Tour code:

CV21 2022 Guaranteed departures 12 travellers

Small group safari maximum:12 travellersTravel through:Namibia, SouSafari length:21 days

12 travellers Namibia, South Africa & Zimbabwe 21 days

# CAPE TO VIC FALLS "EXPLORER"

Cape Town to Victoria Falls is one of the classic "overland" routes in Southern Africa, including the Namib Desert, Etosha NP and the Okavango Delta. The variety of highlights makes it easy to see why this is one of our most popular tours.

**DEPARTS:**CAPE TOWN on Thursday at 08:00am**ENDS:**VICTORIA FALLS, ZIMBABWE on Wednesday at 08:00am

#### Highlights

- \* Cape Town Cape Point tour
- \* Fish River Canyon walking
- \* Namib Desert walk Sossusvlei dunes
- \* Swakopmund dune boarding & sea kayaking
- \* Brandberg rock paintings
- \* Etosha NP game viewing from camp & on drives
- \* Okavango Delta mokoro excursion and bush walks
- \* Victoria Falls adventure activities

# SAFARI GRADE: CAMPING

The CV21 Cape Town to Victoria Falls tour is the full 21 days. The CW14 Cape Town to Windhoek offers a complete Namibia safari, with the added bonus of a Cape Town start.

**Overnight** 12 nights on safari we stay at designated campsites in national parks and towns. Formal campsites have hot and cold showers, laundry facilities & telephones.

2 nights we "camp wild" without fences in the Okavango. On these nights the crew will erect a bucket shower (with hot water off the fire) and a pit latrine (with seat!). 4 nights guest house, twin bedrooms with en suite facilities on a bed and breakfast basis and 2 nights lodge accommodation with shared facilities.

**Meals** 20 breakfasts, 16 lunches and 12 dinners will be provided by the Sunway crew, prepared at the vehicle and eaten around the camp fire. (3 of these breakfasts are provided by the guest houses and lodges).

**Transport** Due to Namibian gravel roads we mostly run this tour in custom-built Sunway Safari trucks with 12 seats; or (on 5% of tours) Mercedes Sprinter minibuses with 12 forward facing seats and air conditioning. For the transfer into the Okavango we use a 4WD Land Cruiser with 12 forward facing seats, with trailer.

**Limited participation** An essential part of your safari is some participation. From putting up your tent to packing the truck in the morning – it's all part of your adventure. There are some long travel days which means early morning starts so we all need to get involved to make the day run efficiently. Your tour leaders will do all the meal preparation but we do ask the clients to help (on rotation) with the washing up. In the Okavango the local polers will offer to assist with washing up, and make your life a little easier!





Date of issue: 30Mar21



#### Day 1

CAPE TOWN [guest house ---] (B=breakfast, L=lunch, D=dinner)

# **CAMPING ITINERARY**

Departing, after a tour briefing, from Cape Town at 08:00am we visit Hout Bay harbour en route to Cape Point Nature Reserve and then the African Penguin colony at Boulders Beach. We sample some of Cape Town's culinary wonders at a local restaurant in the Victoria & Alfred Waterfront (own expense).

Day 1: Breakfast not included Day 1: Lunch own expense Day 1: Dinner own expense

Includes: Distance/time: **Overnight:** 

Entrance fees to Penguin colony & Cape Nature Point.

 $\pm 150$  km, 3h30 actual driving time, but with stops, penguins and lunch it is a full day out. Sweetest Guesthouses - is a collection of individually decorated houses in a metropolitan area of Cape Town near the V&A Waterfront. The Sunway group may be spread amongst any of the houses, within walking distance of each other, and the group breakfasts will be taken in the same house. Rooms are twin with en-suite facilities (or similar guest house). WiFi available.



The Sweetest Guesthouses are South African owned and have 22 long-serving employees from South Africa & Zimbabwe who have all been trained on-site for their specific positions. The Guesthouses assists the "Three Sister Day Care" creche in Philippi with educational equipment and food donations and also supports "Heaven Night Shelter" with donations of linen.



#### Day 2

**CEDERBERG** [camping BLD]

The Cederberg is a massive rocky wilderness where giant sandstone boulders have been sculpted by wind and rain into bizarre and artistic shapes. In the afternoon we explore the rugged landscape on foot.

