extra equipment including sleeping bag, torch and medical kit

- Personal travel insurance
- Vaccinations and anti malarials as required

## Personal spending money

This amount is individual and variations in budgets depend largely on how much you spend on souvenirs and drink, as well as on lunch and snacks. It is a regularly updated average that has been provided by the crew and recent clients.

The spending money budget is also calculated to cover meals and occasionally camping those times when the truck is not on the road. In some destinations where there are popular overnight excursions such as on Zanzibar Island or on the houseboats on Lake Kariba meals and camping are not covered. At other busy destinations such as Victoria Falls accommodation is covered but there is so much happening it is impractical to organise meals from the truck. You may also need to spend on personal costs such as email, toiletries etc.

Some weeks you will spend more and other weeks less. The current recommendation to carry as personal spending money for this safari is 1,300 - 1,500 USD. Allow an extra 30 USD a week approximately if you think you might want to occasionally upgrade your accommodation to stay in chalets, which are available at some campsites.

For those who enjoy shopping or even browsing there are many different items to tempt you - Tanzanian makonde carvings and stone chess boards, kangas and kikois, beads and jewellery, Malawi chairs, wooden giraffes and batiks to name just a few.

Regularly 'smallish' optional activities also arise costing under 20 USD and these also will be covered by this spending money. Alternatively some clients like to buy a T-shirt at Livingstone or one of the many activities you might try or a DVD of 'the big day out' - white water rafting or gorge swinging. The Falls is also one of the places where the local restaurants offer huge variety and after weeks on the road are too tempting to miss.

**Tippling:** You may like to consider tips for good service, particularly at some of the big highlights such as the Serengeti, Ngorongoro Crater, houseboats at Lake Kariba and the Okavango Delta for example. You may find that you may like to organise this as a group or individually.

If eating out in restaurants, a 10% tip is a good guide to follow.

Crew tips are certainly not expected although Absolute crew do work incredibly hard and often much of this work is done 'behind the scenes', before or after the group is up and about, and so is not always so obvious. A tip or small gift is always appreciated and is also a way to show your appreciation of their efforts if you have had an enjoyable trip.

Do budget carefully to ensure you have adequate spending money to cover all eventualities and enjoy all you wish to do once out in Africa, bearing in mind that it is very difficult to access money from overseas once you are on the trip. Remember also to budget for whatever pre and post safari arrangements you might also have in mind.

## Optional activities

These excursions are paid for in Africa with the exception of the Zanzibar Island stay, which is booked and paid for in advance in London if you wish to do this option. Do note these excursions are run by local operators on the ground. They are not run by Absolute Africa.

Please contact us if you would like further information about any of these activities or excursions. Many of the optionals are payable in Africa in US\$ (cash). A few may be payable in local currencies. (Prices guide only as of August 2024)

## KENYA

### *Staying by Lake Naivasha*

- |  |        |
|--|--------|
| • Hells Gate National Park half day cycle trip | 55 USD |
| • Crater Lake Sanctuary walk                   | 45 USD |

- Elsamere for afternoon tea (1050KES) 12 USD
- Hippo boat cruise - 30 USD

## TANZANIA

- Serengeti and Ngorongoro Crater game drives, 3 days/2 nights From 645 USD
- Kilimanjaro NP day hike to first camp incl. lunch, guide and park fees 125 USD
- Marangu village tour with visit to coffee plantation, waterfall, local traders etc. incl. lunch and guide 60 USD

## Zanzibar Island

### Scuba Diving

- Double tank dive (local) 115 USD
- Single dive (local) from 65 USD
- Discover scuba diving 99 USD
- PADI open water diver (3 days + needed) 499 USD

### Snorkeling

- Kendwa from 15 USD
- Tumbutu half day from 25 USD
- Mnemba (inc lunch) from 45 USD
- Prison Island Entry and transport ( depending on numbers) from \$25 - \$35
- Fishing off the reefs 40 USD
- Deep sea fishing, boat (takes 5 people), half day from 450 USD
- Turtle Aquarium 20 USD
- Sunset cruise 30 USD

Jozani Forest – to visit the red colobus monkeys

From Stone Town (depending on numbers)

from \$30 - \$120

From North

from \$40 - \$160

## MALAWI

- Scuba Diving Lake Malawi – introductory course 45 USD
- Scuba diving – 2 qualified dives 90 USD
- Scuba Diving – night dive 55 USD
- Canoe rental 15 USD
- Pedalo boat 25 USD/hr
- Snorkelling 20 USD
- Boat ride to Island (Min 4 people) from 10 USD

## ZAMBIA

- South Luangwa extra game drive 45 USD
- Walking safari 53 USD

## ZIMBABWE

- Lake Kariba Houseboats for two nights 170 USD
- Fishing including park fes, rod, bait, hooks & sinkers 20 USD
- Extension to full day, Matopos National Park 45 USD

Victoria Falls by the Zambezi

- Victoria Falls Entrance 50 USD

Please note these prices do not include a Zambian visa if you need to cross over. The Zambian day visa is

