

# Northern Star Safari MAKE TRACKS FOR AFRICA

This information pack has been put together so that you can prepare for your overland tour. It has been developed over many years of experience overlanding. Please read it carefully.

# Departure dates for the Northern Star Safari

Depart J	ohannesburg	Finish Nairobi	Price	Local Payment
22 May	2023	23 Jun 2023	£1,895	US\$430
18 Jul	2023	19 Aug 2023	£1,895	US\$430
26 Aug	2023	27 Sep 2023	£1,895	US\$430

Countries visited: South Africa • Botswana • Zimbabwe • Zambia • Malawi • Tanzania • Kenya.

**Highlights - all departure dates:** Kruger Natonal Park • Khama Rhino Sanctuary • Chobe National Park game drive • Game cruise • Victoria Falls • Sunset cruise • Whitewater rafting on the Zambezi • Flights over the Falls • Bungee jump • Gorge Swing • Rhino trek • Painted Dog Conservation Centre • Hwange National Park • South Luangwa National Park • Lake Malawi • Horse riding • Fishing village visit and traditional dancing • The Rift Valley • Zanzibar Island • Red colobus monkey trek • Dolphin boat cruise • Prison Island and the giant tortoise • Mnemba Atoll • Snorkelling and scuba diving • Maasai boma visit • Ngorongoro Crater • Serengeti National Park.

**Safari structure:** This safari commences in Johannesburg, the "city of gold" and finishes in Nairobi. This gives you the opportunity to visit some of the big highlights of East and Southern Africa. The safaris are made up of components and on this group trip you might also meet travellers with more or less time who will travel with you for longer or for shorter sections of the route. Please feel free to contact us for further details.

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When arranging your flights we suggest that you arrive the day before your safari begins.

The tour arrives into Nairobi usually by mid afternoon on the final day. Return fights should be arranged to depart no earlier than 6pm on the final day.

At certain times of the year, flight availability can become very limited and if you delay your booking, you might have to pay a higher price. Please organise your flights as soon as you can once you decide to travel.

The usual flight arrangements for this trip are something known as 'open jaw' flghts. These allow you to fly into one destination and out of another. If searching online these are often called multi city or multi stop tickets.

Several airlines fly into Johannesburg and out of Nairobi including British Airways, Kenya Airways, KLM/Air France, Virgin, Emirates and SAA.

We can help you with a flight quote. Please feel free to call the office if you would like assistance.

A friendly reminder – When purchasing your flights, check whether your flight ticket already includes departure tax (if applicable) for the country you are flying out of at the end of your trip. If it does not, remember to keep the necessary funds aside in USD to make this payment.

# Insurance

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Your safety and enjoyment when travelling with Absolute Africa are of the utmost importance to us, which is why it is essential that you have arranged adequate travel insurance to cover your whole trip.

We are happy to introduce you to specialist insurance brokers Campbell Irvine, underwritten by AWP P&C SA The cover includes a 24-Hour Worldwide Emergency Medical Service who are expert in providing friendly and professional emergency help.

Click on the following link to the page on our website to find out more: www.absoluteafrica.com/Insurance

Do note that is a condition of booking that you have contacted your insurers to confirm that the cover you have arranged is appropriate for ALL your requirements, taking into account the remote nature of overland travel, and that any hazardous activities you may intend to undertake are fully covered, including white water rafting on grade 5 rapids, scuba diving, trekking Kilimanjaro, volunteer work, tandem sky diving and bungee jumping.

When selecting insurance carefully consider the cancellation policy, as well as cover for any valuables you might take. If you buy insurance in the UK you should check that your policy is valid if you are a non-UK resident and the provision for one-way travel if this is required.

Remember when travelling it is important to take all sensible precautions in regards to your security, safety and health, including taking precautions to avoid illness such as malaria. We advise you to make an appointment with a travel clinic as soon as possible after deciding to travel. Your travel insurance might also be affected by the relevant government's Travel Advice for the countries on your route. Do stay up to date with the latest official government Travel Advice.

# Visa requirements



Your passport needs to be valid for at least 6 months after your trip finishes. Ensure also that you have enough pages in your passport for each country you visit. As a guide then, for the Northern Star safari you will need to have a minimum of 8 blank pages (sides).

If you have dual nationality you can only use one passport for the entire trip, but bringing both passports is a wise back-up strategy. You can find more information in the different country listings on the FCO's website (www.fco.gov.uk) under 'entry requirements'. Do be aware it can be illegal to travel in Africa on two passports.

Visas for most passport holders including British, Australian, New Zealand, Irish, South African, German, French, Dutch, Canadian and American passport holders can be arranged in Africa en route for Zimbabwe, Zambia and Tanzania. **Visas for Malawi and Kenya need to be applied for online in advance for most passport holders.** 

Passport	South Africa	Zimbabwe	Zambia	Malawi	Tanzania	Kenya	No of Visas	Total Cost \$US
Australian		\$30	-	\$50	\$50	\$50	4	\$180
New Zealand		\$30	-	\$50	\$50	\$50	5	\$180
South African		-	-	-	-	-	0	\$0
Canadian		\$75	-	\$50	\$50	\$50	4	\$225
American		\$30	-	\$50	\$100	\$50	4	\$230
British		\$55	-	\$50	\$50	\$50	4	\$205
German		\$30	-	\$50	\$50	\$50	4	\$180
Dutch		\$30	-	\$50	\$50	\$50	4	\$180
Irish		\$30	-	\$50	\$100	\$50	4	\$230
French		\$30	-	\$50	\$50	\$50	4	\$180

Below is an estimation of current visa requirements and their cost:

Visas are not normally required for most passport holders entering South Africa and Botswana.

The above information covers current visa requirements for British, Australian, New Zealand, Irish, South African, German, French, Dutch, Canadian and American passport holders only. If your passport is not detailed above please do not hesitate to contact the office if you would like further details of your visa requirements.

Be aware that visa requirements can change without notice. The information above is given as a guide only. We do ask that you also check your personal current visa requirements with the relevant embassies well in advance before you travel. For more information on visas, check out www.projectvisa.com

# Pre and post safari information



The Northern Star Safari departs from Backpackers Connection in Johannesburg at 7.00 am on the

departure date.

We can reserve accommodation for you prior to departure in Johannesburg at Backpackers Connection

# **Accommodation options**

# **BACKPACKERS CONNECTION**

If you arrive in Johannesburg by the evening prior to departure we recommend you stay at Backpackers Connection, which has dorm accommodation as well as private rooms. It has a bar/pub and a self-catering kitchen, a TV lounge and a swimming pool. It is located on a large property 8km from the airport terminal, safely tucked away on the outskirts of the city centre, close to restaurants, pubs, markets, shopping malls and other amenities.

Rooms available are:	
Dorm	200 Rand per person
Twin Safari Classic Tent (own shower)	350 Rand per room
Twin/Double Room (shared bathroom)	450 Rand per room
Twin/Double Room (en-suite bathroom)	550 Rand per room

Airport pick up is 130 ZAR per person.

The exchange rate at time of writing is approx 1 USD = 18 ZAR (March 2023)

If you arrive early there is a lot to do in and around Johannesburg and further afield:

#### Garden Route

We also run an Add-On Safari along the Garden Route from Cape Town to Johannesburg, visiting all the main highlights including white shark dives, the bungee, Cango Caves, an ostrich farm, Lesotho and the Drakensbergs. Details can be found @ www.absoluteafrica.com/summary.lasso?trip\_code=GR16. For those already booked on the Northern Star we offer a special price for this add on safari, £1380.00. Limited places available so do contact us for further details.

#### Soweto Township half day tour

Visit South Africa's most famous township, for insights into a place much mentioned in 1980s news bulletins for funerals and fighting, but into a way of life most Westerners rarely encounter. Price approx £42pp(R800)

### Lion Park Half Day Tour

Established as a breeding unit, the Lion Park now boasts over 45 lions in four prides. These lions are bred for return to the wild or sold to zoos throughout the world. The Lion Park also has a very rare white male lion, which can be viewed on the drive through the enclosures. As well as the majestic lions, you have the opportunity to see other game such as zebra, wildebeest, springbok, ostrich and much more. Price approx £95 pp / £63 pp sharing (R1800 / R1200)

### **Ultimate Johannesburg Tour**

Visit the top of the highest building in the continent – for a splendid view of the city. Tour Constitution Hill – formerly the site for prisons and courts, now an area of museums and history. Look around the Apartheid Museum. Head to Soweto and visit Visit the Hector Pieterson Museum, Mandela House (optional) and the Regina Mundi Church . Price approx £63pp (R1200)

### Apartheid Museum (closed Mondays)

Price approx £6pp (R95) Entrance only. Taxi transfer required.

### **Pilanesberg National Park**

Right next door to Sun City, see the 'Big Five' in their natural habitat in one of South Africa's most beautiful Game Parks. Situated on a volcano, Pilanesberg was initially a farm, but its unique eco-system made it perfect for a game park. In 1976 animals were brought in from all over Southern Africa, and the effect has been stupendous. See it for yourself! Price approx £137pp (R2595)

### Lesedi Cultural Village Half Day Tour

The Lesedi Cultural Village gives you the unique opportunity of experiencing four African Cultures in one place – Xhosa, Zulu, Pedi and Sotho. Starting with an interactive video covering the history of each of the tribes, you are then taken on a tour of the four villages; the guide will explain why each one is built

differently according to customs and climate. Experience and participate in the singing and dancing, from traditional times through to the mining era. Then enjoy a sumptuous buffet meal of Tribal Food and game meats, before returning to Jo'burg. Price approx £105pp / £74pp sharing (R1995 / R1400)

# Cradle of Humankind Half Day Tour

Visit the Sterkfontein caves, a world heritage site to learn some of the most important discoveries concerning the evolution of mankind. Visit the Maropeng visitor's centre - an exciting, world-class exhibition, focusing on the development of humans and our ancestors over the past few million years. Maropeng means "returning to the place of origin" in Setswana, the main indigenous language in this area of South Africa. Our ancestors have lived in this area for more than 3-million years. Price approx £105pp / £74 pp sharing (R1995 / R1400)

### **Departing Johannesburg**

On the departure date, we will leave from Backpackers Connection, Johannesburg at 7.00 am.