Day 2: Breakfast provide by the guest house Day 2: Lunch provided by tour leaders with the help of the group Day 2: Dinner provided by tour leaders with the help of the group

Includes: **Distance/time:** 

Entrance fees, and walking permit in the Cedarberg. ±250km, 3h30 actual driving time, it's a relatively short hop north and we expect a total travel day of ±4h30.

**Overnight:** 

Campsite - good ablution facilities with hot showers.



#### **GARIEP RIVER** [camping BLD] Day 3

We make our way into the more arid regions and upon entering Namibia, we camp at the Gariep River. Free time for swimming and relaxing or you can adventure down the river in canoes (own expense).

Day 3: Breakfast provided by tour leaders with the help of the group Day 3: Lunch provided by tour leaders with the help of the group Day 3: Dinner provided by tour leaders with the help of the group

Includes: N/A Distance/time:  $\pm 500$  km, 7h00 actual driving time, today is a stretch and with a border crossing (variable) we expect a long travel day of ±9h00.

# Optional Activities: Half day canoe safari.Overnight:Felix Unite- good ablution facilities with hot showers, restaurant & bar.



Felix Unite Provenance Camp is a camp based in Namibia and is 100% South African owned, with the staff made up of 46 Namibian and 1 South African. Food is sourced from local providers in Namibia. The camp has developed a community vegetable patch and has assisted a local crèche with playground equipment.



#### Day 4 FISH RIVER CANYON [camping BLD]

We make our way to Fish River Canyon, the second largest canyon in the world. In the afternoon we watch as a spectacular sunset slips over the canyon's rim.

*Day 4: Breakfast provided by tour leaders with the help of the group Day 4: Lunch provided by tour leaders with the help of the group Day 4: Dinner provided by tour leaders with the help of the group* 

Includes: Distance/time: Entrance fees to Fish River Canyon, Hobas viewing point.  $\pm 300$  km, 4h00 actual driving time, our first long gravel sections, we expect a total travel day of  $\pm 4h00$ .

**Overnight:** 

Campsite - good ablution facilities with hot showers, swimming pool, and shop.



#### Day 5 - 6 NAMIB DESERT [camping BLD]

Towering red sand dunes of Sossusvlei form the gateway into the Namib Desert. We will walk to Sossusvlei, explore Sesriem Canyon and watch dramatic sunsets over the world's highest sand dunes.

*Day 5, 6: Breakfast provided by tour leaders with the help of the group Day 5, 6: Lunch provided by tour leaders with the help of the group Day 5, 6: Dinner provided by tour leaders with the help of the group* 

Includes:Entrance fees to Sesriem Canyon and Naukluft National Park.Distance/time:±550km, 7h00 actual driving time, through magnificent scenery but day 5 is a very long total travel day of ±9h00.Optional Activities:On arrival at Sossusvlei the guide will walk with the group into Sossusvlei (+/- 3.5km). For those clients who do not want to walk, there are 4WD vehicles that can drive you in. The 4WD, is an own expense (+/- N\$85 each way) and is optional.

**Overnight:** 

Campsite - good ablution facilities with hot showers, shop.



#### Day 7 - 8 SWAKOPMUND [guest house Bx2 Lx1 -]

Lunar landscapes surround the coastal town of Swakopmund as we approach the coast. The next day is free to explore the town or try dune boarding or sea kayaking (own expense). We enjoy evening restaurant meals (own expense).

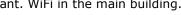
Day 7: Breakfast provided by tour leaders with the help of the group Day 7: Lunch provided by tour leaders with the help of the group Day 7: Dinner will be an own expense meal at a local restaurant

Day 8: Breakfast provided by the guest house Day 8: Lunch is an own expense meal Day 8: Dinner will be an own expense meal at a local restaurant

## Includes:

Distance/time: ±350km, 5h00 actual driving time on day 7, this gravel road is very rough we expect a total travel day of ±8h00.

**Optional Activities:** Sand boarding, Skydiving, Ocean canoe safari, Scenic flights & many more. **Overnight:** Dunedin Star guest house - twin share rooms with en suite facilities. Telephone & restaurant. WiFi in the main building.





#### Day 9 **SPITZKOP** [camping BLD]

Beautiful desert landscapes. We move north along the arid coast to the Cape Cross seal colony before heading inland to set up camp under the Spitzkoppe, huge granite domes rising out of the desert. Enjoy a magnificent sunset. We'll take a short walk to explore the area.