20 USD.

#### White water rafting packages

- Whitewater rafting full day low water only 120 USD
- Whitewater rafting, half day high water only 120 USD
- Rafting DVD 30 USD

#### Gorge activities

- Gorge Swing only (1 jump) 113 USD
- Single flying fox 60 USD
- Single zip line 91 USD
- Tandem gorge swing 172 USD
- Tandem zip line 139 USD
- Canopy Tour 70 USD

#### Bungee Jumping

- Bungee Jump (111 metres - 3rd highest commercial bungee in the world) 168 USD
- Bridge swing 168 USD
- Tandem bridge swing 276 USD
- Bridge slide 50 USD
- Tandem bridge slide 72 USD
  
- Village tour (includes return transfers from Victoria Falls, aprox 3 hrs) 60 USD
- Elephant encounter 142 USD

#### Flights

- "Flight of the Angels" over Victoria Falls: Depending on time in the air and type of craft -
- Microlite (Zambia) 15 mins 185 USD
- Helicopter 15 mins (Zim side) 150 USD
- Helicopter Zambezi Spectacular 25 mins (Zim side) 309 USD

#### Zambezi River Cruises

- Sundowner cruise (inc transfer,full bar and snacks) 50 USD
- Dinner downer cruise (inc transfers,full bar, snacks and 3 course dinner) 103 USD

#### Horse back safaris

- Horse Rides - Novice, 2 hours 145 USD
- Horse Rides - Experienced, 2 hours 145 USD

#### Adventure Jetboat

126 USD

#### Combo Packages

- Half day adrenaline - 1 x gorge swing, 1x zip line, 1x flying fox 174 USD
- Big Air Combo, 1x bungee, 1x bridge swing, 1x bridge slide 230 USD
- Rafting & Jetboat Combo 220 USD
- Rafting & Bunji Combo 300 USD

#### Upper Zambezi Canoeing

- Zambezi drift - incl. transfers, b'fast, drinks and park fees (7am-2.30 pm) 150 USD
  
- Zambian day visa (if required) 20 USD
  
- Devils Pool ( incl breakfast) 110 USD
- Devils Pool ( incl lunch) 175 USD
- Devils Pool (incl high tea) 150 USD

\*subject to availability and season

\*\*visa for Zambia and transfers not included

## **BOTSWANA**

• Chobe National Park - game cruise and guided game drives	1040 Pula
• Chobe River cruise	580 Pula
• Chobe National Park - guided game drives	580 Pula
• Okavango Delta guided mokoro safari, two nights three days	228 USD
• Flight over the Delta - max 5 per plane 1 hour	625 USD

## **NAMIBIA**

• Bushmen village activities (warrior walk, women's village etc.) (200 - 300 N\$)	approx 15-20 USD
• Night game drives in Etosha National Park (N\$750)	approx 50 USD
• Game drive at Africat reserve (N\$750)	approx 50 USD

### *Swakopmund*

• Tandem skydive	3800 N\$
• Sandboarding including lunch with beers and sodas - lie down	600 N\$
• Sandboarding - stand up	700 N\$
• Sandboarding - spectator	100 N\$
• Quad biking 2 hours on the dunes	790 N\$
• Open sea fishing	1600 N\$
• Township tour with traditional lunch	600 N\$
• Sea kayaking	850 N\$
• Living desert tour	800 N\$
• Moon landscape & Welwischia tour	850 N\$
• Seals and Dolphin Cruise	950 N\$
• Horse riding 1,5 hours sunset tour	970 N\$
• Sossusvlei visit	170 N\$

## **SOUTH AFRICA**

• Canoeing on the Orange River, 2 hours	R 480
• Wine tour	R 1675
• Options for consider if you have extra time after your trip in and around Cape Town	
• Topless Bus Cape Town City Tour	R295
• Robben Island	R600
Ferry leaves hourly between 9 and 3. Please speak to your leader about booking ahead of time.	
• Cable Car to Table Mountain (return)	R430
• Abseil Table Mountain	R1195
• Paragliding	R1000
• Aquarium	R250
• Township tour	R700
• Cape Malay Cooking Experience - Tuesdays and Saturdays	R1460
• Cape Point and Peninsular Tour	R1100
• Skydiving	R2850
• Whale watching tour	R1450
• Wine lands tour	R1675
• White Shark Cage Diving - (inc food, transport and drinks)	R2550

Please be aware that shark diving is very weather dependent so do get your booking in as early and quickly with time allowed if possible the next day in case you cant go on your original booked date.

### **Further information in regards to optional excursions and spending money**

Paying for excursions in Africa allows you to decide what you wish to do as you travel. Bear in mind that some activities such as white water rafting and also some game parks can be seasonal. Please note also that prices constantly fluctuate in Africa, partly due to exchange fluctuation. The above figures are the very latest currently available to us at the time of writing. They can be taken as a reasonable guide only.

Lunch, drinks, souvenirs and your evening meals on Zanzibar are also covered by your spending money.