The crew will organise a meeting on Day One to go through all the basics you need to know about your safari, including health, hygiene, security and safety procedures. Please ensure you read the relevant sections in this dossier carefully. The crew will also collect the local payment, organise rosters and tent partners, show you how to put up your tent, and answer any questions you may have. There will probably be many aspects of going on an overland camping safari in Africa that will be very new for you, so do listen carefully.

Your crew are there to do all they can to help. Please feel free to discuss any matter with them. Do remember you are on a group trip and it is as valuable to listen to other people's ideas, as it is to contribute your own.

Your crew have been trained and do know your route. They will facilitate group discussions and will advise to the best of their abilities.

# Important pre-safari details

Please return your form including your hotel and transfer needs to the office 10 weeks before departure. If you will not be able to make it to Johannesburg for the afternoon prior to departure please contact us as soon as possible.

In the event of any last-minute delays or problems there are emergency contact numbers for the Absolute Office on your Booking Voucher. For out of hours service in an emergency, for example if you need to rearrange taxi and accommodation requests at the last minute, please use these contact details, and NOT the main Absolute Africa phone number.

### Flight departure

Check in as early as possible prior to your departure time: your flight ticket will indicate how early you should check in. When checking in you may need to show your Booking Voucher to demonstrate that you will be leaving South Africa on safari. Please remember to carry this with your personal documents.

### Arriving in O.R. Tambo International Airport, Johannesburg

At the airport, the signs are in English and there is also a bank open for international arrivals.

The international airport in Johannesburg is situated approx 8 km from Backpackers Connection. If you would like the Absolute Office to order a taxi for you ahead of time so that there is someone waiting for you at the airport, do let us know using the previously mentioned form.

You should change up enough money into South African Rand for what you need until you meet the truck or can next get to a bank. Do remember you need to pay for any meals you will have before the trip starts, including breakfast for the morning of the departure, as well as any accommodation and transfers prior to departure.

# At the end of your safari

The Northern Star safari finishes in Nairobi, Kenya, the early shuttle usually arriving into Nairobi by early afternoon on the last day.

You can get dropped at the airport or in town at the Heron Hotel or the termination point at Silver Springs Hotel. From Silver Springs you can take a taxi to any other point in the city.

If you are spending time in Nairobi we can assist with booking accommodation for you as well as day excursions in Nairobi.

If staying at Wildebeest Eco Lodge, you should budget approx. 20 USD for a taxi from Silver Springs.

# THE HERON PORTICO HOTEL

Rooms have en suite and room service is available. There is an e-mail cafe as well as a swimming pool and a restaurant. The restaurant is open from 7.00 am for breakfast. There are also individual electronic safety deposit boxes in every room and this is inclusive in the price.

Prices for The Heron Portico Hotel are:

110 USD for a single en-suite room including breakfast (10,995 Kenyan shillings - KSH))

135 USD for a double en suite room or twin share en suite room including breakfast. (13,495 KSH)

The Heron is payable on arrival in Kenyan shillings or by credit card (Visa and MasterCard).

When checking in to The Heron, please inform reception that you are staying with Absolute Africa. Cancellation penalties apply for 'no show'. Cancellation penalties apply for 'no show' unless 24 hours notice is given.

Alternatively Wildebeest Eco Camp offers slightly cheaper accommodation.

#### WILDEBEEST ECO CAMP

Wildebeest is a permanent-tented camp with dorms, budget rooms and safari tents with en suite, based in peaceful gardens. Prices include a simple breakfast.

Wildebeest is payable in KSH, Euros or USD, or by credit card. Card payments attract a 5% charge.

The camp has a restaurant, bar, internet and lockers in the dorms. Breakfast is served from 7.00am. Showers are usually hot.

Prices for the Wildebeest Camp are:

Dorm	32 USD (3,500 KES)
Single Garden Tent	50 USD (5,500 KES)
Double Garden Tent	77 USD (8,500 KES)
Single Cottage Room	77 USD (8,500 KES)
Double Cottage Room	110 USD (12,000 KES)
Single En-suite GardenTent	95 USD (10.500 KES)
Double En-suite Garden Tent	118 USD (13,000 KES)

All prices are inclusive of breakfast.

Wildebeest Eco Camp require 30 days notice to cancel a booking. All bookings cancelled within one month of arrival will be subject to a 100% cancellation fee.

# Please note that all prices quoted in $\pounds$ 's are an approximation. Prices can vary depending on the exchange rate on the day.

# Other options to consider with your overland safari

#### **Climb Kilimanjaro**

We offer a variety of Kilimanjaro Treks to trek to the 'roof of Africa', Kilimanjaro, along the most popular and the more obscure routes using experienced local guides. For further details please contact us. Kilimanjaro is a short journey from Arusha, our last campsite on the trip before travelling up to finish in Nairobi.

#### **Beach Stays on the Kenyan Coast**

Leave a few days at the end of your safari to unwind on the white beaches of the Kenyan coast. Prices from U\$22 pppn for stays in simple beach tree huts. Please contact us for further details.

### Nairobi Trip: Sheldrick's and Giraffe Park

This trip visits the Sheldrick's Elephant Orphanage and the Giraffe Park, to see some of the fantastic work being done for animal welfare on conservation in Kenya. Price: from £50/person

# Health and immunisation



Prior to departure it is essential that you contact a specialist travel medical clinic such as Nomads Traveller Store and Medical Centre in London or a similar professional travel medical company to get the latest recommendations for travel in Africa.

You will need to have the required immunisations and start a course of anti-malarials prior to departure for this trip. Travelling to Africa will expose you to diseases and health hazards that you may not have come across before, such as malaria and waterborne parasites including bilharzia. You must consult a medical professional who specialises in travel medicine before you depart to discuss where you will be travelling in regard to the above, your immunisation schedule and any other requirements. Remember to start your vaccination program in good time, so that it is completed before you go. About six weeks is usually adequate, depending on how up to date you currently are.

Ensure you are well informed about any health concerns en route so you can stay fit and healthy to relax and enjoy your trip. The Lonely Planet publishes a medical travel guide for the region which may be of interest called "Healthy Travel Africa".

You may also like to check out the following websites: www.fitfortravel.nhs.uk www.dh.gov.uk

# Suggested travel clinics in the United Kingdom

Nomad Travel Stores and Clinics Tel: 01341 555 061

- Wellington Terrace, 3 Turnpike Ln, Wood Green, London N8 0PX,
- Beatty House, 1 Admirals Way, Canary Wharf, London E14 9UF, UK
- 11 S Molton St, Mayfair, London W1K 5QP, UK
- 65 London Wall, London, EC2M 5TU
- 52 Grosvenor Gardens, London, SW1W 0AU

There are also Nomad clinics in Bath, Birmingham, Bristol, Cardiff and Manchester.

Visit www.nomadtravel.co.uk for further information.

If travelling from Australia, Fiji, New Zealand, South Africa or destinations in Asia we recommend you contact Travel Doctor/TMVC. Their websites are at:

www.traveldoctor.com.au/ www.traveldoctor.co.nz www.traveldoctor.co.za

There are travel clinics in many of the big centres in Australia, New Zealand and South Africa, as well as in Thailand, Singapore, Hanoi, Bali and Nadi.

# Suggested Immunisation Requirements (This is only a guide!)

The immunisations usually suggested for this safari are:

- Yellow fever Vaccination must not be left any later than 10 days prior to departure and you must be able to show proof i.e. carry your certificate of vaccination with you.
- Typhoid
- Polio
- Tetanus
- Hepatitis A (three months)
- Meningitis
- Diphtheria
- Tuberculosis
- Other Suggested Immunisations Hepatitis B, rabies.

It is essential to take a course of anti-malarials. It is best to discuss the type of anti-malarial medication you should take with a travel clinic such as Nomad. They will have the latest information on which medication is most effective in the countries through which you will be travelling. They can also advise on possible side effects and which drug might best suit you. Do follow all medical advice given with your prescribed medication. Do be aware that some anti-malarials can have negative side effects and also that your choice of drug needs to be appropriate to protect against strains of malaria specific to the regions in Africa through which you are travelling.

The choices usually suggested are: Larium, taken x 1 a week Doxycycline, taken x 1 a day Malarone, taken x 1 a day

Do think about how to set up a reminder system for yourself so you remember to take your medication. If you are taking a daily medication as an anti-malarial, do remember also to carry it with you on the plane in your hand luggage.

As well as your anti-malarials, you will need to bring a number of other medical items in a simple Personal Medical Kit. Medical kits can usually be bought at travel clinics. Alternatively lists as to the types of items you are advised to carry can be found in the "What do I need to bring?" section on page 18.

# General information on avoiding malaria

The best way to avoid malaria is to guard against being bitten by mosquitoes and stick strictly to your chosen medication regime. To protect yourself from being bitten:

- Cover exposed skin thoroughly in insect repellent, such as DEET, from dusk to dawn, and reapply it regularly.
- Ensure you carry enough DEET with you to Africa. It is not easy to get hold of mosquito repellent once on the road.
- Wear long sleeved and long legged lightweight clothing in light colours as well as socks.
- Always sleep under a mosquito net or in a secure tent with all zips zipped up.
- Wear impregnated wrist and ankle bands.
- You may wish to treat clothing with permethrin

Do be aware also your insurance cover may well assume you are on a recognised course of anti-malarials. If you don't take a recognised anti-malarial, it may affect your cover.