#### Day 9: Breakfast provided by the quest house Day 9: Lunch provided by tour leaders with the help of the group Day 9: Dinner provided by tour leaders with the help of the group

Entrance to Cape Cross seal colony. Includes: **Distance/time:**  $\pm 250$  km, 3h30 actual driving time, we head along the coast to the Cape Cross seal colony and on through lunar landscapes and expect a total travel day of  $\pm 6h30$ . **Overnight:** Campsite - basic ablution facilities.

#### **Day 10** UGAB WILDERNESS [camping BLD]

Our next stop is the Brandberg where we camp next to the dry Ugab River, home to the rare desert elephants. We explore the mountains on foot with our local guides, who lead us through this region adorned with rock art.

Day 10: Breakfast provided by tour leaders with the help of the group Day 10: Lunch provided by tour leaders with the help of the group Day 10: Dinner provided by tour leaders with the help of the group

Includes:	Entrance to see San Rock Art and guided walk with local guide.							
Distance/time:	±170km, 2h30 actual driving time, a short hop on a gravel road with beautiful scenery.							
	Including our activities expect a total travel day of $\pm 4h00$ .							
Overnight:	Campsite - good ablution facilities with hot showers, swimming pool.							



Brandberg White Lady Lodge is Namibian owned, employing 60 Namibians. They use 100% solargenerated electricity and borehole water for growing of their own fruit and vegetables. The lodge contributes to wildlife introductions to the area and assists with anti-poaching programmes. They have a Wildlife Credit Scheme assisting in managing human-wildlife conflict situations.



## Day 11 - 12 ETOSHA NP [camping BLD]

Etosha National Park, "the great white place of dry water", in the game rich northwest corner of Namibia offers a variety of wildlife. We take game drives around the huge dry pan to find the elephants, herds of antelope and lions around the waterholes before we camp at Okaukuejo with its flood-lit waterhole. (Subject to animal movements we may use any of the 3 camps in Etosha.)

*Day 11, 12: Breakfast provide by tour leaders with the help of the group Day 11, 12: Lunch provided by tour leaders with the help of the group Day 11, 12: Dinner provided by tour leaders with the help of the group* 

Includes: Distance/time: Entrance fees to Etosha National Park. Morning and afternoon game drives.

 $\pm$ 400km, 5h30 actual driving time, the road can be rough and with an afternoon game drive in Etosha we expect a total of  $\pm$ 8h30 in the vehicle on day 11. On day 12 we are game-driving in the national park.

Optional Activities: Night game drive in National Park vehicles.

**Overnight:** Campsite - good ablution facilities with hot showers, swimming pool, restaurant, bar & shop.



#### Day 13 WINDHOEK [guest house BL-]

The charm of the city of Windhoek lies in its harmonious blend of African and European cultures and the friendliness of its people. We arrive late in the day and enjoy a restaurant meal (own expense).

*Day 13: Breakfast provide by tour leaders with the help of the group Day 13: Lunch provided by tour leaders with the help of the group Day 13: Dinner own expense* 

Includes: Distance/time:

 $\pm$ 400km, 5h00 actual driving time, good tarmac road and a stop for market shopping, we expect a total travel day of  $\pm$ 6h00.

**Overnight:** 

<u>Klein Windhoek Guest House</u> – twin rooms with en-suite facilities, swimming pool, restaurant & bar. WiFi available.





Klein Windhoek Guest House is Namibian owned and managed, with all 41 of their staff employed from the local community. Through an affirmative action initiative, more than 80% of the staff are women. The guest house also sponsors the Dagbreek Special School.



Cape to Namibia "Desert Tour" ends at +/-08:00am on the morning of day 14, see <u>www.sunway-safaris.com</u> for itinerary & price (CW14).

#### Day 14 KALAHARI [camping BLD]

Crossing into Botswana we overnight in the heart of the Kalahari. We take a walk with the local San Bushmen to learn fascinating bush skills.

*Day 14: Breakfast provided by tour leaders with the help of the group Day 14: Lunch provided by tour leaders with the help of the group Day 14: Dinner provided by tour leaders with the help of the group* 

Includes:Nature walk with local San bushman and translator.Distance/time:±550km, 7h30 actual driving time, an early start, good tarmac road but it's a long way and<br/>with border formalities we expect a total travel day of ±8h30.