Updates on the price for all optional excursions are usually available in the update information we send out about two months prior to departure. Do check for the latest copy of this document as well which is available on line. Do be aware though that you are covering an enormous amount of territory on this trip and visiting many destinations, and in consequence you may well spend a lot. Africa is 'not cheap' particularly when you add in game park entries and the cost of adventure sports such as tandem skydiving, white water rafting, scuba diving and the gorge swing. Much of what you see though will afford you priceless memories and allow you to be actively involved to the limit. Much of what you spend also enables much needed cash to go to local people and wildlife conservation.

The optionals listed are usually those most clients wish to do. If you choose not to do an optional do bear in mind this is your chance to catch up on washing, communications, read, relax and take time for yourself. During these periods the truck is usually parked up at a campsite where there are adequate facilities for you to be quite comfortable while you wait. Your crew will also, when possible, assist you with alternative activities – e.g. safe places to take local walks that might be available throughout the route, swim, cycle, hire a canoe, kick a soccer ball around with the local kids, go fishing, camel ride, visit the local markets or post office, a cinema, a museum, golf course, church, club or coffee shop.

There is a range of availability as to what there is to do from destination to destination on the itinerary. At some places such as Victoria Falls and Swakopmund there is a lot of choice and either/or optional choices. It is physically probably impossible to do all there is to do at Victoria Falls. At other destinations, which are quieter there are fewer choices if you do not do the listed optional excursion/s. This is worth noting particularly for optionals that last over one or two nights as you may not wish to be on your own at a campsite for an extended period such as when the group visit Kariba Houseboats. Do bear in mind also with the houseboats in particular that they allow you to visit Chete Island for game walks or alternatively Matusadona National Park, and as well give the group a welcome break from camping and cooking.

If you would like further details as to what any of the different optionals for the safari do entail please do not hesitate to contact the office. It is a group participation safari so it is worthwhile foreseeing and planning ahead as to what you personally might like to do and to work out a realistic budget accordingly.

Please note also every safari is individual and it is not possible to detail all the possible optionals you will have a choice to do nor to predict new options that can arise. We will endeavour to provide another accurate price update for you just prior to departure.

Please note also though we have no control over local operators' prices or government taxes. Nor do we just select operators on price, many factors have to be weighed up when selecting operators. We are always keen to get information on new operators and the best prices but do be aware that deals come and go constantly in Africa. Consistent service delivery and safe and respectful ethical practices are also worth searching for and rewarding. Your crew will work very hard to ensure you get the best value for money day to day on the road.

If you would like any assistance in regard to your budget please do not hesitate to get in touch with us.

## What do I need to bring?

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We ask that you carry your possessions in one large backpack, travel bag or soft suitcase (65 to 85 litre maximum). Day to day necessities can also be kept in an additional day bag, which should be large enough to carry your needs for two to three days at a time. Please note we reserve the right to refuse any extra baggage and sending it home or storing it will be at your own cost.

You should carry your valuables in a flat money belt that you wear against your skin.

Do remember travelling light is always wise and particularly when going overland. Passengers also often buy a lot of African souvenirs on the way.

The vehicles have good storage capacity to carry souvenirs and lockups in the vehicle for your valuables, pack and day bag. There is a locker under your seat for easy access for day-to-day essentials.

The following list details essentials as well as non-essentials. It is a guide only. If you are unsure about

specific items please feel free to ring us.

### **You need to bring:**

- Travel documents including passport (including relevant visas) and air tickets
- Booking Voucher with Final Receipt - essential for immigration purposes
- Vaccination documentation, particularly for yellow fever injection
- Insurance policy
- US\$ cash for your optionals, local payment and spending money
- Credit card - preferably Visa

### **Other items to consider**

- Student/YHA card
- PADI licence/diving ticket
- International drivers licence
- Photocopies of main documents (keep separately)

### **Essential camping equipment**

- Sleeping bag and sheet.
- Eating utensils, including cutlery, cup, plate/bowl.
- Torch and batteries, a head torch being the most useful.
- Mosquito repellent (DEET) Up to x4 bottles, 50% strength
- High-factor sun block cream
- Lip salve/Chap Stick
- Padlock
- Small personal medical kit including: anti-malarials, vitamin tablets, paracetamol, antibiotic powder, Band-Aids, cotton wool, sterile gloves, flu medication for coughs, colds and sinuses, rehydration salts, sports injury cream for sprains, an antihistamine, immodium, treatment for tummy bugs, stings/bites and sunburn and eye drops. If you wear contact lenses you are advised to carry disposables.

### **Other items**

- Pocket-knife
- 1 litre water container. Make sure it screws tight.
- Non-plastic bags for wet items, rubbish and to keep items dust free.
- Towel
- Antibacterial Soap
- Condoms
- Tissues
- A means of securing your hair back is useful such as a bandana, a scarf, beanies, hair ties and clips as it can be windy day-to-day driving on the truck.
- Cigarette lighter
- Concentrated travel washing liquid or washing powder
- Clothes line
- Emergency sewing kit
- Tweezers, nail scissors, nail brush

You will probably find it worthwhile to pick up a cheap blanket once you arrive.