### Other medical issues

You are reminded that the incidence of HIV AIDS is very high in the countries through which we travel. Sexual contact and dirty needles are the main ways that the disease is spread. Do take all necessary precautions. Use condoms. If you have to have any kind of injection, do ensure that the needle is unwrapped in front of you.

You are advised also that the waterborne bilharzia parasite is present in many bodies of fresh water in Africa including sections of Lake Malawi. Bilharzia can be serious. Once diagnosed it is treatable but of course it is best to avoid getting infected. We recommend that, on your return home, you have a medical check-up, including a blood test particularly to check for bilharzia.

Please ensure you contact a travel health clinic prior to departure for the most recent professional medical advice. The above is given as a broad guide only.

Remember it is a condition of booking that you let us know upon booking or at the earliest opportunity if you have any medical conditions, and particularly if you are on regular medication.

It is wise to know your blood group particularly when travelling in the Third World. As this is the case, as a precaution on day 1 your crew will ask for your blood type can you please have this information available for them.

# Northern Star itinerary



### Days 1 - 3: Johannesburg, South Africa, to Kruger National Park

Leaving Backpackers Connection in Johannesburg we head northeast to South Africa's most prized game reserve, Kruger National Park.

We have a full day of game drives to explore in the park for our first experience of Africa's fabulous wild animals. One of Africa's largest parks, Kruger is home to 147 mammals including the Big 5 – elephant, rhino, buffalo, leopard and lion. There is also a tremendous diversity of reptiles and bird life in the park with 502 recorded bird species including vultures, eagles, carmine bee- eaters, rollers and storks.

We also visit Blyde River Canyon, the third largest canyon in the world with its spectacular viewpoints including the Three Rondavels and God's Window.

Distance: 570 kms Est. Drive Time: 11 hours incl. stops for lunch & shopping Meals: X2 Breakfasts, X3 Dinners

Included wildlife activity: Full day of game drives, Kruger National Park Vehicle used for game drive: Overland truck

#### Days 4 – 5: Kruger National Park to Khama Rhino Sanctuary, Botswana

Over two days we make our way to our next highlight in the second country of our trip, Botswana. We arrive at Khama Rhino Sanctuary on day five.

Based in the Kalahari Sandveld, the sanctuary was set up in 1992 to restore the area's depleted wildlife. It is now home to black and white rhino as well as 30 other animal species and over 230 bird species. Here you can opt for a rhino trek and night drives are also available.

Distance over two days: 739 kms Est. Drive Time, Day 4: +/- 10 hours (depending on the border) incl. stops for lunch & shopping Est. Drive Time, Day 5: 2 hours Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: Entry to Khama Rhino Sanctuary

Optional Excursions: Rhino trek, night game drive

#### Days 6 - 7: Khama Rhino Sanctuary to Chobe National Park, Kasane

The following day we continue our journey north to Nata, travelling on the edge of the Makgadikgadi Pans. We stop for a night in Nata before continuing to the town of Kasane for shopping and then onto our campsite on the banks of the Chobe River.

Distance over two days: 700 kms Est. Drive Time, Day 6: 7 - 8 hours incl. lunch stop Est. Drive Time, Day 7: 5 - 6 hours Meals: X2 Breakfasts, X2 Dinners

#### Day 8: Chobe National Park, Kasane

We are in for another special treat with a visit at Chobe National Park today, another of Africa's special game parks.

Here we take an afternoon cruise on the Chobe River to give us a rich insight into Africa's pristine wilderness. Chobe is famous for its elephant population believed to be up to an estimated 120,000 elephants. During the cruise elephant can be seen "messing about" in the water as only elephant can do, both in and by the river. There is an excellent chance of also seeing hippo and crocodile and thirsty game

such as giraffe, zebra, waterbuck and impala come to the river bank to drink.

Time is also set aside for the option of an early morning game drive to travel deep into Chobe to maximize your chances of getting the most from this beautiful game park. Chobe also has a large lion population, a migrating zebra population, large herds of buffalo, and leopards might be seen here.

Distance: 0 kms Est. Drive Time: 0 hours Meals: X1 Breakfast, X1 Dinner

Included wildlife activity: Game cruise on the Chobe River, Chobe National Park Conducted in open cruise vessel

Optional excursion: Morning game drive, Chobe National Park

### Day 9: Hwange National Park, Zimbabwe

Leaving Botswana behind we head to our next big highlight – Hwange National Park, the largest game reserve in Zimbabwe. We head out on an afternoon game drive with an expert professional guide. There is also the option of an extra game drives, including evening game drives if you wish to see a little more.

Hwange is known for its elephant and hyena population and also boasts many wildlife favourites, including wild or "painted" dogs. A visit to the Painted Dog Conservation Centre based at the park is also arranged during our visit. The painted dog, or African wild dog, recognisable by its mickey mouse ears, is very rare and is in danger of extinction.

Distance: 260 kms Est. Drive Time: +/- 7 hours (depending on the border) Meals: X1 Breakfast, X1 Dinner

Included wildlife activity: Game drives in Hwange National Park Vehicle used for game drive: Open 4x4 safari vehicle

Optional excursion: Extra game drive, Hwange National Park.

### Days 10 - 12: Hwange National Park to Victoria Falls

Today we head to Victoria Falls town, set right by the mighty waterfalls. The Victoria Falls are one of the wonders of the natural world. The spray from the crashing water can be seen rising into the air from miles around and they are aptly called locally Mosi oa Tunya, 'the smoke which thunders'. This popular, vibrant town offers a wide range of activities based on both the upper and lower Zambezi River, from canoeing and cruises to white water rafting, and other adrenalin activities such as the bungee jump and gorge swing - an adrenaline junky's paradise! The craft markets in town offer our first major chance to practice your haggling skills for some souvenirs or gifts.

Distance, Day 10: 195 kms Est. Drive Time, Day 10: 5.5 hours incl. a stop for lunch Meals: X1 Breakfast, X1 Dinner

*Optional excursions:* White water rafting, river boarding, bungee jumping, gorge swing, rap jump, 'Flight of the Angels', canoe trips, horse riding, sundowner cruise.

### Day 13: Victoria Falls to Lusaka

Crossing into Zambia, we head to the capital city of Lusaka. Here we have a chance to stop to catch up on emails, get to the bank and stock up on supplies in the supermarket.

Distance: 625 kms Est. Drive Time: +/- 9 hours (depending on the border) Meals: X1 Breakfast, X1 Dinner

### Days 14 - 17: Lusaka to South Luangwa National Park

We now head towards one of Zambia's treasures – South Luangwa National Park, our fourth national park. On the way we stop off at a local textile shop to sample the wares and perhaps pick up a special piece, the special textile products showcasing a mix of traditional African art with contemporary design.

A fabulous amount of game concentrates around the Luangwa River and sightings regularly include elephant, hippo, giraffe, baboons and monkey to name just a few. This park too boasts strong lion and leopard populations.

A special feature of South Luangwa is the opportunity for an evening game drive with spotlights to see nocturnal wildlife such as leopard, bushbabies and genet whose stealth makes them a rare treat to spot. Travelling to such a remote destination this is also a wonderful chance to experience rural Zambia. A game of football with the local kids is always fun. There can be elephants through the campsite at night here as well.

Distance over two days: 560 kms Est. Drive Time, Day 14: +/- 6 hours Est. Drive Time, Day 15: +/- 6 hours incl. a stop for lunch and shopping Meals: X4 Breakfasts, X4 Dinners

Included wildlife activity: Game drive, South Luangwa National Park Vehicle used for game drive: Open 4x4 safari vehicle

Optional excursion: Evening game drive, South Luangwa National Park

### Days 18 - 19: South Luangwa National Park to Kande, Malawi

Leaving Luangwa behind we travel to Malawi, heading for Kande beach to enjoy some down time by beautiful lake Malawi. The long strip of soft white sand is perfect for sunbathing and volleyball, and the campsite has a lively bar. Trips on the lake can be arranged for fishing, snorkeling and diving.

Horse riding is also popular. The riding trail leads through local forest and traditional villages before finishing on the beach from where the horses happily head into the lake allowing us the pleasure of a swim ride. Village visits can be arranged to nearby Tonga village too.

Distance, Day 18: 600 kms Est. Drive Time, Day 18: +/- 11 hours depending on the border and incl. stops for shopping and lunch Meals: X2 Breakfasts, X2 Dinners

*Optional excursions:* Water sports, including snorkeling and scuba diving, canoeing and pedalo hire, horse riding, village walk.

#### Day 20: Kande to Chitimba

We have one more next beach stop at Chitimba for more swimming, snorkeling, volleyball. Here we can walk to the local village too, whose income and livelihood is centered around the lake, like so many other villages in the area.

You can also browse the markets, Malawi being well known for its wooden crafts, from the massive Malawi chairs and tall wooden giraffes to intricately carved chess boards and globes.

Distance: 235 kms Est. Drive Time: +/- 5 hours Meals: X1 Breakfast, X1 Dinner

### Day 21: Chitimba to Iringa, Tanzania

Leaving Malawi behind, we cross the border into our sixth country, Tanzania.

Our journey takes us through the mountainous terrain of the southern end of the 40 million-year-old Great Rift Valley, a geological phenomena that stretches over 4,000 miles from the Middle East to Mozambique. We are at altitude tonight at a farmhouse camp. A hot chocolate with a brownie are a popular treat to keep us warm this evening.