**Overnight:** 

Campsite - good ablution facilities with hot showers, swimming in old quarry.



#### Day 15, 16, 17 OKAVANGO DELTA [camping Bx3 Lx3 Dx2]

We camp in Maun for a night in preparation before journeying deep into the Okavango Delta on mekoro (dugouts) - an experience not to be missed. We camp wild on remote islands for 2 nights and enjoy bush walks, swimming and the birdlife in this pristine wilderness area.

*Day 15: Breakfast provided by tour leaders with the help of the group Day 15: Lunch provided by tour leaders with the help of the group Day 15: Dinner will be own expense* 

*Day 16: Breakfast provided by tour leaders with the help of the group Day 16: Lunch provided by tour leaders with the help of the group Day 16: Dinner provided by tour leaders with the help of the group* 

*Day 17: Breakfast provided by tour leaders with the help of the group Day 17: Lunch provided by tour leaders with the help of the group Day 17: Dinner provided by tour leaders with the help of the group* 

Includes:Entrance to Okavango Delta, morning and afternoon game walks with local guides.Distance/time:Day 15: ±300km, 4h00 actual driving time, excluding a walk to meet the San Bushman and<br/>a stop on route to Maun for shopping we expect a travel day of 5h00.Day 16: ±50km, 2h00 actual driving time to mekoro station. Mokoro ride to camp is<br/>dependent on campsite location so overall travel time for the day ±6h30.Optional Activities:Scenic flight over the Okavango Delta (+/-USD95-120) pp depending on the number of<br/>people in each aircraft).Overnight:Maun: Campsite - good ablution facilities with hot showers, swimming pool, restaurant &<br/>bar.2 nights Okavango Delta:Wild camping – basic camping facilities, with bucket showers.<br/>You will need to bring your own towel.



The Okavango Kopano Mokoro Community Trust is run by the communities on the south eastern sector of the Okavango Delta with entrance and camping fees paid to the trust, and wages paid directly to the individual guides/polers. Work is split between community members on a rotation basis administered by each village. By working with these communities we help provide sustainable economic benefit for conservation of the area. Please also see the Sunway SOS Save Our Sausage Trees project.



Audi Camp is South African owned and employs all of their 40 staff from the local community, providing all their staff with training. The camp supports the Maun Batswana community by buying local produce as well as growing some of their own fresh vegetables for the kitchen.



## Day 18 MAKGADIKGADI PANS [camping BL-]

Feel the vastness of Africa under a big sky sunset. After the rains the pans fill with water and attract thousands of water birds and herds of zebra, wildebeest and springbok.

*Day 18: Breakfast provided by tour leaders with the help of the group Day 18: Lunch provided by tour leaders with the help of the group Day 18: Dinner will be an own expense meal* 

Includes: Distance/time:

**Overnight:** 

Entrance fees to Makgadikgadi Pans.

 $\pm$ 370km, 6h00 actual travel time includes 4WD out of Okavango, and then flat tarmac to Nata, it's a long day of  $\pm$ 9h00.

Campsite - good ablution facilities with hot showers, swimming pool, restaurant & bar.



## Day 19 - 21 ZIMBABWE/ VICTORIA FALLS [lodge Bx3--]

Tour Victoria Falls, a natural wonder of the world, plunging into the Zambezi Gorge. Enjoy a sundowner river cruise on the mighty Zambezi or a spectacular "flight of angels" over the Falls (own expense). Tour ends at 08:00am at the camp.

*Day 19, 20, 21: Breakfast provided by tour leaders with the help of the group Day 19, 20: Lunch will be an own expense meal Day 19, 20: Dinner will be an own expense meal at a local restaurant* 

 Includes:
 Entrance fees to Vic Falls.

 Distance/time:
 ±400km, 5h00 actual travel time, relatively flat tarmac road, + what can be a slow border crossing, we aim to be in Vic Falls late in the afternoon after ±7h00 travel time.

 Optional Activities:
 White water rafting, sunset cruises, scenic flights & many more.

 Overnight:
 Lodge = 2-4 rooms sharing a bathroom, good ablution facilities with hot showers, swimming

**Overnight:** Lodge – 2-4 rooms sharing a bathroom, good ablution facilities with hot showers, swimming pool, restaurant & bar.