In regards to toiletries these are available to buy in Africa including shampoo, soap, toilet paper and tampons. Please note though they can be quite expensive and it can be time-consuming sourcing particular items. Carry some toiletries at least for your first month.

Toiletries and pharmaceuticals - Most cosmetic and sanitary products are available but can be expensive. Ensure you bring any medications you might require with you with the script.

The two most common gynaecological problems that may occur whilst travelling in Africa are thrush and urinary tract infections. If you know you are prone to either of these it may pay to seek advice from your doctor and bring the necessary treatments. Loose fitting, cotton underwear and clothes are always wise.

### **Consider bringing:**

- Binoculars
- Pillow

- Wet Ones can be useful
- Books
- Writing paper, pens
- Mossie net impregnated with permethrin or similar if you want to sleep out of your tent at any time on safari, particularly in the warmer months (the tents we provide have in-built mossie nets at door and openings)

### Electrical items

- Mobile phone  
*Text messaging can be a good way to stay in touch with the outside world. Remember if you are on international roaming the charges will be very high to make and receive phone calls. If communication is very important to you, sim cards can be purchased very cheaply on the road. Some clients have their phone unlocked before arriving in Africa whilst coverage is not always good on this tour.*
- Smartphone including headphones if you want to listen to your own music
- Camera in a protective case and spare memory card(s)
- For SLR cameras we recommend a telephoto of 120 mm (or similar) or an 80-200 mm zoom
- 2 camera batteries, including a new one
- Polarising filter/lens hood for SLRs
- USB cable – to connect to internet cafes or for downloading
- Camcorder

### Charging your equipment

If bringing a camcorder, digital camera, iPod or mobile, your equipment can be charged from the truck. The trucks have 600 watt Intelligent Power Inverters converting 24v DC to AC mains electricity (220-240v). This will be sufficient for charging any photographic equipment required. Remember to bring all necessary cables.

You will also want to bring a mains international adapter to charge at campsites as an alternative. A spare battery pack, where possible, is also advised.

### Clothes

Please double check the weather conditions for your particular safari when packing. Cotton and loose fitting items are preferable. Do realise anything white will not stay that way, bush colours being recommended. Women should dress 'modestly' respecting the sensibilities and attitudes of the people and countries they are visiting.

- Lightweight cotton clothing, shorts and T-shirts as well as shirts with long sleeves and long pants, including casual wear for nights out. Long pants, sarongs and sandals are fine for these times
- Lightweight waterproof jacket and a fleece
- Swimming costume, sun hat, sunglasses, sandals
- Lightweight closed-in comfortable walking boots, shoes or trainers with a non-slip tread which give enough support and good traction. Please avoid shoes that get too heavy and hot, 'platforms', high heels or 'strappy' sandals
- Spare shoelaces

We would encourage you to bring clothes that will wear as travelling in Africa is very hard on clothes. Conditions day to day are rough and belongings do get dusty and can get damaged. Do also realise any white clothing won't stay that way. Soft bush colours are most suitable. Being able to layer clothing that can be removed easily is wise as the day heats up. This also helps to keep valuables inconspicuous. Clothes with zip and velcro pockets are sensible. Due to the bumpy road conditions women are advised to bring at least one sports bra. Women should dress 'modestly' respecting the sensibilities and attitudes of the people and countries they are visiting. This is of particular importance for your stay on Zanzibar. Note as well that G String bikini bottoms can cause embarrassment and concern in some regions of southern Africa.

*Be aware that camouflage clothing should be avoided.*

## Life on your Big Yellow Truck

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Day to day it is essential that everyone helps out with every routine chore. The trips are participatory in nature - the more you put in to the group and the trip the more you will get out of it. Overland safaris are very much about everyone willingly getting involved and working as a team. A roster is established for duties. Tasks you will need to be involved in are - cooking and shopping, assistant to the cook, washing up,

cleaning the truck, filling the jerry cans, lighting the fires and truck guard duty.

On safari do follow all instructions given by your safari leader as to how to use equipment, move around on, and enter and exit the truck as well as how to maintain all supplies. Please also follow all washing and cleaning procedures carefully to avoid infections being spread. Seat belts are fitted on the truck. For your safety please use these. Please also follow all washing and cleaning procedures carefully to avoid infections being spread.

It is essential in order to keep to schedules that you listen at group meetings to know what is happening and when, on the following day. Please follow all instructions carefully in regard to border crossings. Most trucks will also have an information folder on the truck with information as to what is happening for the next few days. For the group to function well you do need to keep informed as to what is happening and use group meetings to help the group work together. Please feel free to discuss any matter with the crew and to use group meetings.