Distance: 498 kms Est. Drive Time: 11 hours (depending on the border & incl. lunch stop) Meals: X1 Breakfast, X1 Dinner

### Day 22: Iringa to Morogoro

Today we travel through Baobab Valley, past the Ruaha River and through Mikumi National Park where we regularly see giraffe, elephant, zebra and impala. We camp here for the night.

Distance: 188 kms Est. Drive Time: 4 - 5 hours Meals: X1 Breakfast, X1 Dinner

### Day 23: Morogoro to Dar es Salaam

Dar es Salaam, the largest city in Tanzania, is known as the 'city of peace'. It is also the gateway over to Zanzibar Island. The wind whispers in the coconut palms as the waters lap the white sands at our camp tonight, and we get ready for our optional trip to Zanzibar.

Distance: 321 kms Est. Drive Time: approx. 10 hours incl. stop for lunch Meals: X1 Breakfast, X1 Dinner

# Days 24 – 27: Optional stay on Zanzibar Island

This morning there is the option to head to the busy ferry port for the ferry crossing to Stone Town, the ancient capital of Zanzibar. The tour leader travels over to the island with the group to ensure that all runs smoothly during the island stay, and the core arrangements are booked well ahead of time so we are assured our groups will be comfortable in popular beach cottages on the island, as well as a lodge in Stone Town.

On arrival we make our way through the winding alleys and can check out the exquisitely carved doors. We enjoy lunch at a local cafe. We then head up the beach.

Pristine white sand and turquoise seas offer a postcard perfect view from the bar at our beach bungalows. Massages, manicures, pedicures, henna tattoos and more are available on the beach, while the dive centre next to the bar has a wide variety of boats trips and dive trips and courses, both scuba and snorkeling including to the coral waters of Mnemba Atoll. Trips too can be arranged to Prison Island. There is a small isolated group of the rare giant Aldabra tortoise here too which can be viewed. This group are separate from the main population of giant tortoise which are found on Aldabra Atoll in the Seychelles.

Otherwise take a guided walk through the mangroves on the walkways in Jozani Forest, which is home to the rare red colobus monkey.

A spice tour is arranged during our stay too to provide some background history to this fascinating island.

Distance: 0 kms Est. Drive Time: 0 hours Meals, Day 24: X1 Breakfast

### Days 28 - 29: Zanzibar Island to Arusha

We catch the ferry back to Dar, before staying the night in the historic seaside town of Bagamoyo north of Dar es Salaam. Bagamoyo was founded at the end of the 18th century. Half a century later it was one of the most important settlements along the East African coast trading in slaves, ivory, copra and salt. Dawn sees us on the road to travel north, and then inland. Our drive takes us through lush surrounds and passes the stunning Usambara mountain range as we make our way towards the bustling town of Arusha.

On a lucky day snow-clad Kilimanjaro might come into view towards the end of the day. At 5,895 metres it is Africa's highest mountain.

Distance over two days: 665 kms Est. Drive Time, Day 28: 2 hours Est. Drive Time, Day 29: 11 - 12 hours Meals: X2 Breakfasts, X2 Dinners

# Days 30 – 32: Arusha to Central Serengeti National Park

Rising early most in the group choose to head to the vast savannah plains of the Serengeti on our final game safari visiting both the Serengeti and Ngorongoro Crater over three days - the fabulous final wildlife treat of the tour. Across these two parks – the Serengeti and Ngorongoro Crater - wildlife viewing is regularly exceptional. Big cats and other predators always capture the imagination and regularly blond maned lions can be found nonchalantly lazing on the rocky outcrops or lolling in the shade. With a little luck cheetahs can be found pacing the open grasslands and leopards can be located resting up in the buffalo thorns and sausage trees that line the Seronera River of the Serengeti. Spotted hyenas, bat-eared foxes and jackals also roam both parks.

The Serengeti is a continuation of the same ecosystem across which the spectacular wildebeest migration travels, the vast herds moving seasonally between here and Kenya's Masai Mara. A balloon safari can also be arranged for the Serengeti.

The three day safari also includes game drives on the floor of the ancient caldera, Ngorongoro, for the chance to see more wildlife. Ngorongoro is a perfectly intact volcanic caldera and the world's largest extinct volcano. Descending onto the Crater floor we find a garden of Eden full of all the wildlife for which Africa is famous - rhino, hippo, lion, elephant, hyena, buffalo, zebra, impala, ostrich, flamingo, and many, many more.

We spend one night camping in the middle of the Serengeti, with just the canvas of your tent between you and the vast plains that stretch out around us in all directions, and one night camped on the rim above the Ngorongoro Crater.

En route between the Serengeti and the Ngorongoro we can arrange to pay a visit to a Maasai boma and, time permitting, the Olduvai Gorge Museum. There may also be time for some market shopping on our way out of the parks.

If you don't head out on this set of safaris you can spend time in the extensive Maasai Cultural Centre and Museum, and if you are up for it visit the Snake Park which has a large collection of reptiles as well as a Maasai display.

Arusha also has busy markets, a shopping mall, coffee shops and internet. A camel safari can also be arranged to visit a Maasai village.

The campsite where we are based has a comfortable entertainment area.

Back in Arusha in the evening of day 32, we all enjoy a group barbecue to celebrate.

Distance: 0 kms Est. Drive Time: 0 hours Meals Day 30: X1 Breakfast Meals Day 31: none Meals Day 32: X1 Dinner

*Optional excursions* for Days 30 to 32: Overnight excursion for game drives in Ngorongoro Crater, Three day/two night safari with game drives in both the Serengeti and Ngorongoro Crater in pop up roof 4x4 land cruisers (incl. X2 dinners, X3 lunches, X2 breakfasts), Balloon safari, Maasai boma visit, Olduvai Gorge Museum (Please note this visit is dependent on road conditions and time constraints. We also require advance notice prior to the tour departure).

### Day 33: Arusha to Nairobi, Kenya

This morning you are transferred on to the shuttle for the journey from Arusha to Nairobi, Kenya's capital city. The shuttle will drop you in town or alternatively at Jomo Kenyatta, Nairobi's international airport. Overnight accommodation and transfers can be arranged in Nairobi. The following morning we can also

assist with a morning excursion in Nairobi to visit two special reserves, Sheldrick's Elephant Orphanage and the Giraffe Park.

Distance: 278 km Est. Drive Time: 6.5 hours including border crossing Meals: X1 Breakfast

Please note safari itineraries are given as a guide only. A safari is a journey and true journeys in Africa unfold and are of an adventurous nature, the unexpected can arise, so do allow for this.





Back to

# Zanzibar Island

As part of your safari we offer the option to go over to exotic Zanzibar Island for a 4-night stay in bed and breakfast accommodation, one night in a lodge in the traditional ancient capital, Stone Town, then three nights on the beach in beach bungalows to the north of the island. We also organise a spice tour which provides a fun and fascinating glimpse of the history of the island, visiting the ruins of the Maharubi palace and plantations where exclusive fruits and spices are grown, the island's history being based around the spice trade. Otherwise the time on the Island is yours to relax, enjoy the beach, warm waters, and fresh seafood. There is a scuba diving centre beside the bungalows and snorkeling is also easily arranged from here.

Accommodation and other arrangements on Zanzibar Island can book out. We have found it best, over many years of overlanding, to prearrange bookings well ahead of time to avoid disappointment and ensure all runs smoothly. If you would like to travel over to the island and stay together with your group and safari leader, these arrangements can be paid for before departure. Paying for these arrangements ahead of time also reduces the amount of cash you need to carry with you to Africa and particularly over to Zanzibar, which is a significant advantage. Most join in with these arrangements on the island, opting for shared accommodation in doubles or triples. Singles are also available, for which there is a supplement.

# Money and budgeting

# When costing an overland safari the areas you need to consider are:

Before you go...

- 1. Your price
- 2. Your airfare
- 3. Immunisation and anti-malarials
- 4. Zanzibar Island stay
- 5. Insurance
- 6. Equipment

# Step off the plane in Africa with...

- 7. Spending money This is very individual and often depends on how much you drink, shop and wish to upgrade. A suggested budget would be 660 800 USD
- 8. Local Payment 430 USD
- 9. Optional excursions A traveller who wishes to do most optionals on the trip will spend an average of between 150 1,000 USD
- Visas Up to 305 USD depending on nationality Purchasing visas in Africa in US dollars for the above passports is currently cheaper than buying ahead of time.
- 11. Pre and post safari costs

Please note: You need to carry money with you out to Africa to cover Items 7 to 11 (i.e. for your spending

money, local payment, optionals, visas and pre and post safari costs). The figures above are conservative estimates for average spending per person on safari. There is a lot of variation in how much spending money individuals need as it is dictated by personal choice, as is your budget for optional activities.

We have no control over local operators' charges and new or other options that become available after our date of printing. Nor can we control exchange rate fluctuations, which can impact on budgets as some items are only payable in USD or are cheaper when purchased in USD. USD often tends to be the preferred currency. Figures quoted are based on regular information we receive from operators, passengers and crew in the past 12 months. You are advised that prices do go up and down very regularly. Our aim is to keep you informed of the most recent prices. In general you will often find that whilst some prices are underestimated at other times they are overestimated.

# How do I take this money to Africa?

We strongly recommend that you organise the money you want to take to Africa before you leave for your trip. Clients are currently organising their cash for their safari as follows::

# USD cash

We are finding that clients find it most convenient to take between approximately 1,800 - 2,000 USD cash on this trip. This includes money for your local payment, visa payments, some optionals and occasionally to buy local currency when you can't get to a bank or forex bureau, assuming you are also carrying some sterling or euro cash to use for purchasing local currency for spending money as well.