#### **Please note:**

The distance and travel times quoted above are an estimate only, and subject to local road conditions and photo stops!

#### **Special Interest:**

Sunway includes a walk in the Kalahari desert with a San Bushman guide to learn about these fascinating people and their ancient way of life.

#### Sustainable Tourism:

We visit the Okavango Delta with local guides from the Community Trust - all entrance, camping and guiding fees go directly to the local people thus ensuring them a tourism income and sustainable protection of the environment.

# **2022 PRICES AND DEPARTURE DATES:**

# **RACK Price:** (valid Jan 2022 – Dec 2022)

## 21d € 2 590 pps

**Single supplement:** € **350** pp (If you are travelling on your own, Sunway will "room" you with another same gender client. You do not pay extra when booking as a single person. If however you request a single, then you'll pay the single supplement and have a single tent and, on accommodated nights, a single room.)

## **2022 DEPARTURE DATES**

			A MIA					
	CW14 Cape to	Windhoek	JARAN 14	SUMBANTE SEE		CV21 Cape to Vic Falls Explorer		
	Departs CAPE TOWN Thursday at	Ends WINDHOEK Wednesday a	A BOLD		Departs CAPE TOWN Thursday at	Ends VICTORIA FALL Wednesday at	S	
	08:00 am	08:00 am	t ERPARTUN	<b>&gt;</b>	08:00 am	08:00 am		
SAag	13-Jan-22	26-Jan-22		SAag	13-Jan-22	02-Feb-22		
	20-Jan-22	02-Feb-22	German		20-Jan-22	09-Feb-22	German	
SAa	03-Feb-22	16-Feb-22		SAa	03-Feb-22	23-Feb-22		
	17-Feb-22	02-Mar-22	German		17-Feb-22	09-Mar-22	German	
SAag	03-Mar-22	16-Mar-22		SAag	03-Mar-22	23-Mar-22		
SAa	10-Mar-22	23-Mar-22		SAa	10-Mar-22	30-Mar-22		
SAa	24-Mar-22	06-Apr-22		SAa	24-Mar-22	13-Apr-22		
SAa	14-Apr-22	27-Apr-22		SAa	14-Apr-22	04-May-22		
SAa	21-Apr-22	04-May-22	German	SAa	21-Apr-22	11-May-22	German	
SAa	28-Apr-22	11-May-22		SAa	28-Apr-22	18-May-22		
SAag	26-May-22	08-Jun-22	German	SAag	26-May-22	15-Jun-22	German	
SAa	02-Jun-22	15-Jun-22		SAa	02-Jun-22	22-Jun-22		
SAag	09-Jun-22	22-Jun-22		SAag	09-Jun-22	29-Jun-22		
SAa	16-Jun-22	29-Jun-22		SAa	16-Jun-22	06-Jul-22		
SAa	07-Jul-22	20-Jul-22		SAa	07-Jul-22	27-Jul-22		
SAa	14-Jul-22	27-Jul-22	German	SAa	14-Jul-22	03-Aug-22	German	
SAag	21-Jul-22	03-Aug-22		SAag	21-Jul-22	10-Aug-22		
SAa	25-Aug-22	07-Sep-22		SAa	25-Aug-22	14-Sep-22		
SAag		14-Sep-22		SAag	01-Sep-22	21-Sep-22		
SAa	08-Sep-22	21-Sep-22	German	SAa	08-Sep-22	28-Sep-22	German	
-	29-Sep-22	12-Oct-22		SAag	29-Sep-22	19-Oct-22		
SAa	13-Oct-22	26-Oct-22		SAa	13-Oct-22	02-Nov-22		
SAa	20-Oct-22	02-Nov-22		SAa	20-Oct-22	09-Nov-22		
SAa	27-Oct-22	09-Nov-22		SAa	27-Oct-22	16-Nov-22		
SAa	17-Nov-22	30-Nov-22		SAa	17-Nov-22	07-Dec-22		
SAa	01-Dec-22	14-Dec-22		SAa	01-Dec-22	21-Dec-22		

SAa	08-Dec-22	21-Dec-22	SAa	08-Dec-22	28-Dec-22
SAa	15-Dec-22	28-Dec-22	SAa	15-Dec-22	04-Jan-23

**Bold dates** are guaranteed departures, all other dates guaranteed from 4 clients.

German: These departures are lead by a German speaking tour leader

**SAa/SAag:** The "Cape Town to Victoria Falls Explorer" can be combined after all "South Africa Rainbow Route" accommodated safari departures to create a complete circular safari in Southern Africa.