On a day-to-day basis you are encouraged to look out for each other and be considerate of everyone else's needs and wishes. Your group will be made up of individuals all wanting to get the most out of their trip and at the same time each of you will have your own specific likes and dislikes, needs and wishes. These are group adventure camping safari, not a 5 star holiday! A sense of humour and patience are essentials to pack! The group experience of seeing your safari through together on the truck is one of the really exciting and fun aspects of the trip. For some, the group experience and day-to-day life on the truck becomes a main highlight.

Often on the road you will be up early for breakfast. Lunch wherever possible you buy in local markets, and you then have opportunities to mix in with the local community and organise anything you need to including ensuring you have enough drinking water. Remember how important it is to keep up your fluid levels during the trip. Please note we cannot guarantee the provision of regular clean drinking water from the truck throughout the safari and you do need to organise your water day to day. At most campsites the truck can easily access clean drinking water and you will find the water carried on the truck is often drinkable particularly once we head south into Tanzania. Where this is not the case it is advisable to buy your own bottled water, which is readily available and most campsites now sell sealed bottled mineral water. When purchasing your water do check that the bottles are sealed.

Drive times in Africa, even in southern and eastern Africa can be difficult to predict so do be prepared for the occasional situation when the plot changes!! Getting bogged is an essential optional extra...Be prepared. And in general, be ready for some occasional long and dusty drives. These are based on ongoing and careful scheduling decisions to ensure you get to the current 'must see' places.

On the road there is always a lot to see but also too, you may like to bring some good books and an ipod to listen to your own music. The occasional long drives are deemed essential by crew to get you where you want to be in the time given.

### **Schedules and Itineraries**

When you go on safari do remember our aim at all times is to enable you to have an experience of a lifetime at an affordable price. Due to the nature of Africa - weather, politics, road conditions, lack of infrastructure, border restrictions, breakdown, sickness, etc. - it is not always possible to exactly follow departure/arrival dates and routes. The best plans can unravel and in a lot of ways that is all part of the adventure that makes your safari. Itineraries and truck schedules can be changed at any stage prior or during your safari particularly in consideration of crew needs, weather and road conditions as well as security concerns, truck servicing requirements and booking patterns. Whilst we do all we can to avoid making changes please note we do reserve the right to change vehicles and/or crew on a safari at any time without notifying passengers.

The trips are made up of components and quite often during the safari you will probably meet clients doing shorter and longer sections of your trip depending on the booking patterns for the months you are travelling.

### **Camping**

We supply large, durable three-person tents complete with ground sheet and separate waterproof flysheet, ideal for Africa's varied conditions. They also have mossie netting in-built at the doors and openings. These are used for two people only.

We also supply high-density foam roll mats.

All cooking equipment is supplied including pots and pans, gas cookers, a cool box, lighting, fire-grate, cooking bench, chairs and shelter. The truck also has a large fridge.

It is a participation trip and part of your every day routine will be to put up your own tent and be involved in all the daily chores on a daily basis including cooking and cleaning. For reasons of personal hygiene, we ask you to supply your own cup, plate and cutlery. You may wish to bring your own mosquito net as well if you think you may wish to sleep out of your tent, particularly in the hotter months. It can become warm in the tents. Please note your net needs to be large enough to tuck in under your roll mat. There is also the occasional opportunity to upgrade to dorm style chalet or simple hut accommodation with a bed if you think you might need a break from camping. This usually costs about 20 USD a night. Availability though is very limited and you need to be considerate of everyone else on the truck. Do budget accordingly though if you might wish to upgrade once or twice en route.

The facilities in the campsites we use vary a lot. In general you will find campsites that are clean, may give a little hot water, and can have working flush toilets. Be aware though that water pressure is often very weak and toilets are in the main long drop style through Kenya, Tanzania and Malawi. Please do not come on your African adventure camping safari expecting pristine bathroom facilities...

You will find we may also camp in the bush a couple of times during this trip under the African night sky. Your truck is well equipped for these opportunities but be prepared to 'rough it' a little these nights and enjoy the chance to camp out 'in the wild.'

Please remember when leaving a campsite that we do expect you to be diligent to leave places as you find them, if not better. In particular we insist that cigarette butts and toilet paper are not left behind when free camping... we are just visitors here in a continent with extraordinary challenges to face. Do be responsible as you travel.

### **Sickness**

All our trucks have a medical kit, which has been put together by tropical expedition specialists for emergency use only. The foreign embassies throughout Africa provide English-speaking doctors for emergency situations. When sickness prevails we transport you as soon as possible to the nearest health clinic and your crew will do all they can to assist. You will always have a friendly escort.