Please note that USD notes need to be dated 2008 or later and be in good condition. When arranging you USD cash, a range of denominations is probably the most convenient including 5 USD and 10 USD notes as well as 20s, 50s and 100s.

# Pounds Sterling and Euro cash

You may also like to carry up to 250 GBP/EUR cash as well if your money is currently in sterling or euro. This can be useful to buy local currency when you can get to a bank or regular forex bureau. If you are not in sterling or euro consider carrying more USD cash.

When arranging your cash remember small denominations can be useful but the larger denominations will give a better exchange rate. You should also request that your notes are not torn, written on or damaged in any way.

Sterling and euro are best carried as 20s and 50s to be used to buy local currency when you can get to a bank or forex bureau. Please note also that Scottish pound notes are not accepted.

When you arrive in Johannesburg, you should change up enough money into Rand to cover all your personal needs such as accommodation, transfers and meals including breakfast for the first day before you meet the truck. Please note breakfast is not provided on the first day of the safari. We would strongly recommend you change up 70 GBP/EUR at Johannesburg airport when you arrive if your money is currently in sterling. Otherwise change the equivalent in USD.

When you land in Johannesburg there is a bank open for international arrivals.

Cash is carried at your own discretion and should be organised before you leave for South Africa.

### ATM access and Paying by Card

Note that it will be possible to access ATMs en route if you have a debit (Maestro) card or credit card (Visa and master card).

Do be aware where ATM access is available you can usually only draw local currency which cannot be used for all your costs. Many of your costs such as the local payment, visas and some of the optionals can only be paid in USD cash. Please note as well that Visa is the preferred card to use for payments.

Travel cards and cash passports are not well known and not widely accepted so not recommended to bring.

Do note that ATMs are not always reliable as they can be out of money, broken or the power could be out so do not solely rely on ATMs.

In Victoria Falls a lot of the optionals can also be paid for by card. Note there might be charges for this.

# Other things to note in regards to organising your money for Africa

It is not often possible to obtain many of the relevant African currencies prior to going, and where it is possible the rate is usually poor.

Your crew will let you know where is best to change up into local currency as you enter each country. It is best not to organise any local currencies prior to arriving.

For your information the currencies you will meet are: South Africa – South African rand Botswana – Botswana Pula Zimbabwe – US dollars Zambia - Zambian kwacha Malawi- Malawi kwacha Tanzania -Tanzanian shillings Kenya – Kenyan shillings

Your crew can advise you as to what you will need, where exchanges/banks are available etc. as you travel. You will need to consider as you travel what optionals you will wish to do as well as how much you'll require for your personal needs.

This trip is structured so that most of your costs are 'pay as you go' via the local payment, some optionals and your spending money. This allows you to control your budget and only pay for those things you wish to do. Overland trips have been costed this way for many years and for the following reasons: prices for some optionals can vary a lot month to month; some optionals are quite seasonal, such as specific game parks and whitewater rafting; different clients like to do different options; banking in Africa is quite difficult. By doing it in this way, you also know that your money is regularly going directly to local operators in Africa. Do remember also to carry what you need for before and after the safari on top of the above budget.

# What we cover from the price and local payment?

### GAME DRIVES IN SIX OF AFRICA'S BIG GAME PARKS AS WELL AS OTHER WILDLIFE RESERVES AND HIGHLIGHTS Incl.

- Kruger National Park (entry & game drives)
- Chobe National Park (entry & game cruise)
- South Luangwa National Park (entry & game drive)
- Hwange National Park (entry & game drive)
- Mikumi National Park
- Khama Rhino Sanctuary
- Painted Dog Conservancy
- Lake Malawi

# WE ALSO INCLUDE

- A fully equipped and dieseled expedition truck/vehicle including all camping and cooking gear, a fridge, gas cooker, tents, sleeping mats etc.
- · Services of a driver and safari leader
- The ongoing advice and back up from The Absolute Team
- All road tolls and taxes are paid
- Breakfast (x24) & dinner (x23) whilst travelling on the truck including some pre-prepared bbqs and local meals
- 26 nights camping whilst with the truck

# WHAT'S NOT INCLUDED

- Flights including taxes
- Optional excursions as listed
- Pre and post tour Add Ons as well as airport transfers and accommodation
- Lunch and drinks throughout except where detailed in the inclusions, and breakfast and dinner when the truck is parked up at Victoria Falls, Dar es Salaam and Arusha.
- Other incidentals including for tips, internet use, upgrades from camping and the occasional cheap excursion such as local walks
- Visas
- Extra equipment including sleeping bag, torch and medical kit

- Personal travel insurance
- Vaccinations and anti malarials as required

# **Personal Spending Money**

This amount is individual and variations in budgets depend largely on how much you spend on souvenirs and drink, as well as on lunch and snacks. It is a regularly updated weekly average that has been provided by the crew and recent clients.

The spending money is also calculated to cover those times when you don't eat and sleep on the truck whilst on Zanzibar Island. You may also need to spend on personal costs such as email, toiletries etc. It is a regularly updated average that has been provided by the crew and recent clients. Some weeks you will spend more and other weeks less. The current recommendation to carry as personal spending money for this safari is 660 - 800 USD. Allow an extra 30 USD per week approximately if you think you might want to occasionally upgrade your accommodation to stay in chalets, which are available at some campsites.

For those who enjoy shopping or even browsing there are many different items to tempt you – Malawi chairs, wooden giraffes and batiks, Tanzanian makonde carvings and stone chess boards, kangas and kikois, beads and jewellery, to name just a few.

Regularly 'smallish' optional activities costing under 20 USD also arise. These also will be covered by this spending money. Also, some clients like to buy a T-shirt at Victoria Falls as a souvenir of one of the many activities you might try, or a DVD of 'the big day out'. The Falls is also one of the places where the local restaurants offer huge variety and after weeks on the road, you might be tempted to try them, or even the nightclub or the casino!

**Tipping:** You may like to consider tips for good service, particularly at some of the main highlights such as after the Serengeti and Ngorongoro Crater. You may find that you want to organise these tips as a group or individually.

If eating out in restaurants, a 10% tip is a good guide to follow.

Crew tips are certainly not expected although the Absolute crew do work incredibly hard and often much of this work is done 'behind the scenes', before or after the group is up and about. A tip or small gift is always appreciated and is also a way to show your appreciation of their efforts if you have had an enjoyable trip.

Do budget carefully to ensure you have adequate spending money to cover all eventualities and enjoy all you wish to do once out in Africa, bearing in mind that it is very difficult to access money from overseas once you are on the trip. Remember also to budget for whatever pre and post safari arrangements you might also have in mind.

# **Optional activities**

These excursions are paid for in Africa with the exception of the gorilla permit and the Zanzibar Island stay, which are booked and paid for in advance in London if you wish to do these options.

Please contact us if you would like further information about any of these activities or excursions. Many of the optionals are payable in Africa in USD (cash). A few may be payable in local currencies. (Prices are given as a guide only as at March 2023).

### BOTSWANA

<ul> <li>Khama reserve</li> <li>Rhino trek</li> <li>Night game drive ( minimum 4 people )</li> </ul>		462 Pula 240 Pula
Chobe game drive		Pula 410
<b>ZIMBABWE including Victoria Falls</b> Hwange NP extra game drive (depending on season)		50 USD
Victoria Falls by the Zambezi Victoria Falls Entrance 30	0	USD

<ul> <li>Microlite (Zambia) 15 min.</li> <li>Microlite (Zambia) 30 min.</li> </ul>		- 185 366	USD USD
<ul> <li>Helicopter Flights</li> <li>Flights of Angels 15 m</li> <li>Zambezi Spectacular 25 m</li> </ul>	nins (Zim side) nins (Zim side)	150 284	USD USD
<ul> <li>White water rafting packages</li> <li>Whitewater rafting full day lo</li> <li>Whitewater rafting, half day</li> <li>Whitewater rafting/riverboard (subject to water levels)</li> <li>Rafting DVD</li> </ul>		120 120 190 30	USD USD USD USD
<ul> <li>Horse back safaris</li> <li>Horse Rides - Novice, 2.5 ho</li> <li>Horse Rides - Experienced -</li> </ul>		95 95	USD USD
• Village tour (includes return	transfers from Victoria Falls, aprox 3 hrs)	60	USD
<ul> <li>Bungee Jumping</li> <li>Bungee Jump (111 metres -</li> <li>Bridge slide</li> <li>Tandem bridge slide</li> <li>Bridge swing</li> <li>Tandem bridge swing</li> </ul>	3rd highest commercial bungee in the world)	160 45 65 160 240	USD USD USD USD USD
<ul> <li>Gorge activities</li> <li>Gorge Swing only (1 jump)</li> <li>Tandem gorge swing</li> <li>Single flying fox</li> <li>Single zip line</li> <li>Tandem zip line</li> <li>Canopy Tour</li> </ul>		103 156 53 83 127 64	USD USD USD USD USD USD
<ul> <li>Big Air Combo, 1x bungee, 2</li> <li>Half day adrenaline - 2 x gor</li> <li>Half day adrenaline/Canopy</li> </ul>		220 158 198 เ	USD USD JSD
<ul> <li>Adventure Pass 1</li> <li>Any 2 of the following with a</li> <li>Half day rafting</li> <li>Full day rafting</li> <li>Bungee jump</li> <li>Game walk</li> </ul>	sunset cruise Elephant interaction 15 minute Helicopter Adventure jetboat (seasonal) Game drive	320	USD
<ul> <li>Adventure pass 2</li> <li>Any 3 of the following activitie</li> <li>Half day rafting</li> <li>Full day rafting</li> <li>Bungee jump</li> <li>Game walk</li> </ul>	ies Elephant interaction 15 minute Helicopter Adventure jetboat (seasonal) Game drive	385	USD
<ul> <li>Upper Zambezi Canoeing</li> <li>Zambezi drift - incl. transfers</li> <li>Wine drift</li> <li>Half day Canoe Safari includ</li> <li>Full day Canoe Safari includ</li> </ul>		150 70 125 150	USD USD USD USD