**CV21** Cape Town to Victoria Falls, Zimbabwe € 2 590 pps Single supplement: € 350 pp

**CW14** Cape Town to Windhoek **€ 2 090 pps** Single supplement: € 230 pp

# **DETAILED TOUR INFORMATION:**

#### In a nutshell

- A true exploration of Southern Africa see it all!
- All inclusive trip with cultural experience, adventure and wildlife.
- Gariep River, Fish River Canyon, Namib desert, Sossusvlei, Swakopmund, Skeleton coast, Spitzkoppe, Etosha, Okavango Delta, Victoria Falls.

#### Why travel with Sunway Safaris

We understand that there are several options available to you when choosing your African safari. We also know that you want to make the most informed decision about your safari, what you get, what's included and what you see and experience. So these are just a few of the Sunway qualities and facts:

- **Small groups** by travelling with a maximum of 12 people, you can witness Africa and have first-hand contact with this amazing continent and its people without being a negative influence. This has been a key factor in our continued success. Our trips appeal to a wide demographic of traveller. Our clients range in age from 25 to 65+ with the average being 45. The range of travellers gives a variety of perspectives which adds to the experience of each safari.
- **2** Sunway tour guides group leaders are the key to any safari. On a Sunway safari, you will travel with 2 qualified and registered field guides (Field Guides Association of SA). Two guides as crew, not a guide and a driver, means interesting trips with maximum knowledge and information. Our guides have a passion for Africa, her people and wildlife, and they love nothing more than sharing their knowledge with you.
- **Guaranteed departures** departure dates on each itinerary shown as bold are guaranteed departure dates. All other departures operate with a minimum of 4 clients.
- All-inclusive price when we travel ourselves, we always feel that if we're in a country we should find and see the best it has to offer. So when planning the Sunway routes, we ensure that each trip provides the best inclusions and experiences. For example, if you go to Botswana – you have to visit the national parks in an open 4WD – it is the essence of the Botswana wilderness. If you tour Zambia, then you must visit South Luangwa NP and do a game walk with a local scout. When booking on a Sunway Safari there are no hidden costs. All of the entrance fees are included, and a wide range of activities, and most meals. We have included many highlights in our tours so that you will see and experience the highlights without having to pay extra when you get there. So when you decide on which safari company to book with, look carefully at what you're actually getting. You may only visit a place once, make sure you get the most out of it.
- **Safety** our fleet of vehicles are custom built to ensure comfortable and safe touring. Each is constructed, by an authorised passenger vehicle builder, to the latest safety requirements, with a safety shell, and every seat has a lap belt. This gives you peace of mind when travelling with Sunway Safaris on the often demanding African roads.
- **Good2Go** Our commitment to sustainable & responsible tourism is reflected in our low impact travel style where all we take is photographs and all we leave is our footprints. Being an African company, we have the grassroots contacts to make a real difference in the lives of the people whose lands we visit. On each itinerary in the brochure, you'll find this symbol which highlights just one of the sustainable travel initiatives that we support.



- **Solo Travellers** going it alone won't make your holiday more expensive; our reservations staff will match you up with another same-gender traveller to keep your holiday affordable. If however, you request a single room or tent these are available, with a price supplement
- **Experience** we have more than 27 years' experience planning tours throughout Southern Africa. As such, our itineraries and routes have been perfected over many years ensuring that your tour will run smoothly. We visit the highlights of Southern Africa but ensure that you do not follow the well-trodden tourist track. All of us at Sunway Safaris have extensive travel experience in Africa and throughout the world. Being adventure travellers ourselves, we know how to plan trips that give you a broad experience of the countries that you will visit.
- **Based in Africa** probably the most important part of a Sunway safari is that we are an African company with offices in South Africa and Botswana. We live in Africa, we travel in Africa and it is our passion for this amazing continent that makes Sunway your best travel option.
- **Age Policy** On all scheduled tours, we accept children 12-17 with accompanying adult. We have no upper age limit. Clients older than 65 years of age at the time of travel require a medical certificate stating the client is fit and healthy to join an adventure travel group tour. We have many clients over 65 years of age, who are perfectly capable of enjoying every aspect of a Sunway tour, both accommodated and camping. For more details contact <u>marketing@sunway-safaris.com</u>.