### **Meals and cooking on the truck**

Day to day meals are prepared from the truck using both the non-perishable supplies we buy in bulk prior to the safari and fresh supplies we buy as we travel. Staying fit and healthy on safari is a priority as we do keep busy and we want you to enjoy all you do. Everyone takes turns on a roster basis cooking for the group (with the assistance of an Absolute cook in East Africa), being 'assistants' to the cooks and with the clean up. The safari leader assists with menus, recipes and loads of ideas as well as being directly involved with cooking day to day as needed. She/he is available to provide support and encouragement at any time during meal preparation. Cooking together is loads of fun and all part of the group experience! The sort of meals provided day to day are spaghetti and pasta dishes, stir fries, cottage pies, kebabs, curries, stews and casseroles, hamburgers or jacket potatoes, which are then complimented with rice and/or salads. Breakfast is usually fruits, muesli and/or other cereals, toast, as well as some regular cooked breakfasts like eggs, bacon, baked beans or pancakes. We also during the trip often organise to cook a spit roast pig or goat or alternatively do a hangi, which is usually a project in itself...

There are also a few pre-arranged meals booked ahead of time so the whole group can occasionally relax in the evenings in the knowledge that someone else is doing the cooking. This frees up the itinerary so you can enjoy a little more of Africa. We also use these opportunities to enjoy a couple of traditional local meals on safari and as well arrange a seafood buffet so the group can experience seafood fresh from the Indian Ocean. The local payment also can contribute in part to the final restaurant meal together in Cape Town.

### **Specialist diets**

For vegetarians we do all possible to ensure a good supply of veggies, salads, fruits, beans, pastas and rice. The diet leans towards vegetarian day to day as fresh quality meat is not easily accessed every day, so beans, pastas, pulses, rice as well as fresh fruit and vegetables when available and in season are staples. In restaurants, when meals are ordered ahead of time vegetarian options are available with usually good supplies of fresh fruits, veggies and salads. Do be aware though how spoiled we are in the Western world with our constant supplies of fruit and veggies regardless of the season. In reality and more naturally fruit and vegetable supplies are seasonal, may not be as chemically assisted and can also be difficult to access en route. We will do all possible to ensure supplies where possible.

We can also cater for gluten-free, vegans, wheat-free and dairy-free diets, supplying soy milk, rice noodles,

gluten-free cereals etc. When booking, do remember to let us know if you have any specific dietary requests.

## **Safety and security whilst on safari**

Traveling as a group does provide you with an added level of security. Perhaps the two most important factors to always bear in mind when travelling in Africa are to be constantly vigilant as to your own and your group's health and security.

### **Personal safety**

Do be very aware of protecting your cash and valuables at all times and do not walk around flaunting valuables e.g. cameras, jewellery and money. Remember even cheap jewellery can look expensive! Day to day, layer your clothing to keep valuables inconspicuous and take clothes preferably with zip and velcro pockets.

Money Belts - The most efficient money belts are ones that go under your clothing, against your skin. If you use a bum bag please only carry small amounts of local currency in it that you are prepared to lose.

Do not leave anything unattended anywhere - including in your tent - and avoid being crushed in large crowds. Be very careful when you walk after dark; never walk alone or become separated from the group. Take taxis in cities at night and around unfamiliar areas. When taking taxis always agree on a price before setting off.

Whilst in Nairobi before the start of your safari, all valuables should be kept on your body when not in a safe. Once you join the truck, valuables can be locked safely away in a safety deposit box, which is kept hidden within the vehicle.

In Kenya confidence tricksters are particularly common. Be wary of anyone with a hard luck story, asking for assistance, soliciting sponsorship (particularly educational) or anyone offering a deal to change money at favourable rates. In particular Nairobi is known as 'Nairobbery' so please make sure you stay alert at all times.

ATMs are becoming more accessible on the route, you must also be wary of security of crimes around ATMs. Be discreet when withdrawing cash and as always be very careful with your card and cash.

### **Truck Security**

Your truck will have a lockable safe in which to keep your passport and valuables. You will also have a place to keep your day bag on the truck, which is lockable. Your backpack is stored underneath the truck. The truck is never left unattended. Do be aware on safari you will be required in certain locations to assist with watching that all is safe and secure with other passengers. Please note whilst all precautions will be taken in regards to valuables left on the vehicle we cannot be held responsible for any damage or loss from the vehicle.

Do listen carefully to all instructions regarding security issues given by your crew and local operators as we travel. Before travelling you are also advised to keep yourself informed and up to date as to the current political situation in the countries through which we travel and to check out the Foreign Office Travel Advice. If you are a British, Australian or New Zealand citizen you may like to look at: [www.fco.gov.uk](http://www.fco.gov.uk), [www.dfat.gov.au](http://www.dfat.gov.au) or [www.mfat.govt.nz](http://www.mfat.govt.nz).

Remember this is a group experience you are booking. It is a condition of booking that you follow the group leader's instructions and take responsibility for your rostered tasks. It is important that each member of the group is attentive and looks out for each member of the group's health and security. All in your group will appreciate your cooperation with this.

### **Photography**

African authorities often require that tourists do not take pictures of bridges, airports, railway stations or military installations. We are often in areas where locals are not used to being photographed and we ask you to show them every courtesy. If in doubt it is always best to ask first.

## **Trading, donating and supporting**

You may wish to consider if you want to bring items such as old T-shirts, sunglasses, cheap watches, old walkmans/discmans and mobiles to trade.