Zambezi River Cruises	
<ul> <li>Sunset/ booze cruise (inc transfer,full bar and snacks)</li> <li>Dinner/sundowner cruise (inc transfers,full bar,snacks and 3 course dinner)</li> </ul>	50 USD 90 USD
Zambian day visa (if required)	20 USD
<ul> <li>Devils Pool ( incl breakfast)</li> <li>Devils Pool ( incl lunch)</li> <li>Devils Pool (incl high tea)</li> <li>*subject to availability and season</li> <li>*rvisa for Zambia and transfers not included</li> </ul>	110 USD 175 USD 150 USD
<ul> <li>ZAMBIA including Victoria Falls</li> <li>South Luangwa, extra game drive (depending on season)</li> </ul>	45 USD
Walking safari	53 USD
<ul> <li>MALAWI</li> <li>Scuba Diving Lake Malawi – introductory course</li> <li>Scuba diving – 2 qualified dives</li> <li>Scuba Diving – night dive</li> <li>Canoe rental</li> <li>Pedalo boat</li> <li>Snorkelling</li> <li>Boat ride to Island (Min 4 people)</li> <li>1 hour horse forest ride</li> <li>1 hour horse riding including swim/ride</li> <li>2 hour horse riding including swim/ride</li> <li>3 hour horse riding including swim/ride</li> </ul>	<ul> <li>45 USD</li> <li>90 USD</li> <li>55 USD</li> <li>15 USD</li> <li>25 USD/hr</li> <li>20 USD</li> <li>from 10 USD</li> <li>35 USD</li> <li>45 USD</li> <li>70 USD</li> <li>90 USD</li> </ul>
Zanzibar Island Scuba Diving	
<ul> <li>Double tank dive (local)</li> <li>Single dive (local) from</li> <li>Discover scuba diving</li> <li>PADI open water diver (3 days + needed)</li> </ul>	115 USD 65 USD 99 USD 499 USD
Snorkeling	
<ul> <li>Kendwa from</li> <li>Tumbutu half day from</li> <li>Mnemba (inc lunch) from</li> </ul>	15 USD 25 USD 45 USD
Prison Island Entry and transport (depending on numbers)	from \$25 - \$35
<ul> <li>Fishing off the reefs</li> <li>Deep sea fishing, boat (takes 5 people), half day</li> <li>Turtle Aquarium</li> <li>Sunset cruise</li> </ul>	40 USD from 450 USD 20 USD 30 USD
Jozani Forest – to visit the red colobus monkeys From Stone Town (depending on numbers) From North	from \$30 - \$120 from \$40 - \$160

# Game drives in the Serengeti and Ngorongoro

Serengeti & Crater guided game drives three day safari Maasai village visit

# Further information in regards to optional excursions and spending money

Paying for excursions in Africa allows you to decide what you wish to do as you travel. Bear in mind that some activities such as whitewater rafting and game park visits can be seasonal. Please note also that prices constantly fluctuate in Africa, partly due to exchange rate fluctuation. The above figures are the very latest currently available to us at the time of writing. They can be taken as a reasonable guide only.

Lunch, drinks, souvenirs, meals on Zanzibar and when the truck is parked up for a few days and everyone is busy doing activities in Victoria Falls are also covered by your personal spending money

Updates on the price for all optional excursions are usually available in the update information we send out about two months before departure. Do check online for the latest copy of this document as well. Do be aware though that you are covering an enormous amount of territory on this trip and visiting many destinations, and consequently you may well spend a lot. Africa is not 'cheap', particularly when you add in game park entry fees and the cost of adventure sports such as tandem skydiving, whitewater rafting, scuba diving and the gorge swing. Much of what you see, though, will afford you priceless memories and allow you to be actively involved to the limit. And remember that the money you spend also enables much-needed cash to go to local people and wildlife conservation.

If you choose not to do an optional activity, do bear in mind that this is your chance to catch up on washing, communications, read, relax and take time for yourself. During these periods the truck is usually parked up at a campsite where there are adequate facilities for you to be quite comfortable while you wait. Your crew will also, when possible, help you with alternative activities – e.g. safe places to take local walks that might be available, swim, cycle, hire a canoe, kick a soccer ball around with the local kids, go fishing, camel ride, visit the local markets or post office, a cinema, a museum, golf course, church, club or coffee shop.

There is a range of availability of things to do from destination to destination on the itinerary. At some places such as Victoria Falls there is a lot of choice and either/or options. It is probably physically impossible to do all there is to do at Victoria Falls. At other destinations, which are quieter, there are fewer choices if you do not opt for the listed optional excursion/s. This is worth noting particularly for optionals that last over one or two nights as you may not wish to be on your own at a campsite for an extended period such as when the goes over to Zanzibar.

If you would like further details of any of the different optionals for the safari please do not hesitate to contact the office. It is a group participation safari so it is worthwhile thinking and planning ahead as to what you personally might like to do and to work out a realistic budget accordingly.

Please note also every safari is individual and it is not possible to detail all the potential optionals you will have a choice to do nor to predict new options that can arise. We will endeavour to provide another accurate price update for you just prior to departure. Please also note though that we have no control over local operators' prices or government taxes. Nor do we select operators only on price; many factors have to be weighed up when selecting operators. We are always keen to get information on new operators and the best prices but do be aware that deals come and go constantly in Africa. Consistent service delivery and safe and respectful ethical practices are also worth searching for and rewarding. Your crew will work very hard to ensure you get the best value for money day to day on the road.

If you would like any assistance in regard to your budget please do not hesitate to get in touch with us.

# What do I need to bring?



We ask that you carry your possessions in one large backpack, travel bag or soft suitcase (65 to 85 litre maximum). Day to day necessities can also be kept in an additional day bag, which should be large enough to carry your needs for two to three days at a time. Please note we reserve the right to refuse any extra baggage and sending it home or storing it will be at your own cost.

You should carry your valuables in a flat money belt that you wear against your skin.

Do remember that travelling light is always wise, particularly when going overland. Passengers also often buy a lot of African souvenirs on the way.

The vehicles have good storage capacity to carry souvenirs and there are lockups in the vehicle for your valuables, pack and day bag. There is a locker under your seat for easy access to day-to-day essentials.

The following list details essentials as well as non-essentials. It is a guide only. If you are unsure about specific items please feel free to ring us.

# You need to bring:

- · Travel documents including passport (plus relevant visas) and air tickets
- Booking Voucher with Final Receipt essential for immigration purposes
- Vaccination documentation, particularly for yellow fever injection
- Insurance policy
- USD cash for your optionals, local payment and spending money
- Credit card preferably Visa

# Other items to consider

- Student/YHA card
- PADI licence/diving ticket
- International drivers license
- Photocopies of main documents (keep separately)

# **Essential camping equipment**

- Sleeping bag and sheet.
- Eating utensils, including cutlery, cup, plate/bowl.
- Torch and batteries, a head torch being the most useful.
- Mosquito repellent (DEET) 50% strength 2 bottles
- Insect repellent spray
- High factor sunblock cream
- Lip salve/Chap Stick
- Padlock
- Small personal medical kit including: anti-malarials, vitamin tablets, paracetamol, antibiotic powder, Band-Aids, cotton wool, sterile gloves, flu medication for coughs, colds and sinuses, rehydration salts, sports injury cream for sprains, an antihistamine, immodium, treatment for tummy bugs, stings/bites and sunburn and eye drops. If you wear contact lenses you are advised to carry disposables.

### Other items

- Pocketknife
- 1 litre water container (make sure it screws tight)
- · Ziploc bags for wet items, rubbish and to keep items dust-free.
- Towel and antibacterial Soap
- Condoms
- Tissues
- A means of securing your hair back is useful such as a bandana, a scarf, beanies, hair ties and clips as it can be windy driving on the truck
- Cigarette lighter
- · Concentrated travel washing liquid or washing powder, clothes line
- Emergency sewing kit
- Tweezers, nail scissors, nail brush

You will probably find it worthwhile to pick up a cheap blanket once you arrive.

In regards to toiletries, these are available to buy in Africa including shampoo, soap, toilet paper and tampons. Please note though they can be quite expensive and it can be time-consuming sourcing particular items. Carry some toiletries at least up to half that you need for your trip.

Ensure you bring any medications you might require with you with the script.

The two most common gynaecological problems that may occur whilst travelling in Africa are thrush and urinary tract infections. If you know you are prone to either of these it may pay to seek advice from your

doctor and bring the necessary treatments. Loose fitting, cotton underwear and clothes are always wise.

# Consider bringing

- Binoculars
- Pillow
- Wet ones can be useful
- Books
- Writing paper, pens
- Mossie net impregnated with permethrin or similar if you want to sleep out of your tent at any time on safari, particularly in the warmer months (tents have in-built mossie nets at door and openings).