#### Accommodation

- **Camping** for 14 nights on safari we stay at designated campsites in national parks, on private land and in towns. Campsite facilities are generally very good but in places can be basic. There are hot and cold showers, restaurants, washing facilities and telephones available at most of the campsites. Some camps in Namibia and Botswana have simple reed enclosures for showers but do have flush toilets! Sunway supplies all the camping equipment with the exception of your sleeping bag and pillow. The dome tents we use are 2.2 x 2.2 x 1.8 metres and putting them up or down takes only 5 minutes. Tents have built-in insect nets. We supply mattresses, which are about 5 cm thick, warm and comfortable. The camp chairs have a backrest.
- **Wild camping** for 2 nights while in the Okavango Delta we camp wild on remote islands. During the dry season, we may also camp wild for 1 night on the Makgadikgadi Pans. Wild camps have no facilities; we will need to take our own water and all equipment. Wild camping is very enjoyable but please remember that we leave no trace of our stay and take all rubbish away with us. Toilets will be of the "dig and bury" variety.

#### Please note:

That the accommodation specified above and in the itinerary is a guide only and is subject to availability. Alternatives will be of a similar standard, and accommodation changes will be made without notice.

#### SOS trees project – Okavango Botswana

For hundreds of years, the local communities in and around Botswana's Okavango Delta have used the wood of the sausage tree to craft their traditional mokoro (dugout canoes). The knowledge and skill have been passed down from generation to generation and, up until recently, has been a sustainable practice. With increasing numbers of people visiting the Delta each year, more mokoro are needed and as a direct result, more and more sausage trees are being felled and the sausage tree is sadly disappearing from the region. A traditional wooden mokoro will have to be replaced every five years, thereby placing increased pressure on the dwindling sausage tree supply.

Sunway Safaris has established a project to encourage polers in the local communities to buy replica fibreglass mokoro's, which have a lifespan of approximately ten years, are more stable and are produced without any negative affect to the environment. As such, sponsorship for each fibreglass mokoro is needed, and a portion of the tour cost will be donated to the project, but we also will offer our clients the opportunity to contribute to this worthwhile cause. Please feel free to contact the Sunway Safaris office for more information on the SOS Trees project or if you would like to make any contributions towards this project. It is something that is close to all of our hearts and we hope that it will be successful.

#### Local Payment

• There is no local payment required on this safari.

#### Recommended reading

Before you travel you might want to read any of the following books. While not specific to the Sunway tour you will join, they do provide some background understanding of the countries you will be visiting.

- Long Walk to Freedom by Nelson Mandela (Autobiography Nelson Mandela is one of the great moral and political leaders of our time.)
- Sands of Silence by Peter H Capstick (Tales of travels and the Bushmen's culture and their political persecution)
- Skeleton Coast by John H Marsh (Wreck of the Dunedin Star and its survivors)
- The Diamond Hunters by Wilbur Smith (Fictional family feud set in Namibia)
- The Skeleton Coast by Benedict Allen (A journey through the Namib Desert)
- The Smell of Apples by Mark Behr (Story of a boy in Cape Town and then army on Caprivi)
- Etosha by Daryl and Sharna Balfour (A coffee table book of photography)

- #1 Ladies Detective Agency by Alexander McCall Smith (Fictional story of life in Botswana)
- Trees of the Okavango by Veronica Roodt (A reference book with traditional uses and myths)
- Okavango: Jewel of the Kalahari by Karen Ross (A comprehensive description of the Delta ecology)
- Don't run whatever you do by Peter Allison (A guide's perspective of Botswana lodge life)
- Okavango: Africa's Last Eden by Frans Lanting (A coffee table book of photography)
- Newman's Birds of Southern Africa by Kenneth Newman
- Sasol Birds of Southern Africa by Ian Sinclair, Phil Hockey, and W.R. Tarboton
- The Safari Companion: A Guide to Watching African Mammals Including Hoofed Mammals, Carnivores, and Primates by Richard D. Estes and Daniel Otte
- Field Guide to Trees of Southern Africa (Field Guides) by Braam Van Wyk, Keith Coates Palgrav, and Piet Van Wyk

#### Shopping

 Craft shopping for carvings, batiks, paintings and clothing is best in Livingstone, Zambia which has a wide variety of curios. Botswana has beautiful grass weavings. Namibia also has unusual and interesting curios and crafts. If you see something you like, it is best to buy it because it is unlikely that you will see something similar further along. Crafts change from region to region.