Please be aware we strongly discourage giving away 'something for nothing' from the truck, whilst we are very happy on the other hand to donate pens, books etc. to schools. Do note it is also very unwise to donate cash en route. If you wish to donate something whilst in Africa remember pens, crayons, balls, books, soap and stickers are always welcome in schools and orphanages en route. For more ideas feel free to contact us.

For projects we support check out the website or contact us.

## **Problems or issues you may have while on the tour**

Where you have any issue at all during the tour, talk to the tour leader at the very earliest as this could affect the rest of your trip. The tour leader is there to help and they can't if you don't let them know the issue. Your driver is always happy to chat as well if the tour leader isn't available.

Remember as well these are group participation trips. Group meetings are there so everyone can talk about what's happening day to day so do raise any niggles or queries at the meetings.

If you do experience a problem while you are on the tour such as feeling unwell, not getting along with a fellow traveller or if there is something that you are unhappy with in regard to the running of the tour or anything else that is bothering you or stopping you from having an enjoyable trip, please do inform your tour leader directly of the problem as a priority. They will want to know. Once they know they can take the appropriate actions to resolve the issue as quickly as possible. All and any issues will be treated with the utmost confidentiality.

Everyone at Absolute Africa works very hard to ensure our travellers have the very best of trips. Should you have a continuing problem that you feel is not being addressed effectively it is your responsibility to email or contact the office at the very earliest. Detailing your concern in writing in an email is usually the best way to explain. We will then look into this immediately to see how the problem can be resolved so you can continue to have an enjoyable tour. Further details can be seen in our Terms and Conditions (14).

## **General code of conduct**

We are ambassadors for our respective countries. How we act on safari should reflect this. An open mind, and a desire to have a positive impact, are vital attitudes to carry. A sense of humour is also an essential to pack for any safari in Africa.

We ask that each member of the group looks out for each other. These trips are about group participation and each member needs to do all he or she can to enable your group to work well together.

Day to day be sensitive and aware of how you and your group are being perceived by those around you. Be alert to where you are, sensitive when taking photos, aware of how much noise we are making, careful of how you are dressed. Everyone wants to have the best time possible in Africa and there are plenty of chances to have a trip of a lifetime. Excessive noise, obscenities and inappropriate behaviour cannot be tolerated - we need to show respect for the places we visit and the people we meet enroute. It can embarrass other members of the group and seriously upset those around us, particularly in campsites and restaurants. You will get more out of your trip if you are responsive, discrete and sensitive to the world around you.

Be particularly alert to the impact of excessive drinking as you travel. Alcohol abuse will put your health at risk, particularly in malarial zones. For safety reasons we insist that alcohol is not drunk on the trucks.

There is also a strict no smoking rule onboard the trucks, and no-smoking areas will be set up for meal times.

There are serious penalties in Africa with regard to illegal substances.

Game parks are a spectacular sight. We ask that you show respect and keep noise to a minimum. Everybody's game viewing on an ongoing basis is better served if our impact on a park is kept to a minimum. Do be attentive to all signs and instructions as to how to behave in game parks.

In a serious situation where behaviour is disruptive and/or dangerous the Safari Leader can step in and will remove you from the trip. Don't spoil your trip or someone else's trip.

We won't leave a campsite until it is entirely clean. Your enthusiasm with packing up camp to ensure all is left clean is appreciated.

## **Keeping in touch**

It can be quite difficult and also expensive staying in touch whilst you are travelling in Africa. Please let your family know that this will be the case, particularly if you are usually in touch on a regular basis. If your family needs to get in touch in an emergency, they should contact the Absolute office and we will do all we can to assist.

Email - you will be able to access email in Nairobi, Arusha, Zanzibar, Lilongwe, Lusaka, Victoria Falls, Swakopmund and Cape Town. Please note internet speed is quite often very slow so be warned!

Post - Letters from the U.K. to Africa take approximately 10 - 14 days and from Australia or New Zealand to Africa approximately 2-3 weeks. Please be aware that articles regularly go missing in the post.

If you did need to have something sent to you while travelling please contact the office as to the best destination and address to use.

Please do not have anything of value posted to Africa en route, including credit cards or prescription drugs. We would also advise against having birthday and Christmas parcels posted.

In an emergency if something needs to be got out to you, the Absolute office should be contacted for assistance.

## Language

English is understood in most East and Southern African Countries. Learning some Chichewa, Swahili and Shona will ensure a warm response from the locals.

# The Great Migration

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## The Great Migration

The migration covers over 3,000 kilometres on the combined stage of the Serengeti and Masai Mara plains. It is a constant movement of 2.5 million animals and may well be the highlight of your Classic Safari! (depending on the season) Follow the link for our chart, which will show you where you are most likely to see the migratory herds each month of the year: [www.absoluteafrica.com/The-MigrationFor](http://www.absoluteafrica.com/The-MigrationFor) for information on where you should be able to see which animal, as well as other useful facts, check out the chart on the following page

# What and where?

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With such a huge variety of wildlife to see in Africa - we have put together a quick reference guide to help you plan your safari so you know what animals might be found in game parks in each country.