# **Electrical items**

- iPod/iPhone/MP3/Music player including earphones if you want to listen to your own music Please note it is also possible to use your iPod/iPhone as a hard drive to store photos - check the memory before travelling to ensure you have enough space to store all the photos you may wish to take
   Camera in a protective case and spare memory card(s)
- For SLR cameras we recommend a telephoto of 120 mm (or similar) or an 80-200 mm zoom
- 2 camera batteries, including a new one
- Polarising filter/lens hood for SLRs
- USB cable to connect to internet cafes or for downloading
- Camcorder
- Mobile phone
  - Please remember if you set up international roaming the charges will be very high, even to receive calls
  - Sim cards can be purchased cheaply on the road
  - Remember you will need to have your phone unlocked prior to arriving in Africa so that other sim cards can be used with it
  - Check you know how to program it to work as an alarm clock

# Charging your equipment

If bringing a camcorder, digital camera, iPod or mobile your equipment can be charged from the truck. The trucks have 600 watt Intelligent Power Inverters converting 24v DC to AC mains electricity (220-240v). This will be sufficient for charging any photographic equipment required. Remember to bring all necessary cables.

You will also want to bring a mains international adapter to charge at campsites as an alternative. A spare battery pack, where possible, is also advised.

# Clothes

Please double check the weather conditions for your particular safari when packing. Cotton and loose fitting items are preferable. Do also realise that any white clothing won't stay that way!

- Lightweight cotton clothing, shorts and T-shirts as well as shirts with long sleeves and long pants, including casual wear for nights out. Long pants, sarongs and sandals are fine for these times
- Lightweight waterproof jacket and a fleece
- Swimming costume, sun hat, sunglasses, sandals
- Lightweight closed-in comfortable walking boots, shoes or trainers with a non-slip tread which give enough support and good traction. Please avoid shoes that get too heavy and hot,'platforms', high heels or 'strappy' sandals
- Spare shoelaces

We would encourage you to bring clothes that will wear well, as travelling in Africa is very hard on clothes. Conditions are rough and belongings do get dusty and can get damaged. Soft bush colours are most suitable. Being able to layer clothing that can be removed easily as the day heats up is an advantage. This also helps to keep valuables inconspicuous. Clothes with zip and velcro pockets are sensible. Due to the bumpy road conditions women are advised to bring at least one sports bra. Women should dress 'modestly', respecting the sensibilities and attitudes of the people and countries they are visiting. This is of particular importance for your stay on Zanzibar. Note as well that G-String bikini bottoms can cause embarrassment and concern in some regions of southern Africa.

# Life on your big yellow truck



Day to day it is essential that everyone helps out with every routine chore. The trips are participatory in nature – the more you put in to the group and the trip the more you will get out of it. Overland safaris are very much about everyone willingly getting involved and working as a team. A roster is established for duties. Tasks you will need to be involved in are: cooking, assistant to the cook, washing up, cleaning the truck, filling the jerry cans, lighting the fires and truck guard duty.

On safari do follow all instructions given by your safari leader as to how to use equipment, move around on, enter and exit the truck as well as how to maintain all supplies. Please also follow all washing and cleaning procedures carefully to avoid infections being spread. Do also ensure you follow all instructions and signs provided by the local site and activity operators from destination to destination in regard to health, safety and security issues as we travel.

It is essential in order to keep to schedules that you listen at group meetings to know what is happening and when, on the following day. Please follow all instructions carefully in regard to border crossings. Most trucks will carry an information folder with information as to what is happening for the next few days. For the group to function well you do need to keep yourself informed about upcoming arrangements. Group meetings are essential to help the group work together.

On a day to day basis you are encouraged to look out for each other and be considerate of everyone else's needs and wishes. Your group will be made up of individuals all wanting to get the most out of their trip and each of you will have your own specific likes and dislikes, needs and wishes. These are group adventure camping safaris, not a 5-star holiday! A sense of humour and patience are essentials to pack! The group experience of seeing your safari through together on the truck is one of the really exciting and fun aspects of the trip. For some, the group experience and day to day life on the truck becomes a main highlight.

Often on the road you will be up early for breakfast. Wherever possible, you buy lunch in local markets, and you will then have opportunities to mix in with the local community and organise anything you need to including ensuring you have enough drinking water. Remember how important it is to keep up your fluid levels during the trip. Please note we cannot guarantee the provision of regular clean drinking water from the truck throughout the safari and you do need to organise your own water day to day. At most campsites the truck can easily access clean drinking water and you will find the water carried on the truck is often drinkable. Where this is not the case it is advisable to buy your own bottled water, which is readily available and most campsites now sell sealed bottled mineral water. When buying your water do check that the bottles are sealed.

Drive times in Africa, even in southern and eastern Africa, can be difficult to predict so do be prepared for the occasional situation when the plot changes! Getting bogged is an essential optional extra... be prepared. And in general, be ready for some occasional long and dusty drives. These are based on ongoing and careful scheduling decisions to ensure you get to the current 'must see' places.

On the road there is always a lot to see but you may also like to bring some good books and an iPod to listen to your own music. The occasional long drives are deemed essential by crew to get you where you want to be in the time given.

### **Schedules and Itineraries**

When you go on safari do remember our aim at all times is to enable you to have an experience of a lifetime at an affordable price. Due to the nature of Africa – weather, politics, road conditions, lack of infrastructure, border restrictions, breakdown, sickness, etc. – it is not always possible to exactly follow departure/arrival dates and routes. The best plans can unravel and in a lot of ways that is all part of the adventure that makes your safari. Itineraries and truck schedules can be changed at any stage prior to or during your safari particularly in consideration of crew needs, weather and road conditions as well as security concerns, truck servicing requirements and booking patterns. Whilst we do all we can to avoid making changes please note we do reserve the right to change vehicles and/or crew on a safari at any time without notifying passengers.

The trips are made up of components and quite often during the safari you will probably meet clients doing shorter and longer sections of your trip depending on the booking patterns for the months you are travelling. This works well so that friends can do shorter sections, different people come and go and the group sizes and kitties stay strong.

# Camping

We supply large, durable three-person tents complete with ground sheet and separate waterproof fly sheet, ideal for Africa's varied conditions. They also have mossie netting in-built at the doors and openings. These are used for two people only.

We also supply high-density foam roll mats.

All cooking equipment is supplied including pots and pans, gas cookers, a cool box, lighting, fire-grate, cooking bench, chairs and shelter. The truck also has a large fridge.

It is a participation trip and part of your everyday routine will be to put up your own tent and be involved in all the daily chores including cooking and cleaning. For reasons of personal hygiene, we ask you to supply your own cup, plate and cutlery. You may wish to bring your own mossie net as well if you think you may wish to sleep out of your tent, particularly in the hotter months. It can become warm in the tents. Please note your net needs to be large enough to tuck in under your roll mat.

There is also the occasional opportunity to upgrade to a dorm-style chalet or simple hut accommodation with a bed if you think you might need a break from camping. This usually costs about 20 USD a night. Availability is very limited though, and you need to be considerate of everyone else on the truck. Do budget accordingly if you might wish to upgrade once or twice on route.

The facilities in the campsites we use vary a lot. In general you will find campsites that are clean, may give a little hot water, and can have working flush toilets. Be aware though that water pressure is often very weak and toilets are, in the main, long drop style through Malawi and Tanzania. Please do not come on your African adventure camping safari expecting pristine bathroom facilities...

You will find that we may also camp in the bush a couple of times during this trip under the African night sky. Your truck is well equipped for these opportunities but be prepared to rough it a little on these nights and enjoy the chance to camp out in the wild.

Please remember when leaving a campsite that we do expect you to be diligent to leave places as you find them, if not better. In particular we insist that cigarette butts and toilet paper are not left behind when free camping... we are just visitors here in a continent with extraordinary challenges to face. Do be responsible as you travel.

### Sickness

All our trucks have a medical kit, which has been put together by tropical expedition specialists for emergency use only. The foreign embassies throughout Africa provide English-speaking doctors for emergency situations. If you do become ill, we will transport you as soon as possible to the nearest health clinic and your crew will do all they can to assist. You will always have a friendly escort.

### Meals and cooking on the truck

Day to day meals are prepared from the truck using both the non-perishable supplies bought in bulk prior to the safari and fresh supplies we buy as we travel. Staying fit and healthy on safari is a priority as we do keep busy and we want you to enjoy all you do. Everyone takes turns on a roster basis cooking for the group, being 'assistants' to the cooks and with the clean-up. The safari leader assists with menus, recipes and providing loads of ideas as well as being directly involved with cooking as needed. She/he is available to provide support and encouragement at any time during meal preparation. Cooking together is lots of fun and all part of the group experience! The sort of meals provided are spaghetti and pasta dishes, stir fries, cottage pies, kebabs, curries, stews and casseroles, hamburgers or jacket potatoes, complemented with rice and/or salads. Breakfast is usually fruit, muesli and/or other cereals, toast, as well as some regular cooked breakfasts like eggs, bacon, baked beans or pancakes. During the trip we often also arrange to cook a spit-roast pig or goat or alternatively do a hungi, which is usually a project in itself...!

There are also a few pre-arranged meals booked ahead of time so the whole group can relax in the evenings in the knowledge that somone else is doing the cooking. This frees up the itinerary so you can enjoy a little more of Africa. We use these opportunities to enjoy a couple of traditional local meals on safari and also arrange a seafood buffet so the group can experience seafood fresh from the Indian Ocean.

# **Specialist diets**

For vegetarians we do everything possible to ensure a good supply of veggies, salads, fruit, beans, pasta and rice. The daily diet leans towards vegetarian as fresh quality meat is not easily accessed every day. The staples are beans, pasta, pulses and rice as well as fresh fruit and vegetables when available and in season. In restaurants, when meals are ordered ahead of time, vegetarian options are available with usually good supplies of fresh fruit, veggies and salads. Do be aware though how spoilt we are in the Western world with our constant supplies of fruit and veggies, regardless of the season. In reality and more naturally, fruit and vegetable supplies are seasonal and can be difficult to access on route. We will do all we can to ensure supplies where possible.