#### Food

- We pride ourselves on offering delicious healthy meals to our clients and will provide three meals per day, except where shown in the itinerary, when we try out local restaurants.
- The tour leaders do the shopping and meal planning for each group. He/she will always try to obtain fresh produce wherever possible. A rough idea of what these will consist of is: Breakfast cereals or coffee and toast or the occasional fried breakfast, Lunch cheese, cold meats, salads on bread or rolls, Dinner braais (local barbecue), potjies (stews), stir-fries etc. We use regular plates, cups and cutlery. All cooking and eating utensils will also be provided.
- We do cater for special dietary requirements (e.g. vegetarian or allergies.)
- We will supply fruit squash served with breakfast and tea or coffee served with breakfast and dinner. All other beverages will be for your own expense. We will not supply bottled drinking water although it is available at many shops on tour.

#### Difficulty

- Anyone who is generally active and in good health should enjoy this trip. The outdoor enthusiast enjoys simple campsites and basic wild camps, you will get dusty on occasion, but this is Africa!
- Full itinerary with a couple of long driving days, but also plenty of outdoor activity with some relaxing time. This is a long-distance trans Africa safari - there is a lot of distance to be covered and so there will be some long travelling days. Due to local conditions, border crossings, road detours and weather, the trip may alter route/schedule - please remember that this continent has its own time scale and things work differently here. Keep an open mind and a sense of humour - it's all part of the adventure!
- Everyone is asked to help out with the running of camp on tour. In other words if everyone spends a little time setting up camp, preparing meals and cleaning up then the tour will run smoothly and everyone will have a good time. Participation is the name of the game.

#### Things you should know

- Includes park entrances, game drives and the Okavango Delta excursion.
- Your client will need a valid passport and visas for entry into South Africa, Namibia, Botswana and Zimbabwe.
- If you are joining an Under Canvas camping trip, you will need to bring your own sleeping bag (and small camp pillow) and a towel. Should you not have, or do not want to buy a sleeping bag, you can rent a sleeping bag and camp pillow from the Sunway office for Euro 1 per sleeping bag per day on tour. Please book this at the time of booking.
- We recommend that you bring Euro, US\$ or South African Rand for personal expenses on this trip but please
  note that in South Africa and Namibia Euro and US\$ will need to be changed into Namibian \$ or South African
  Rand as shops, restaurants and market vendors only accept N\$ and ZAR. In Botswana please note that foreign
  currency will need to be changed into Botswana Pula as shops, restaurants and market vendors only accept
  BWP. Expenses in Livingstone can be paid in US\$ or Euro and major credit cards can also be used for optional
  activities throughout this tour. See the Sunway tour dossier for approximate costs of drinks and meals etc.

#### Common questions about this trip

- Can I buy camera memory cards? Memory cards and other photographic accessories will be available several times on tour. A camera with a zoom lens from wide-angle to telephoto, 35-300mm, is advisable to capture both scenic and wildlife shots. Each vehicle is fitted with a 12/24V cigarette lighter – this should not be relied on for charging camera batteries and we recommend you bring a 2<sup>nd</sup> battery. Remember you can also charge your camera on those nights we use accommodation (SA 220V)
- 2. **Is it safe?** South Africa, Namibia, Botswana and Zambia are relatively safe and your guide knows the countries intimately and will endeavour to show you the best parts while looking after you. In the wild areas, your guide will brief you on the necessary precautions, follow this advice and you will be fine. Be aware of your personal belongings and you will have a great trip! Every precaution is taking to ensure a happy holiday.
- 3. **Do I need malaria tablets?** Yes, the trip passes through malaria areas and prophylactics are recommended.
- 4. What do I need to bring? All details are covered in our general tour briefing (available from <u>www.sunway-safaris.com</u> on the home page) but the basics are: a warm sleeping bag, comfortable clothes for warm days

and cool evenings, walking shoes, a raincoat, hat and sunglasses, swimsuit, a small pair of binoculars also comes in very handy and most importantly - a sense of adventure!