## ABSOLUTE AFRICA



BIG FIVE	Group Name	Average Gestation (months)	Average Life Span (years)	Status	Diet	Distribution as at June 2010														
						Kenya	Uganda	Rwanda	Tanzania	Malawi	Zambia	Zimbabwe	Botswana	Namibia	South Africa					
Lion	pride	3.7	15	VU	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
African Elephant	herd	22	70	VU	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Cape Buffalo	herd	11	17	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Leopard	solitary	3	20	NT	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rhinoceros	crash/herd	6	35	CR	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	crash/herd	6	35	NT	H	Introduced	Reintroduced	X	X	Reintroduced										
	White	6	35	NT	H	Introduced	Reintroduced	X	X	Reintroduced										
Cheetah	coalition	3	11	VU	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Spotted Hyena	clan	4	25	LC	O	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
African Wild/Painted Dog	pack	2.5	11	EN	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Blue Wildebeest (Gnu)	herd	8.5	20	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Giraffe	herd/comps/tower	15	28	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Plains/Burchell's Zebra	herd/harem	12	28	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Oryx/Gemsbok	herd	8.5	20	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sitatunga	herd/group	7.5	19	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Greater Kudu	herd	9	7.5	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Common Eland	herd	9.2	17.5	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Impala	herd	6.5	12	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Thomson's Gazelle	herd	6	10.5	NT	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Genet	group	7	20	NT	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dik-dik	monogamous pair	6	3.5	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Warthog	sounder	5.7	15	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mountain Gorilla	group/troop	8.5	45	EN	H	X	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chimpanzee	group/community	8	50	EN	O	X	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Baboon	troop/congress	6	25	LC	O	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Golden Monkey	group/troop	5	19	EN	O	X	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Zanzibar Red Colobus Monkey	group/troop	6	20	EN	O	X	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rock Hyrax/Dassie	colony	7	12	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Banded Mongoose	group	1.7	8	LC	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Common Genet	solitary	2.5	8	LC	O	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Meerkat	mob/gang	2.5	13	LC	O	X	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hippopotamus	pod/herd	7.9	50	VU	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nile Crocodile	pod/float	3*	45	LC	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Common Bottlenose Dolphin	pod	12	20	LC	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Status: LC = Least Critical, NT = Near Threatened, VU = Vulnerable, EN = Endangered, CR = Critically Endangered DIET: C = Carnivore, H = Herbivore, O = Omnivore \* incubation not gestation

## Reading List

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For those of you who want to read before you go, here are a few suggested titles:

The Africans	David Lamb
Malaria Dreams	Stuart Stevens
Out of Africa Karen Blixen	
Letters from Africa	Karen Blixen
Venture Into The Interior	Laurens Van der Post
Gorillas in the Mist	Dian Fossey
A Good Man in Africa	William Boyd
The Grass is Singing	Doris Lessing
African Laughter	Doris Lessing
The Tree Where Man Was Born	Peter Matthiessen
African Silences	Peter Matthiessen
Cry the Beloved Country	Alan Paton
The Weather in Africa	Martha Gellhorn
The Last King of Scotland	Giles Foden
Zanzibar	Giles Foden
Mukiwa: A White Boy in Africa	Peter Godwin
Don't Let's Go To The Dogs Tonight	Alexandra Fuller
I Dreamed of Africa	Kuki Gallman
Songs to an African Sunset	Sekai Nzenza-Shand
The Scramble for Africa	Thomas Pakenham
Disgrace	J.M. Coetzee
The State of Africa	Martin Meredith
Mugabe: Power, Plunder and the	
Struggle for Zimbabwe	Martin Meredith
Blood River	Tim Butcher
The Zanzibar Chest	Aiden Hartlet
Sowing the Mustard	Yoweri Museveni
In the Footsteps of Mr Kurtz	Michela Wrong
River God and The Seven Scrolls, and other titles	Wilbur Smith
Out of Shadows	Jason Wallace
A Sunday at the Pool in Kigale	Gill Courtemanche
Africa on a Shoestring	Geoff Crowther
Healthy Travel Africa	Isabelle Young, Lonely Planet 2000

Lonely Planets, Bradts and Rough Guides are always a mine of information

A 746 Michelin map will give you a good insight into where you are travelling.

**A friendly note that conditions, prices and details change constantly in Africa and what may be appropriate and/or correct one day is not necessarily the case the next. Much time and effort goes into keeping this information as up to date as possible. At the same time do not treat this document as 'the bible' for your safari. It is a guide only to assist in steering you in the right direction.**

**If you have any queries please do not hesitate to get in touch. We are more than happy to assist.**

**Queries about your safari booking should be directed to Absolute Africa. We are available on Skype and Live Chat, or feel free to email us at our bookings office at [bookings@absoluteafrica.com](mailto:bookings@absoluteafrica.com)**

**12th August 2024**