We can also cater for gluten-free, vegans, wheat-free and dairy-free diets, supplying soy milk, rice noodles, gluten-free cereals etc.

When booking, do remember to let us know if you have any specific dietary requests.

# Safety and security whilst on safari

Perhaps the two most important factors to always bear in mind when travelling in Africa are to be constantly vigilant as to your own and your group's health and security.

#### **Personal safety**

Do be very aware of protecting your cash and valuables at all times and do not walk around flaunting valuables e.g. cameras, jewellery and money. Remember even cheap jewellery can look expensive! Layer your clothing to keep valuables inconspicuous and take clothes preferably with zip and velcro pockets.

Money Belts – The most efficient money belts are ones that go under your clothing, against your skin. If you use a bum bag please only carry small amounts of local currency in it that you are prepared to lose.

Do not leave anything unattended anywhere – including in your tent – and avoid being crushed in large crowds. Be very careful when you walk after dark: never walk alone or become separated from the group. Take taxis in cities at night and around unfamiliar areas. When taking taxis always agree on a price before setting off.

Whilst in Johannesburg before the start of your safari, all valuables should be kept on your body when not locked away.

Confidence tricksters are particularly common. Be wary of anyone with a hard luck story, asking for assistance, soliciting sponsorship (particularly educational) or people offering a deal to change money at favorable rates.

ATMs are becoming more accessible on the route, so you must also be wary of security in regards to crimes around ATMs. Be discreet when withdrawing cash and always be very careful with your card and cash.

### **Truck security**

Your truck will have a lockable safe in which to keep your passport and valuables. You will also have a lockable place on the truck to keep your day bag. Your backpack is stored underneath the truck. The truck is never left unattended. Do be aware on safari you will be required in certain locations to assist with watching that all is safe and secure with other passengers. Please note that whilst all precautions will be taken in regards to valuables left on the vehicle, we cannot be held responsible for any damage or loss from the vehicle.

Do listen carefully to all instructions regarding security issues given by your crew and local operators as we travel. Before travelling you are also advised to keep yourself informed and up to date as to the current political situation in the countries through which we travel and to check out the Foreign Office Travel Advice. If you are a British, Australian or New Zealand citizen you may like to look at: www.fco.gov.uk, www.dfat.gov. au or www.mfat.govt.nz.

Remember this is a group experience you are booking. It is a condition of booking that you follow the group leader's instructions and take responsibility for your rostered tasks. It is important that every member of the group is attentive and looks out for each group member's health and security. All in your group will appreciate your co-operation with this.

# Photography

African authorities often require that tourists do not take pictures of bridges, airports, railway stations or military installations. We are often in areas where locals are not used to being photographed and we ask you to show them every courtesy. If in doubt it is always best to ask first.

# Trading, donating and supporting

You may wish to consider if you want to bring items such as clothes, sunglasses, cheap watches, old walkmans/discmans and mobiles to trade.

Please be aware that we strongly discourage giving away 'something for nothing' from the truck, whilst we are very happy on the other hand to donate pens, books etc. to schools. Do note it is also very unwise to donate cash en route. If you wish to donate something whilst in Africa, remember pens, crayons, balls, books, soap, childrens clothes and shoes, and stickers are always welcome in schools and orphanages. For more ideas feel free to contact us.

# Problems or issues you may have while on the tour

Where you have any issue at all during the tour, talk to the tour leader at the very earliest as this could affect the rest of your trip. The tour leader is there to help and they can't if you don't let them know the issue. Your driver is always happy to chat as well if the tour leader isn't available.

Remember as well these are group participation trips. Group meetings are there so everyone can talk about what's happening day to day so do raise any niggles or queries at the meetings.

If you do experience a problem while you are on the tour such as feeling unwell, not getting along with a fellow traveller or if there is something that you are unhappy with in regard to the running of the tour or anything else that is bothering you or stopping you from having an enjoyable trip, please do inform your tour leader directly of the problem as a priority. They will want to know. Once they know they can take the appropriate actions to resolve the issue as quickly as possible. All and any issues will be treated with the utmost confidentiality.

Everyone at Absolute Africa works very hard to ensure our travellers have the very best of trips. Should you have a continuing problem that you feel is not being addressed effectively it is your responsibility to email or contact the office at the very earliest. Detailing your concern in writing in an email is usually the best way to explain. We will then look into this immediately to see how the problem can be resolved so you can continue to have an enjoyable tour. Further details can be seen in our Terms and Conditions (14).

# **General code of conduct**

Please remember we are all ambassadors for our respective countries and your behaviour should reflect this. An open mind and a desire to have a positive impact are vital attitudes to carry with you. A sense of humour is also an essential to pack for any safari in Africa.

Look out for each other in your group. Your safari is a group participation trip. Ensure you do all you can so that your group works well together.

Day to day, be sensitive and aware of how you and your group are being perceived by those around you. Be alert to where you are, sensitive when taking photos, aware of how much noise we are making, careful of how you are dressed. Everyone wants to have the best time possible in Africa and there are plenty of chances to have a trip of a lifetime. Do please note that excessive noise, obscenities and inappropriate behaviour cannot be tolerated. It can embarrass other members of the group and seriously upset those around us particularly in campsites and restaurants. Be responsive, discreet and sensitive to the world around you.

Be particularly alert to the impact of excessive drinking as you travel. Alcohol abuse will put your health at risk, particularly in malarial zones. Please note: alcohol is not to be drunk on the trucks.

There is also a strict no-smoking rule on board the trucks, and no-smoking areas will be set up for meal times.

There are serious penalties in Africa with regard to illegal substances.

Game parks are a spectacular sight. Please be considerate and keep noise to a minimum. Everybody's game viewing on an ongoing basis is better served if our impact on a park is kept to a minimum. Do be

attentive to all signs and instructions as to how to behave in game parks.

We won't leave a campsite until it is entirely clean. Your enthusiastic participation in packing up camp to ensure all is left clean is appreciated.

In a serious situation where behaviour is disruptive and/or dangerous your Safari Leader can step in and will remove you from the trip. Don't spoil your trip or someone else's trip.

# **Keeping in touch**

It can be quite difficult and also expensive to stay in touch whilst you are travelling in Africa. Please let your family know that this will be the case, particularly if you are usually in touch on a regular basis. If your family needs to get in touch in an emergency, they should contact the London office and we will do all we can to assist.

Email – you will be able to access email in Johannesburg, Victoria Falls, Lusaka, Lilongwe, Zanzibar, Arusha and Nairobi. Please note internet speed is quite often very slow so be warned!

Post – Letters from the U.K. to Africa take approximately 10 - 14 days and from Australia or New Zealand to Africa approximately 2 - 3 weeks. Please be aware that articles regularly go missing in the post.

If you do need to have something sent to you while travelling, please contact the office as to the best destination and address to use.

Please do not have anything of value posted to Africa en route, including credit cards or prescription drugs. We would also advise against having birthday and Christmas parcels posted. In an emergency, if something needs to be got to you, the London Office should be contacted for further advice.

### Language

English is understood in most East and Southern African Countries. Learning some Chichewa, Swahili and Shona will ensure a warm response from the locals.

# The Great Migration

The migration covers over 3,000 kilometres on the combined stage of the Serengeti and Masai Mara plains. It is a constant movement of 2.5 million animals and may well be the highlight of your safari (depending on the season). Follow the link for our chart, which will show you where you are most likely to see the migratory herds each month of the year: www.absoluteafrica.com/The-Migration

Back to Index

For information on where you should be able to see which animal, as well as other useful facts.

# What and where?





Distribution as at June 2010

Diet

Average Average Status

Group

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For those of you who want to read before you go, here are a few suggested titles:

The Africans Malaria Dreams Out of Africa Letters from Africa Venture Into The Interior Gorillas in the Mist A Good Man in Africa The Grass is Singing African Laughter The Tree Where Man Was Born African Silences Cry the Beloved Country The Weather in Africa The Last King of Scotland Zanzibar Mukiwa: A White Boy in Africa Don't Let's Go To The Dogs Tonight I Dreamed of Africa Songs to an African Sunset The Scramble for Africa Disgrace The State of Africa Mugabe: Power, Plunder and the Struggle for Zimbabwe Blood River The Zanzibar Chest Sowing the Mustard In the Footsteps of Mr. Kurtz River God and The Seven Scrolls, and other titles Out of Shadows A Sunday at the Pool in Kigali Africa on a Shoestring Healthy Travel Africa

David Lamb Stuart Stevens Karen Blixen Karen Blixen Laurens Van der Post **Dian Fossev** William Boyd Doris Lessing Doris Lessing Peter Matthiessen Peter Matthiessen Alan Paton Martha Gellhorn Giles Foden Giles Foden Peter Godwin Alexandra Fuller Kuki Gallman Sekai Nzenza-Shand Thomas Pakenham J.M. Coetzee Martin Meredith Martin Meredith Tim Butcher Aiden Hartlet Yoweri Museveni Michela Wrong Wilbur Smith Jason Wallace Gill Courtemanche

Lonely Planets, Bradts and Rough Guides are always a mine of information

A 746 Michelin map will give you a good insight into where you are travelling.

A friendly note that conditions, prices and details change constantly in Africa and what may be appropriate and/or correct one day is not necessarily the case the next. Much time and effort goes into keeping this information as up to date as possible. At the same time do not treat this document as 'the bible' for your safari. It is a guide only to assist in steering you in the right direction.

Geoff Crowther

Isabelle Young, Lonely Planet 2000

If you have any queries please do not hesitate to phone or e-mail us. We are more than happy to assist.

Queries about your safari booking should be directed to Absolute Africa. We are available on Skype and Live Chat, or feel free to email us at our bookings office at bookings@absoluteafrica.com

17th March 2023